

## Minutes from wellness committee 4-2016

Mr. Petet made a motion that Ashley Gardner keep the minutes for the meeting. Diana Sutton seconded the motion. All were in favor and none were opposed.

Mr. Petet opened the meeting, explained his understanding for why this committee meets. He also explained that it was disappointing that no one from the community willingly attended and recommended that everyone try to invite more people to future meetings.

**Motion:** Mr. Petet made a motion that Ashley Gardner keep the minutes for the meeting. Diana Sutton seconded the motion. All were in favor and none were opposed.

Mr. Petet passed out a program evaluation that he had completed and submitted to the board secretary in January. Specifically he noted an evaluation criteria that he had added and asked everyone to read that, and opened the floor to discussion or comment. People thought it was a good idea to have a binder, and keep better track of documents.

**Motion:** Mr. Petet made a motion that Diana Sutton or Penny Phillips compile a binder and start record keeping for the district. Diana volunteered to be responsible, Penny Phillips seconded the motion. All were in favor and none were opposed.

Mr. Petet opened the floor for discussion regarding back to school fair in the fall. It was discussed that we use to do a full scale "health fair" and Mr. Petet noted that there were new vaccination requirements for students attending when we return in the fall. Diana Sutton explained the details of those vaccinations and said she would be happy to contact the health department and try to set up free vaccinations for the health fair in the fall.

Mr. Petet made a motion that he would like to see full scale health screenings next year. He said we need more such as: scoliosis, vision, hearing and dental.

There was an interruption and more discussion, it was discussed that it is difficult for the nurse to do all this planning and some teachers complained about the interruptions it causes if they happen during the school day.

**Motion:** Mr. Petet intervened, said this was necessary and no learning would happen if students were unhealthy. Promised a group effort to do this in a timely manner early in the school year. He then made the motion again, full scale health screenings next year. He said we need more such as: scoliosis, vision, hearing and dental. All were in favor and none were opposed.

Mr. Carnahan noted that he helps with the sports physical at back to school fairs and it would be nice to have more help with that so it could be done in a timelier manner. More discussion of who could perhaps help and get involved. It was suggested the former, retired nurse, Wendy Light be contacted to see if she would help.

Mr. Petet passed out another program evaluation that Ms. Sutton had done and presented to the board in March. Asked for discussion of the objective relating to head lice. It calls for "avoiding unnecessary

exclusion of students". Mr. Petet reported that there had been an outbreak and he had plans to change policy to require a student be knit free to return to school. Diana Sutton said she disagreed with it and that the health department does not support that position. Mr. Petet said he had some very upset parents who felt their student(s) were contracting lice here at school and didn't understand how we could let that happen. He said he would take it to SLT and let them decide on the handbook policy and that this may change this program evaluation verbiage for board approval next cycle.

Larry Gregory inquired about the Zika Virus. Wanted to know what we were doing to safe guard. Ms. Sutton said statistically it wasn't a real concern, and that the media was stirring unnecessary hysteria.

Mr. Petet asked Mr. Carnahan to share his pacing guide for health with the group. It was discussed and some revisions were suggested. Mr. Carnahan said he would take those into consideration and get them updated.

Mr. Petet said next year there would be a HS health class pacing guide/curriculum created.

Ashley Gardner suggested that we get this updated before next year's meeting and put it on the district website under a curriculum tab that she has added for all teachers newly created pacing guides. This led to discussion and general positive reactions to the curriculum and the sharing of the wellness committees work on the district website.

**Motion:** Mr. Petet made a motion that the meeting come to a close for today. Derek Carnahan seconded the motion. All were in favor and none were opposed.