

November

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Bagel & Choice of Yogurt Cinnamon Toast Cereal Assorted Muffin Loaves Mandarin Fruit Cup Assorted Fruit Juices Low Fat Milk
4 Waffle Breakfast Chicken Patty Cinnamon Chex Cereal Assorted Muffin Loaves Fresh Oranges Pancake Syrup Low Fat Milk	5 Ham Slice Whole Grain Biscuit Cinnamon Toast Cereal Assorted Muffin Loaves Blushing Chilled Pears Assorted Jellies Low Fat Milk	6 Cheese Omelet Bacon Strips Croissant Cinnamon Chex Cereal Assorted Muffin Loaves Mandarin Fruit Cup Assorted Jellies Low Fat Milk	7 Breakfast Burrito Choice of Strawberry & Blueberry Yogurts Cinnamon Toast Cereal Assorted Muffin Loaves Fresh Bananas Pancake Syrup Low Fat Milk	8 Grilled Cheese Sandwich Cinnamon Chex Cereal Assorted Muffin Loaves Fresh Fruit Bowl Low Fat Milk
11 Pancakes Ham Slice Cinnamon Toast Cereal Assorted Muffin Loaves Fresh Fruit Bowl Pancake Syrup Low Fat Milk	12 Sausage and Biscuit Assorted Muffin Loaves Cinnamon Chex Cereal Pineapple Tidbits Assorted Fruit Juices Assorted Jellies Low Fat Milk	13 Z Breakfast Bread Cinnamon Toast Cereal Assorted Muffin Loaves Pineapple Tidbits Low Fat Milk	14 Hot Grits Whole Wheat Toast Bacon Strips Cinnamon Chex Cereal Assorted Muffin Loaves Fresh Fruit Bowl Assorted Jellies Low Fat Milk	15 Breakfast Burrito Assorted Muffin Loaves Cinnamon Toast Cereal Assorted Fruit Juices Salsa Low Fat Milk Chocolate Milk
18 Hot Grits Crispy Toast Sausage Patty Cinnamon Chex Cereal Assorted Muffin Loaves Mandarin Fruit Cup Low Fat Milk	19 Bagel w/ Sausage & Gravy Cinnamon Toast Cereal Assorted Muffin Loaves Fresh Fruit Bowl Low Fat Milk	20 Bacon/Egg/Chee on Croiss Croissant Cinnamon Chex Cereal Assorted Muffin Loaves Assorted Fruit Juices Assorted Jellies Low Fat Milk	21 Sausage & Pancake on a Stick Pancake Syrup Cinnamon Toast Cereal Assorted Muffin Loaves Fresh Fruit Bowl Low Fat Milk	22 Hot Oatmeal Crispy Toast Cinnamon Chex Cereal Assorted Muffin Loaves Fruit Cocktail Assorted Jellies Low Fat Milk
25	26	27	28	29

**GPSD Pre-K Breakfast
Menu Subject to Change**

"This Institution is an Equal Opportunity Provider"