(WCSD) 9-12 Lunch Menu

SEPTEMBER 2025

Monday Tuesday Wednesday **Thursday Friday** 2 Chef Salad STUDENT CHOICE Chef Salad Chef Salad No School Today Peanut Butter & Jelly Chicken Alfredo Pizza Cheese **CHICKEN TACO** Peanut Butter & Jelly Pizza Pepperoni Pinto Beans Corn. Kernal Peanut Butter & Jelly Mexicali Corn Green Beans French Fries BISCUITS: PLAIN PURCH (20 Garden Salad Fruit Cocktail Fresh Fruit COWBOY COOKIES: 1 each z) Milk 1% Pears Sliced Peaches Milk Vanilla Fat Free Fresh Fruit Fresh Fruit Milk Chocolate Fat Free Milk 1% Milk 1% Milk Strawberry Fat Free Milk Vanilla Fat Free Milk Vanilla Fat Free Milk Chocolate Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free Milk Strawberry Fat Free 8 9 10 11 Chef Salad Chef Salad STUDENT CHOICE Chef Salad Chef Salad Chicken& Sausage Jambalaya Chicken Patty on Bun HS Pizza Pepperoni Beef Nachos Cheeseburger on Bun CHICKEN TACO BBQ Rib on Bun CHICKEN TACO Corn, Kernal Pinto Beans French Fries Peanut Butter & Jelly Green Beans Lettuce & Tomato Mexicali Corn French Fries Pears Fruit Cocktail Corn, Kernal **Tossed Salad**

15

Chef Salad
Cheeseburger on Bun
Hot Dog Chili
Hot Dog on a Bun
Baked Chips
Cole Slaw
Baked Beans
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Fresh Fruit

Milk 1%

Milk Vanilla Fat Free

Milk Chocolate Fat Free

Milk Strawberry Fat Free

Steamed Broccoli

French Fries

16

Chef Salad
Peanut Butter & Jelly
CHICKEN TACO
Pinto Beans
Mexicali Corn
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Fresh Fruit

Milk 1%

Milk Vanilla Fat Free

Milk Chocolate Fat Free

Milk Strawberry Fat Free

Country Fried Steak
Mashed Potatoes
Peas & Carrots
Steamed Broccoli
Whole Wheat Roll
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk, Chocolate 1% TruMoo
Milk Strawberry Fat Free

Chef Salad

Oven Fried Chicken

17

Chef Salad
Chicken& Sausage Jambalaya
Chicken Patty on Bun
French Fries
Green Beans
Corn, Kernal
Cornbread
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Cornbread

Fruit Cocktail

Fresh Fruit

Milk 1%

Milk Vanilla Fat Free

Milk Chocolate Fat Free

Milk Strawberry Fat Free

18

25

Chef Salad
Peanut Butter & Jelly
Chicken Patty on Bun
Pizza Pepperoni
Tossed Salad
DRESSING, ASSORTED
Vegetables Blend Orienta
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk, Chocolate 1% TruMoo
Milk Strawberry Fat Free

Sliced Peaches

Fresh Fruit

Milk 1%

Milk Vanilla Fat Free

Milk Chocolate Fat Free

Milk Strawberry Fat Free

19

26

22

Chef Salad
Turkey & Cheese Hoagie
Ham & Cheese on Bun
Baked Chips
Bake Beans
Carrot Sticks
Bake Sweet Potatoes& Apples
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Applesauce, Unsweetened, Cups, Shelf-Stable

23

Chef Salad
Beef Nachos
CHICKEN TACO
Pinto Beans
Mexicali Corn
Whole Wheat Roll
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

24

STUDENT CHOICE

Chef Salad
Chicken& Sausage Jambalaya
Chicken Nuggets
French Fries
Green Beans
Corn, Kernal
Cornbread
Fruit Cocktail

Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Chicken Nuggets
Pizza Pepperoni
Pizza Cheese
French Fries
Black-Eyed Peas
Whole Wheat Roll
Applesauce
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
BBQ Sauce
KETCHUP: individual

Chef Salad

29 30 Chef Salad Chef Salad BBQ Pork on Bun Beef Nachos Chicken Patty on Bun CHICKEN TACO Lettuce & Tomato Pinto Beans Cole Slaw Mexicali Corn Baked Beans Whole Wheat Roll Pineapple Tidbits Fruit Cocktail Fresh Fruit Fresh Fruit Milk 1% Milk 1% Milk Vanilla Fat Free Milk Vanilla Fat Free Milk Chocolate Fat Free Milk Chocolate Fat Free Milk Strawberry Fat Free Milk Strawberry Fat Free