

Naatsis'Aan Community School, Inc.

PARENT STUDENT ATHLETIC HANDBOOK



Approved: July 22, 2026

HOME OF THE WARRIORS

Table of Contents

Introduction.....	3
Mission Statement.....	3
Philosophy.....	3
Academic Goals.....	3
Administrative Organization.....	4
NCS Eligibility and Local Rules.....	5

Forms

Form A—Parent Permission Slip.....	10
Form B - NCS Waiver, Release of Liability, and Indemnification.....	11
Form C—Student-Athlete Information Sheet.....	12
Form D—Student Activity Trip Dismissal Request.....	13
Form E – Utah High School Activities Association (UHSAA) Pre-Participation Examination Form	
Page 1 – Completing Instruction and Qualification of Providers	
Page 2 – Participant and parental disclosure and consent form.	
Page 3 – Athletic Pre-Participation Exam and Medical History (Physician)	
Page 4 – Athletic Pre-Participation Exam and Medical History (Parent)	14 - 17

Naatsis'Aan Community School Athletic Code Parent/Athlete Handbook

Introduction – Athletic participation is a privilege for all students who voluntarily accept the rules and regulations outlined hereunder.

VISION

Learn Today, Lead Tomorrow

MISSION

The Naatsis'Aan Community School will empower our students to be curious about seeking a relevant and meaningful education foundation so they can become lifelong learners.

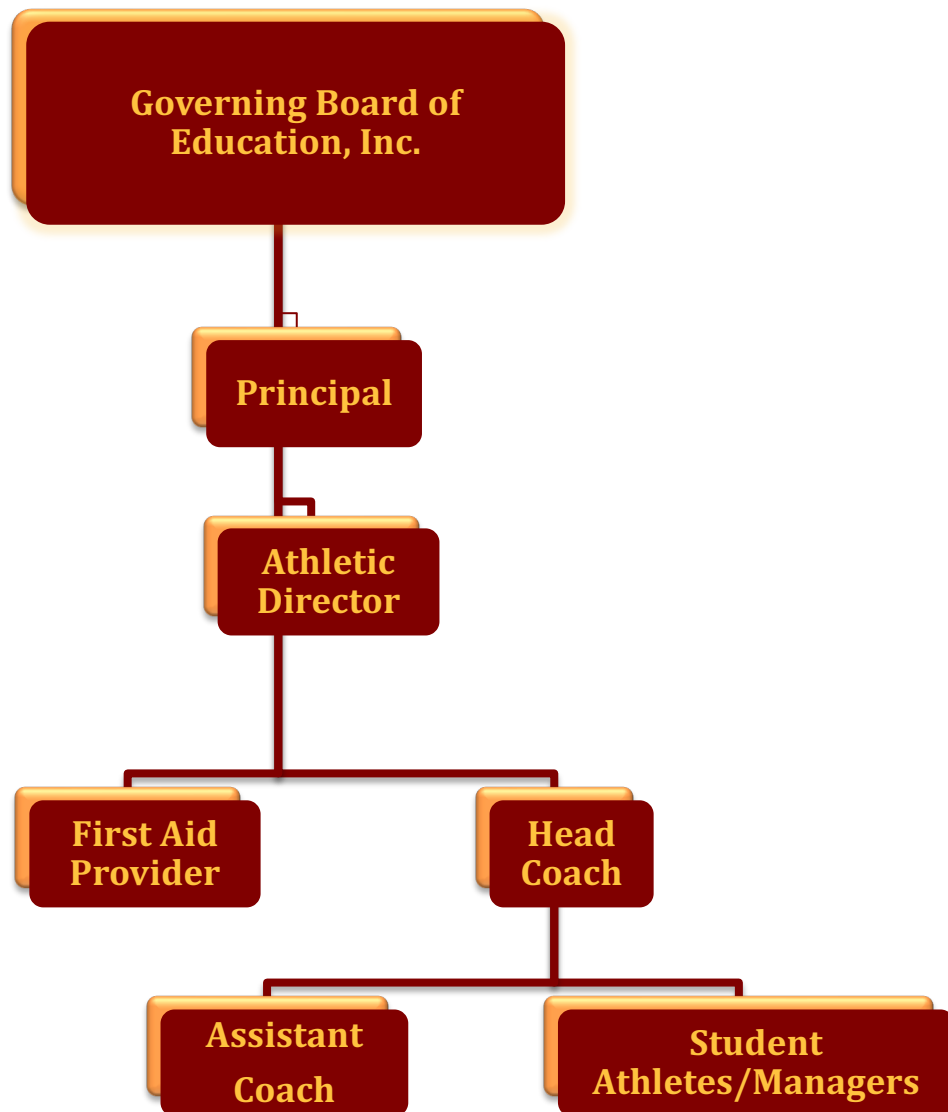
Athletic Goals

1. Provide opportunities for physical, emotional, and mental growth.
2. Develop leadership skills sportsmanship and teamwork.
3. Develop school and community pride.
4. Teach the fundamentals of each sport to prevent injury and increase physical fitness.
5. Teach accountability, time management, respect and instill a lifelong fitness journey.
6. Athletics is a privilege, and the athlete is the student first.

Membership

Naatsis'Aan Community School, Inc. is a member of Northern Arizona Interscholastic Conference (NAIC) and follows the By-Laws of NAIC and Arizona Interscholastic Association (AIA). Additionally, coaches are certified by National Federation of High Schools (NFHS).

Administrative Organization



Academic Eligibility

- Students **must** maintain a 70% grade in each subject area to maintain eligibility
- Grade Check Procedure(s)
 - Grade Report every week, "Monday to Friday"
 - The registrar will print student progress reports on Monday by noon to determine athlete eligibility.
 - Athletic Director will compile a list of "ineligible student/athletes" to the coaches. The Athletic Director will contact the parents.
 - If a student/athlete is ineligible (**D or below**), they are not able to participate in any athletic events. If a student brings up their grades by Tuesday, the student will be eligible to participate. Students, however, are still able to practice with their team.
 - In the event that NASIS is inaccessible, students will complete a paper grade check, and teachers are required to fill it out.
 - Manipulating/Forgery/Tampering/Failure to Complete Grade Checks
 - When there is suspicion of manipulation/forgery/tampering, a complete investigation will be done by the athletic director involving the student, teacher, and coach.
 - 1st offense may result in a 1-week suspension; the student/athlete is allowed to practice but may not participate in athletic events.
 - 2nd offense may result in a 2-week suspension; the student/athlete is not allowed to practice and not allowed to participate in athletic events.
 - The principal and/or Athletic Director may make exceptions.

Attendance in School

- Attendance in school is expected.
 - If an athlete is to be absent from school, the parent should notify the teacher, coach, and attendance clerk beforehand.
 - If a student is to be absent on the day of the game, he or she must provide an excuse slip from the entity/provider in order to participate.
 - A student must attend school the day before, the day of, and the day after the game to be eligible to participate.
- Tardiness -athletes are expected to be on time for every class period.
 - Excessive tardiness may result in disciplinary action by the school, coach, and/or athletic director.
- Suspensions- Any student suspended (in/out) may not participate in practice, athletic events, and/or travel.

Cuts

- Coaches will be implementing a 'cut' policy for volleyball and basketball if needed, and on a year-by-year basis.

- Before trying out, the coach shall provide the following information to all candidates for the team:
 - The extent of the try-out period.
 - The criteria used to select the team.
 - Number to be selected.
 - JV/Varsity Volleyball - 15
 - Girls' JV /Varsity Basketball-15
 - Boys' JV/Varsity Basketball-15

Prohibited Drinks,Snacks and Supplements.

- No NCS student-athlete shall have or consume Energy Drinks/Snacks (i.e., Red Bull, Monster, Nos, Rockstar, Hot Cheetos, Hot Fries, Hot Takis, energy pills, pre-workout supplements, or similar items.
 - 1st offense -verbal warning.
 - 2nd offense -Game/practice suspension for five school days.
 - 3rd offense -suspension from the sport season.
- In the event of energy drink consumption, the athlete will be referred to a counselor, Utah Navajo Health Service (UNHS), or Indian Health Services (IHS).

Fighting

- Fighting with members of your team and others is prohibited.
 - Refer to the NCS Student Parent Handbook for disciplinary action under Section 16.03 Level II – Misconduct Area – 4. Fighting. Section 16.04 Consequences for Level II Violations.
 - Mandatory conference with Parent, Athlete, Principal, Coach, and Athletic Director to review section 16.04 for disciplinary action.

Financial Obligations and Meals

- Student-athletes are **not required** to pay for their meals during regular-season contests.
- If issued equipment, the athlete must return it by the date set by the coach.
 - They will not be cleared for another sport until it is returned or paid for.
 - If the athlete is in 8th grade, the value of the equipment will be added to their debt list.

Fundraising

- Refer to “Fundraising Policy” located in Section 19.01 of the NCS Parent Student Handbook.

Bullying & Hazing/Intimidation and Threats/Taunting/Harassment

- During school sponsored athletic events - Consequences per NCS Student/Parent Handbook

- Refer to the NCS Student Parent Handbook for disciplinary action under Section 16.07 Level IV – Misconduct Area – 6. Bullying & Hazing/Intimidation and Threats. Section 16.10 Consequences for Level IV – Area 8 Violations.
- Mandatory conference with Parent, Athlete, Principal, Coach, and Athletic Director to review section 16.07 for disciplinary action.
- Refer to Section 15.15 – 15.17 in the Parent Student Handbook.

Injuries

- All injuries shall be reported to the coach immediately and the coaching staff will contact the parent/guardian. An Accident/Injury Report shall be completed. 911 shall be contacted or Kayenta Police Department at (928) 697-5600 for emergency transport.
- If the First Aid Provider has seen an injured athlete, that person will have a say regarding the return to practice and/or participation.
- If a medical doctor has seen an injured athlete, clearance must be received from the same medical doctor before returning to practice and/or participation.
- In the event of a serious injury (i.e., fracture, concussion, etc.) a doctor's clearance is required for student to resume participation.

Late Bus

- All rules, as posted by the driver, must be followed.
- The privilege of riding the late bus may be suspended or terminated.
- It is the athlete's responsibility to get to the late bus on time.
- It is the parents' responsibility to provide transportation from the late bus drop-off site.

If the late bus is not available, it is the parents' responsibility to pick up the child from the school.

Leaving the Team

- Student-athletes **must** notify the coach in writing when quitting a sport.
- If a student has participated in an athletic event, the student-athlete **must** return all equipment immediately to avoid any charges.

Personal Conduct

- Student-athletes at Naatsis'Aan Community School (NCS) are expected to behave in a manner that positively reflects their school and community.
- Student-athletes must travel to the game on school transportation and always stay with the team. Parents may sign out their child after the game. Only authorized adults listed on the student check-out card may sign out a student after the game/field trip.
- Interpersonal relationships should not be publicly displayed while on trips/events.

- Players and coaches shall respect personal space of each other.
- All rules established by the NCS Student Handbook, Parent/Student-Athlete Handbook, and the Coach must be followed.

Participation Eligibility and Student Accommodations

- Student-athletes must have the AIA Physical Examination Form or UHSAA Physical Examination Form, Parent Permission Form (Form A), NCS Waiver (Form B), and Student-Athlete Information Form (Form C) completed before the first day of practice.
- A student with exceptional needs, accommodations will be met according to their IEP.

Post-Season Awards

- Sports Awards Banquet will be held after the end of all sports in the Spring.

Practice

- No practices are allowed on Sundays during the academic school year.
- Attendance at practice is expected.
 - If an athlete cannot practice, they must notify the coach in person first.
 - Failure to attend practice may result in non-participation in upcoming event(s).
 - Excessive absences may result in suspension or removal from the team.
 - Following an absence from practice, a note from a parent/doctor/teacher/etc. Will be required.
 - This note does not guarantee participation in upcoming event(s).
- Ten days of practice are required before participation in the first legal contest.
- If the athlete has been participating in regular/post-season events in another sport, those days that overlap the beginning of another season will count towards the ten required practices.

Team Photos

- A photographer will be available to take team and individual photos.
- Any athlete who does not wish to purchase pictures should still take part in the team photo.
- Student Council/Yearbook or other designated personnel will photograph and post team pictures on the NCS website and the school yearbook.

Transportation

- A Permission Slip signed by a parent/legal guardian is required before each trip.
 - Special exceptions for transportation must be noted in writing on the permission slip.
 - Special exceptions for transportation may not be given over the phone.
- Parents are responsible to pick up their child(ren) following practice and return to NCS after athletic events.

- Student-athletes must travel to the game on school transportation and always stay with the team. Parents may sign out their child after the game. Only authorized adults listed on the student check-out card may sign out a student after the game/field trip.

Serious Offenses

- Drugs/alcohol use (any controlled substance), including Vaping.
 - Due Process must be followed according to the NCS Parent Student Handbook.
 - A substance abuse program will be recommended for the athlete.
 - Refer to Section 15.18 - Level IV. 16.07 - Consequence.
- Shoplifting/Theft. No consequence, address in handbook.

Suspension

- Any student suspended (ISS/OSS) may not participate in practice, athletic events, and/or travel.
- Upon reinstatement from the NCS Principal or Principal Designee, documentation must be provided to the Coach.

Form A

Name: _____

Date of Birth: _____

Grade: _____

Student ID: _____

PLEASE CHECK THE SPORT YOU ARE PARTICIPATING IN:

☐	FOOTBALL
☐	VOLLEYBALL
☐	CROSS COUNTRY
☐	SOCCER
☐	STUDENT MANAGER
☐	CHESS

☐	WRESTLING
☐	GIRLS BASKETBALL
☐	BOYS BASKETBALL
☐	STUDENT COUNCIL
☐	TRACK & FIELD
☐	BASEBALL/SOFTBALL

☐	
☐	
☐	
☐	
☐	
☐	

Did your child attend another school and participate in athletic play last semester/last year?
Yes [] or No []. If yes, where and what sport?

I/We give our permission for _____ to participate in organized interscholastic athletics, realizing that such activity involves the potential for injury, which is inherent in all sports. I/We consent that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, the injuries can be so severe as to result in total disability, paralysis, quadriplegia, or even death.

We consent, understand, and waive the school's liability regardless of the severity of such injury.

Need legal review

Parent/Guardian Signature

Student-Athlete Signature

.....
I hereby consent that I have read the athletic handbook and agree to all rules, terms, and regulations set forth.

Date: _____ Parent/Guardian Signature: _____

Date: _____ Student-Athlete Signature: _____

Date: _____ Athletic Director Signature: _____

Form B

NAATSI'S'AAN COMMUNITY SCHOOL INC WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION

In exchange for being allowed to participate in Naatsis'Aan Community School Athletic Activities (hereafter "Event"), I agree, on behalf of myself and/or on behalf of my child, to be bound by the following:

1. Assumption of Risk. I, _____, on behalf of myself and/or behalf of my child, _____, expressly acknowledge that participation in athletic activities and travel is completely voluntary, and I, on behalf of myself and/or damage, voluntarily accept personal responsibility for any liability, injury, loss, or damage in any way resulting from my and/or my child's participation in the school activity and related transportation.
2. Identification of Risks. I understand that there are certain dangers, hazards, and risks inherent in travel and the activities included in the Event and transportation. I understand that such dangers, hazards, and risks may involve risk of injury and loss, both to person and to property. I further understand that the risk of injury may include the possibility of permanent disability and death. There may be other risks not known or not reasonably foreseeable at this time. I further understand that the Naatsis'Aan Community School does not assume responsibility for any such injuries or loss.
I ALSO UNDERSTAND THAT THERE WILL BE CLOSED PRACTICES TO AVOID PARENT HARASSMENT OF OTHER STUDENTS AND EMPLOYEES.
3. Waiver and Release. In consideration of participation in the Event, I waive and release the Naatsis'Aan Community School, its employees, agents, volunteers, successors, and assigns, if any, from all claims for any liability, injury, loss, or damage in any way connected with my and/or my child's participation in the Activity, whether or not caused in whole or part by the negligence or other misconduct of any of the organization or individuals mentioned above.
4. Indemnification. I agree to indemnify and hold harmless (in other words, reimburse and be responsible for) the Naatsis'Aan Community School and its employees, agents, volunteers, successors, and assigns from all claims for any liability, injury, loss, or damage in any way connected with or arising out of my participation in the activities, whether or not caused in whole or in part by the negligence or other misconduct of any of the organizations or individuals mentioned above.

STUDENTS OF NCS MUST UNDERSTAND THAT THIS IS A SCHOOL-SPONSORED EVENT AND ALL SCHOOL RULES WILL BE ENFORCED IF THERE IS ANY UNAUTHORIZED USAGE OF DRUGS, ANY USAGE OF ALCOHOLIC BEVERAGES, OR OTHER VIOLATIONS OF SCHOOL RULES. PARENTS WILL BE NOTIFIED IMMEDIATELY, AND APPROPRIATE CONSEQUENCES WILL BE IMPLEMENTED BY THE ADMINISTRATION.

I HAVE READ THIS WAIVER, RELEASE OF LIABILITY, AND INDEMNIFICATION. I UNDERSTAND THAT I HAVE GIVEN UP MY SUBSTANTIAL RIGHT BY SIGNING IT. I AM SIGNING THIS WAIVER, RELEASE OF LIABILITY, AND INDEMNIFICATION VOLUNTARILY. I INTEND THAT THIS WAIVER AND RELEASE OF LIABILITY SHALL BE CONSTRUED BROADLY TO PROVIDE A RELEASE AND WAIVER TO THE MAXIMUM EXTENT POSSIBLE UNDER APPLICABLE LAW.

Print Student Name

Student Signature

Date

If the person participating in the activity is not yet 18 years old:

As a parent or legal guardian of the above-named individual, I verify that I fully understand, agree to, and accept all provisions of this Waiver, Release of Liability, and Indemnification.

Printed Name Parent/Legal Guardian

Signature

Date

Form C

Naatsis'Aan Community School Inc.
Athletic Department
P.O. Box 10010 Navajo Mountain, UT. 86044 - Phone # 928-672-2335 Fax # 928-672-2609

Student-Athlete Information Sheet

Player's Name (Last, First, MI): _____

Date of Birth: _____ Height: _____ Weight: _____

Parents/Guardians Name: _____

Home Location: _____

Bus Route: _____ Mailing Address: _____

Home Phone: _____ Cell: _____ Work: _____

Insurance Information

Company Name: _____

Policy Number: _____

Group Number: _____

Insurance Phone Number: _____

Are there any special medical conditions (allergies, prior injuries, etc.) that need to be noted? _____

Additional Contacts in Case of Emergency:

Name: _____	Name: _____
Home/Cell Phone#: _____	Home/Cell Phone #: _____
Location: _____	Location: _____
Relationship: _____	Relationship: _____

In case of injury, I (as the parent/legal guardian) grant permission for the staff/coach of Naatsis'Aan Community School to provide emergency medical treatment at any medical facility during the said sport/season. I understand that I am financially liable for all expenses of said visit.

Parent/Legal Guardians Signature

Date

Sport

Coach

Form D

Naatsis'Aan Community School Inc.
Athletic Department
P.O. Box 10010 Tonalea, AZ 86044
Phone: 928-672-2335
Fax: 928-672-2609

Student Activity Trip Dismissal Request

Date: _____

I request permission for _____ to be allowed to stay with me after the
(Student's Name)

_____ @ _____
(Event Name) (Place of Event)

I understand that I will assume full responsibility for his/her safe return home. I further understand that I will be responsible for
His/her conduct and safety after the event. If you have any questions, you may contact me at _____.
(Phone Number)

(Coach or Athletic Director)

(Signature)

(Relationship)