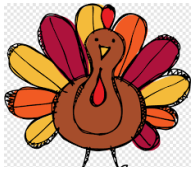
BREAKFAST

NOVEMBER 2026

INGRAM TOM MOORE HIGH & MIDDLE

MENUS ARE SUBJUCT TO CHANGE
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday	Tuesday	Wednesday	Thursday	Friday
2 BREAKFAST BURRITO OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	3 HONEY BUN TURKEY BACON OR CEREAL FRUIT 100% FRUIT JUICE MILK	4 BISCUIT & SAUSAGE OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	5 EGGS, HASHBROWN W/ TOAST & JELLY OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	6 CINNAMON ROLL W/ CEREAL FRUIT 100% FRUIT JUICE MILK
9 PANCAKE ON A STICK OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	10 DONUTS TURKEY BACON OR CEREAL FRUIT 100% FRUIT JUICE MILK	11 BISCUIT & SAUSAGE OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	12 POPTARTS W/ CEREAL FRUIT 100% FRUIT JUICE MILK	13 BANANA BREAD W/ CEREAL FRUIT 100% FRUIT JUICE MILK
16 FRENCH TOAST STICKS W/ SAUSAGE LINKS OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	17 OATMEAL OR CEREAL W/ CINNAMON TOAST FRUIT 100% FRUIT JUICE MILK	18 BISCUIT & SAUSAGE OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	19 EGGS, HASHBROWN W/ TOAST & JELLY OR WG CEREAL FRUIT 100% FRUIT JUICE MILK	20 PIG IN A BLANKET W/ CEREAL FRUIT 100% FRUIT JUICE MILK
23 **THANKSGIVING**	24	25 	26 **HOLIDAY**	27 
30 BREAKFAST BAGEL W/ HASHBROWN OR WG CEREAL FRUIT 100% FRUIT JUICE MILK				



REMEMBER TO START EACH DAY WITH A HEALTHY BREAKFAST!
FAT FREE CHOCOLATE MILK, 1% WHITE MILK, 100% FRUIT JUICE & ASSORTED FRUITS ARE OFFERED DAILY
ASSORTED CEREAL BOWL PACKS OFFERED DAILY AND ALL BREAD ITEMS ARE WHOLE GRAIN
*MENU ITEMS ARE SUBJECT TO CHANGE

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PAY FOR MEALS ONLINE
MySchoolBucks.com