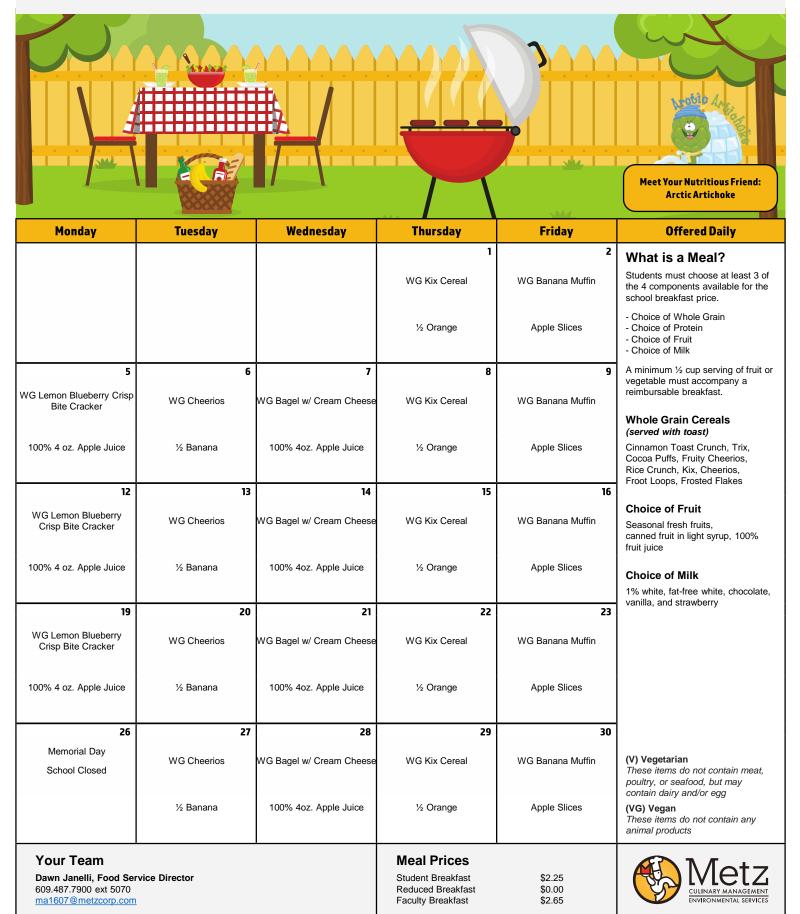
May 2025

					Meet Your Nutritious Friend: Arctic Artichoke
Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 Dunkin Sticks	2 Mini Cinni	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain
			Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	- Choice of Protein - Choice of Fruit - Choice of Milk
5 Mini Waffles	6 Apple Strudel	7 Pancakes & Sausage	8 Egg & Cheese Sandwich	9 Chocolate Chip French Toast	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	<i>(served with toast)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes
12 Breakfast Pizza	13 French Toast Sticks & Sausage	14 Mini Waffles	15 Dunkin Sticks	16 Egg & Cheese Sandwich	Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
19 Chocolate Chip French Toast	20 Bagel & Cream Cheese	21 Mini Cinni	22 Pancakes & Sausage	23 Mini Waffles	
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	
26 Memorial Day School Closed	27 Breakfast Pizza	28 French Toast Sticks & Sausage	29 Apple Strudel	30 Egg & Cheese Sandwich	(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg
	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	(VG) Vegan These items do not contain any animal products
Your Team Dawn Janelli, Food Service Director 609.487.7900 ext.5070 ma1607@metzcorp.com			Meal Prices Student Breakfast Reduced Breakfast Faculty Breakfast	\$2.25 \$0.00 \$2.65	

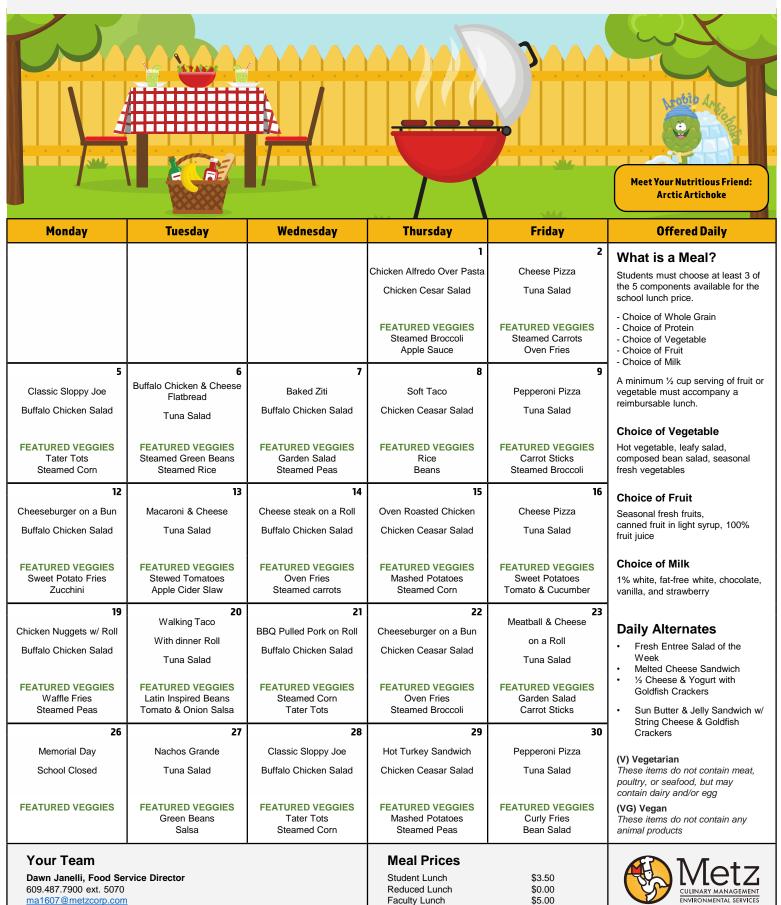
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Ventnor School District

Lunch Menu

May 2025



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