

NOVEMBER 2026

Dyersburg High School Menus - Breakfast (☀) and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 ☀ **Cereal Bar** Salisbury Steak and Gravy Roll Loaded Mashed Potatoes Glazed Carrots	**3** ☀ **Pizza Bagel** Poppyseed Chicken Roll Broccoli Salad California Blend Vegetables	**4** ☀ **Steak Biscuit** Italian Meatball Sub Oven Fries Lima Beans	**5** ☀ **Pancakes** Taco Beef or Fajita Chicken Tortilla Chips or Wrap Refried Beans Taco Toppings	**6** ☀ **Breakfast Croissant** Boom Boom Chicken w/Roll Sweet Potato Puffs Garden Salad Ranch Dressing Pickle Spear	**Breakfast (☀) and lunch are FREE to all students of Dyersburg City Schools.**
9 ☀ **Yogurt Parfait** Chicken Nuggets Roll Creamy Potatoes Steamed Broccoli	**10** ☀ **Sausage Biscuit** Taco Pizza Bites Fiesta Taco Beans Cucumbers & Tomatoes	**11** ☀ **Breakfast Burrito** BBQ Riblet Sub Corn Baked Beans Coleslaw	**12** ☀ **Waffles** Breaded Chicken Sandwich Sweet Potato Fries Pickle Spear Sandwich Toppings	**13** ☀ **Muffin** Hamburger/Cheeseburger French Fries Baked Beans Sandwich Toppings	☀ **Additional daily breakfast offerings:** • **Fresh fruit** • **Fresh juice** • **Choice of milk** At lunch, students must select at least 3 items and are encouraged to select 5 items. Students must choose a ½ cup of fruit or a vegetable. Additional daily lunch offerings: • Smart Mouth Pizza • Marinara Sauce • Fruit • A Variety of Milk
16 ☀ **Cereal bar** Vegetable Beef Soup w/Cheese Toast Romaine Salad Carrots Ranch Dressing	**17** ☀ **Yogurt Parfait** Pork Chop Steak w/Country Gravy Roll Loaded Mashed Potatoes Glazed Carrots	**18** ☀ **Chicken Biscuit** **Thanksgiving Lunch** Turkey or Ham w/Roll Dressing Seasoned Green Beans Sweet Potato Casserole Cranberry Sauce	**19** ☀ **Cinni Minis** Chicken Rotel Roll Stir-fry Vegetables Cucumbers & Tomatoes	**20** ☀ **Breakfast Bagel** Chili Frito Pie Garden Salad Mexican Chili Beans Salsa	
23 **THANKSGIVING BREAK - NO CLASSES THIS WEEK**	**24** **THANKSGIVING BREAK - NO CLASSES**	**25** **THANKSGIVING BREAK - NO CLASSES**	**26** 	**27** **THANKSGIVING BREAK - NO CLASSES**	
30 ☀ **Pop Tarts** Chicken Nuggets Roll Creamy Potatoes Steamed Broccoli					



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Menus are subject to changedue to product availability.



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