



FRAZIER SCHOOL DISTRICT

Inspire and Empower



BREAKFAST MENU

August/September 2024




Menu Subject to Change

Frazier participates in CEP

All Student meals are Free

Adult Breakfast: \$2.85

Elementary Alternates may Include

Monday	Tuesday 	28 Wednesday Hadley Farms Cinnamamon Roll Assorted Fruit 100% Fruit Juice Milk Choice	29 Thursday Super Bakery Banana Bread Slice Assorted Fruit 100% Fruit Juice Milk Choice	30 Friday Sausage & Cheese Bagel Assorted Fruit 100% Fruit Juice Milk Choice
2 	3 Apple Frudel Assorted Fruit 100% Fruit Juice Milk Choice	4 Breakfast Sweet Roll Assorted Fruit 100% Fruit Juice Milk Choice	5 Pancake Sausage on a Stick Assorted Fruit 100% Fruit Juice Milk Choice	6 French Toast Friday Assorted Fruit 100% Fruit Juice Milk Choice
9 Otis Spunkmyer Fruit Muffin 4 oz Yogurt Cup Assorted Fruit 100% Fruit Juice Milk Choice	10 Breakfast Pizza Assorted Fruit 100% Fruit Juice Milk Choice	11 Cinnamon Toast Crunch Bar Assorted Fruit 100% Fruit Juice Milk Choice	12 Egg, Sausage & Cheese Bagel Assorted Fruit 100% Fruit Juice Milk Choice	13 Hadley Farms Cinnamamon Roll Assorted Fruit 100% Fruit Juice Milk Choice
16 Benefit Bar Assorted Fruit 100% Fruit Juice Milk Choice	17 WG Pull Apart Donut Assorted Fruit 100% Fruit Juice Milk Choice	18 Super Bakery Banana Bread Slice Assorted Fruit 100% Fruit Juice Milk Choice	19 Dutch Waffle Assorted Fruit 100% Fruit Juice Milk Choice	20 Mini Donuts Assorted Fruit 100% Fruit Juice Milk Choice
23 Mini Waffle Assorted Fruit 100% Fruit Juice Milk Choice	24 Cherry Frudel Assorted Fruit 100% Fruit Juice Milk Choice	25 Apple Turnover Assorted Fruit 100% Fruit Juice Milk Choice	26 Mini Pancakes Assorted Fruit 100% Fruit Juice Milk Choice	27 French Toast Friday Assorted Fruit 100% Fruit Juice Milk Choice
30 Pancake & Sausage on a Stick Assorted Fruit 100% Fruit Juice Milk Choice	 			

- Choose 1**
Benefit Bar
- May Choose 2**
1 oz Cereal Bowl
Single Poptart
4 oz Yogurt
Belly Bears
2 oz Fruit Muffin or Muffin Top or Mini Loaf
Cereal Bar

Middle School Grab N'Go Breakfast Cart may Include

- Choose 1**
Benefit Bar
2 ct Poptarts
Cinnamon Roll
Mini Donuts
4 oz - Sara Lee or Otis Spunkmyer Muffin
2 oz Cereal Bowl

High School Grab N'Go Breakfast Cart may Include

- Choose 1**
Benefit Bar
2 ct Poptarts
Hadley Farms Cinnamon Roll
Mini Donuts
4 oz - Sara Lee or Otis Spunkmyer Muffin
2 oz Cereal Bowl

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. ***If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

Food Service Manager
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