

AUGUST | 2021

WC Jr/Sr High Breakfast and Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3 BREAKFAST: Sausage & Biscuit LUNCH: ½ day No Lunch Served	4 BREAKFAST: French Toast Sticks w/syrup LUNCH: HNS/Mild Chicken Patty w/bun - Broccoli w/cheese - Sliced Potatoes - Fruit SNACK: Chat Snax	5 BREAKFAST: Breakfast Pizza LUNCH: Taco Bites - Pinto Beans - Corn - Salsa - Salad - Sour Cream - Fresh Fruit SNACK: Cheez-its	6 BREAKFAST: Pancake Wrap w/syrup LUNCH: Hot Dog w/bun - Kraut - Spiral Fries - Slaw - Relish - Fruit SNACK: State & Capitals Cookies
9 BREAKFAST: Muffin LUNCH: Chicken Nuggets - Sweet Roll - Mashed Potatoes - English Peas - Fruit SNACK: Chocolate Elf Crackers	10 BREAKFAST: Egg & Cheese Sandwich LUNCH: Chicken Fajitas - Tortilla Chips - Pinto Beans - Corn - Salsa - Queso Dip - Fruit SNACK: Nacho Doritos	11 BREAKFAST: Combo Bar LUNCH: Pizza Bites - Green Beans - Mixed Veggies - Marinara Sauce - Fruit Cup SNACK: Gripz	12 BREAKFAST: Banana or Cocoa Bread LUNCH: Chicken Alfredo - Breadstick w/Cheese - Broccoli w/Cheese - Steamed Carrots - Salad - Parm. Cheese - Fresh Fruit SNACK: Flaming Hot Cheetos or Funyuns	13 BREAKFAST: Biscuit & Gravy w/jelly LUNCH: Chili Cheese Fries - Baked Beans - Crinkle Cut Fries - Fruit SNACK: Cookies and Cream Granola Bar
16 BREAKFAST: Glazed Donut LUNCH: Salisbury Steak w/Gravy - Sweet Roll - Green Beans - Mashed Potatoes - Fruit SNACK: Scooby Sticks	17 BREAKFAST: French Toast Stick w/syrup LUNCH: Calzone - Broccoli w/cheese - Cream Corn - Marinara Sauce - Fruit SNACK: Sun Chips	18 BREAKFAST: Breakfast Pizza LUNCH: Beef Dippers - Sweet Roll - Candied Carrots - Baby Potatoes - A 1 Sauce - Fruit SNACK: Chat Snax	19 BREAKFAST: Honeybun LUNCH: Walking Taco - Top n go Chips - Pinto Beans - Corn - Salsa - Banana Peppers - Sour Cream - Fresh Fruit SNACK: Goldfish	20 BREAKFAST: Bacon & Cheese Biscuit w/Jelly LUNCH: BBQ Chicken w/bun - Baked Beans - Waffle Fries - Cheese Slices - Fruit SNACK: English & Spanish Cookies
23 BREAKFAST: Mini Pancakes w/syrup LUNCH: Chicken Drumstick - Sweet Roll - Mashed Potatoes - English Peas - Fruit SNACK: Trix Bar	24 BREAKFAST: Cheese Omelet LUNCH: Stromboli - Broccoli w/cheese - Mixed Veggies - Marinara Sauce - Fruit SNACK: Cool Ranch Doritos	25 BREAKFAST: Combo Bar LUNCH: Crisritos - Torilla Chips - Pinto Beans - Corn - Salsa - Sour Cream - Fruit SNACK: Rice Kripies (Original or Chocolate)	26 BREAKFAST: Cinnamon or Cheese Toast LUNCH: Spaghetti w/MS - Breadstick w/cheese - Green Beans - Salad - Parm. Cheese - Fresh Fruit SNACK: Flaming Hot Cheetos or Funyuns	27 BREAKFAST: Chicken Biscuit w/Jelly LUNCH: Mini Corn Dogs - Baked Beans - Potato Wedges - Fruit SNACK: Strawberry Chex
30 BREAKFAST: Mini Waffles w/syrup LUNCH: Country Fried Steak w/gravy - Sweet Roll - Mashed Potatoes - English Peas - Fruit SNACK: Blueberry Bites	31 BREAKFAST: Sausage, Egg & Cheese Tornado LUNCH: Pizza Crunchers - Broccoli w/Cheese - Green Beans - Marinara Sauce - Fruit SNACK: Sun Chips	1	2	3

Choice of Milk Served Daily
FF Chocolate
1% Low Fat White
FF Skim

Offered Daily
BREAKFAST: Fruit and Juice
LUNCH: Main Entrée, or Uncrustable Served Daily. Salad will also include Tomatoes & Cucumbers

CONDIMENTS SERVED:
Ketchup, Mustard, Mayo, Butter, BBQ Sauce, Swt n Sour Sauce, Honey Mustard and Ranch Dressing
SNACK: Juice



This institution is an equal opportunity provider.