

CONNECTING WITH THE SCHOOL COUNSELOR



WEDNESDAY, OCTOBER 21, 2026 WEAR AND SHARE ORANGE

Send a visible message of kindness, acceptance,
and inclusion to prevent bullying.

Happy, Healthy Kids TIP

When your child is experiencing BIG, upset feelings, their brain cannot listen or learn in that moment. Rather than negotiating with or punishing them, help the child name their feelings. Then, practice a coping skill.

Red Ribbon Week Oct. 26-29th

Monday – Kick off Red Ribbon Week!
Wear red

Tuesday- My Dreams Don't Need
Drugs!
**Wear your pajamas (appropriate for
school).**

Wednesday- Drugs Can't Find Me!
Wear Camo.

Thursday- Real Heroes Don't Do Drugs
or Bullying!
Wear a superhero shirt or a cape.

We are Learning!

Bullying -when someone intentionally says or does something
hurtful over and over again

Responsibility – doing what you are suppose to do, and doing
your best job

Integrity – doing the right thing, even when no one is looking

Let's CONNECT!

Email: veronica.hardy@acboe.net
Phone: 334-365-6277 ext. 1216