





November 2023

Lunch

Greenwich Township

= Vegetarian Ingredients = Gluten-Free Ingredients

DAILY ALTERNATES:
 1. Smucker's, Peanut Butter & Jelly
 2. (Cereal Lunch) Assorted Cereal, Goldfish Crackers, Yogurt & a Cheese Stick
FRUIT: Fresh, Cupped & 100% Fruit Juice
MILK: Skim Chocolate, *Skim Strawberry*, 1% White, & Lactaid

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!</p> <p>Lunch Prices Student Paid: \$3.50 Free & Reduced Status: free! Adult Lunch: \$5.00</p>		<p>1</p> <p>Western Cheese Burger w/ Bacon & BBQ Sauce Buffalo Chicken Salad Sides: Onion Rings-Baked Beans Sweet Peppers w/ Ranch Fresh Fruit</p>	<p>2</p> <p>Popcorn Chicken w/ a w/g Corn Muffin Sides: Mashed Potatoes & Corn Mixed Veggies w/ Ranch Cupped Fruit</p>	<p>3</p> <p>Nardone's Wedge Pizza </p> <p>Sides: Garden Salad Fresh Fruit</p>
<p>6</p> <p>Stuffed Bread Sticks w/ Marinara Sauce Chicken Caesar Salad Sides: Carrots w/ Ranch Fresh Fruit</p>	<p>7</p> <p>Pancake Sandwich Egg, Cheese & Sausage Garden Salad w/ Cheese Sides: Tater Tots Cucumbers w/ Ranch Cupped Fruit</p>	<p>8</p> 	<p>9</p> 	<p>10</p> 
<p>13</p> <p>French Toast Sticks w/ Sausage & Syrup Chicken Caesar Salad Sides: Hash Brown Carrots w/ Ranch Fresh Fruit</p>	<p>14</p> <p>Hot Dog on a w/g Bun Garden Salad w/ Cheese Sides: Fries & Baked Beans Cucumbers w/ Ranch Cupped Fruit</p>	<p>15</p> <p>Nachos & Cheese w/ a Churro Buffalo Chicken Salad Sides: Cooked Carrots Sweet Peppers w/ Ranch Fresh Fruit</p>	<p>16</p> <p>Holiday Dinner Turkey, Stuffing & Corn Bread Sides: Mashed Potatoes & Corn Cupped Fruit</p>	<p>17</p> <p>Nardone's French Bread Pizza </p> <p>Sides: Garden Salad Fresh Fruit</p>
<p>20</p> <p>1/2 Day Only Breakfast Served</p>	<p>21</p> <p>1/2 Day Only Breakfast Served</p>	<p>22</p> <p>1/2 Day Only Breakfast Served</p>	<p>23</p> 	<p>24</p> 
<p>27</p> <p>Mozzarella Sticks w/ Marinara Sauce Chicken Caesar Salad Sides: Steamed Broccoli Carrots w/ Ranch Fresh Fruit</p>	<p>28</p> <p>Pulled Pork on a w/g Kaiser Roll Buffalo Chicken Salad Sides: Sweet Potato Fries Sweet Peppers w/ Ranch Fresh Fruit</p>	<p>29</p> <p>Walking Taco's w/ Dorito's & Topping and a Pretzel Buffalo Chicken Salad Sides: Corn-Toasty Bean Bites Sweet Peppers w/ Ranch Fresh Fruit</p>	<p>30</p> <p>Chicken Nuggets w/ Mac & Cheese Sides: Seasoned Green Beans Mixed Veggies w/ Ranch Cupped Fruit</p>	<p>CAFÉ CONTACT INFO:</p> <p>Kristine Colo Food Service Director gre@nsfm.com Phone: 856-224-4900ext 2128 *Menu subject to change</p>

View your lunch account: www.schoolpaymentportal.com



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