



Lunch 8-12 High School

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mexican Pizza Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Crinkle Cut Fries Mixed Vegetables Vegetable Juice Blueberries w Topping Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie	3 Chicken Tenders Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Steamed Rice Brown Gravy Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Flavored Raisins Fruit Juice Cornbread Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Variety of Dipping Sauce Ketchup	4 Cheeseburger Meat Lovers Pizza Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Broccoli Florets w/ Dip Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Ketchup Fruit Crisp	5 Chili with Beans Chix Patty Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Seasoned Green Beans Carrot-Raisin Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Assorted Puddings	6 Beefy Nachos Grande Turkey & Cheese/Bun Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Tart Lemon Squares
9 Chicken Fajitas Hamburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Spinach Salad Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Flavored Raisins Fruit Juice Low Fat Milk Chocolate Milk Graham Crackers Mayonnaise Mustard Ketchup	10 BBQ Pork Sandwich Grilled Chix Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Grilled Chicken Salad Saltine Crackers Ranch Dressing Garden Salad W/Dressing Spinach Salad Spicy Fries Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Mayonnaise Mustard Ketchup	11 Chicken Spaghetti Turkey & Cheese Wrap Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Banana Pudding	12 Taco Soup Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Mexican Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies	13 Stuffed Crust Pizza Turkey & Cheese/Bun Chix Salad/Croissant Chix Salad w/Crackers Saltine Crackers Ranch Dressing Garden Salad W/Dressing Crinkle Cut Fries Broccoli Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Tart Lemon Squares
16 Sloppy Joe on Bun Southern Chicken Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Baked Beans Spicy Fries Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard	17 Roasted Chix Wings Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Mashed Potatoes Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Cornbread Low Fat Milk Chocolate Milk	18 BBQ Rib Sandwich Grilled Cheese Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Spicy Fries Steamed Broccoli Baby Carrots w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Flavored Raisins Fruit Juice Low Fat Milk Chocolate Milk	19 Manager's Choice	20 Manager's Choice

Ketchup Graham Crackers	Mayonnaise Mustard Brownies	Assorted Gelatins with Whipped Topping		
23	24	25	26	27

This institution is an equal opportunity provider.