

JULY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	No work outs 3	No work outs 4	No work outs 5	No work outs 6	7	8
9	Work outs Jr high 9 -10:30 HS 9:15 - 10:45 10	Work outs Jr high 9 -10:30 HS 9:15 - 10:45 11	Work outs Jr high 9 -10:30 HS 9:15 - 10:45 12	Work outs Jr high 9 -10:30 HS 9:15 - 10:45 13	14	15
16	Lil Eagle Football Camp 8:30-11 1st thru 4th Grade Work outs HS 1-3 17	Lil Eagle Football Camp 8:30-11 1st thru 4th Grade Work outs HS 1-3 18	Eagle Football Camp 5th Thru 9th Grade 8:30-11 Work outs HS 1-3 19	Eagle Football Camp 5th Thru 9th Grade 8:30-11 Work outs HS 1-3 20	21	22
23	No Boys work outs 24	No boys work outs 25	Open Weight Rm 8-3:30 HS Equip Pick Up 26	Open Weight Rm 8-3:30 HS Equip Pick Up 27	28	29
30	1st Day HS Football Practice 7:30-12 31					