

Monday

Tuesday

Wednesday

Thursday

Friday

Biscuit **1**
Sausage
Hash browns
Assorted Fruit Juice
Low Fat Milk

Assorted Cold Cereal **2**
Fresh Apples
Assorted Jellies
Low Fat Milk

Hot Grits **3**
Toast
Sausage Patty
Assorted Fruit Juice
Low Fat Milk

French Toast Sticks **4**
Low Fat Yogurt
Canned Peaches
Syrup
Low Fat Milk

Bacon Strips **7**
Scrambled Egg Patty
Biscuit
Fresh Peaches
Low Fat Milk

Sausage & Pancake on **8**
A stick
Fresh Oranges
Assorted Fruit Juices
Low Fat Milk
Pancake Syrup

Banana Muffin WGR 1211 **9**
Yogurt Parfait – Crumb
Fresh Pears
Low Fat Milk

Maple Belgium Waffles **10**
Scrambled Egg Patty
Bacon
Assorted Fruit Juices
Low Fat Milk
Syrup

Sausage Patty **11**
Hot Grits
Crispy Toast
Scrambled eggs
Fresh Oranges
Low Fat Milk

Fall Break – No School **14**

Breakfast Burrito **15**
Assorted Cold Cereals
Fresh Apples
Pineapple Tidbits
Low Fat Milk

Chicken & Biscuit **16**
Assorted Fruit Juices
Low Fat Milk

Chicken Tenders & Waffles **17**
Assorted Fruit Juices
Fresh Pears
Low Fat Milk
Syrup

Hot Grits **18**
Sausage/Turkey Patty
Whole Grain Biscuit
Assorted Fruit Juices
Low Fat Milk

Report Card Day – No School **21**

Breakfast Taco **22**
Assorted Fruit Juices
Low Fat Milk

Breakfast Sausage Pizza **23**
Fruit Juice Freeze Cup
Low Fat Milk

Hot Grits **24**
Sausage Patty
Bacon
Whole Grain Biscuit
Fresh Pears
Low Fat Milk

Pancakes 1 WGR **25**
8820
Sausage/Turkey Patty
Fresh Fruit
Low Fat Milk
Pancake Syrup

Breakfast Burrito **28**
Fresh Oranges
Fresh Banana
Low Fat Milk

French Toast Sticks **29**
Sausage Patty
Fresh Fruit Cup
Low Fat Milk

Assorted Cold Cereals **30**
Fresh Banana
Assorted Fruit Juices
Low Fat Milk

Breakfast Chicken Patty **31**
Whole Grain Biscuit
Scrambled Egg Patty
Applesauce
Low Fat Milk