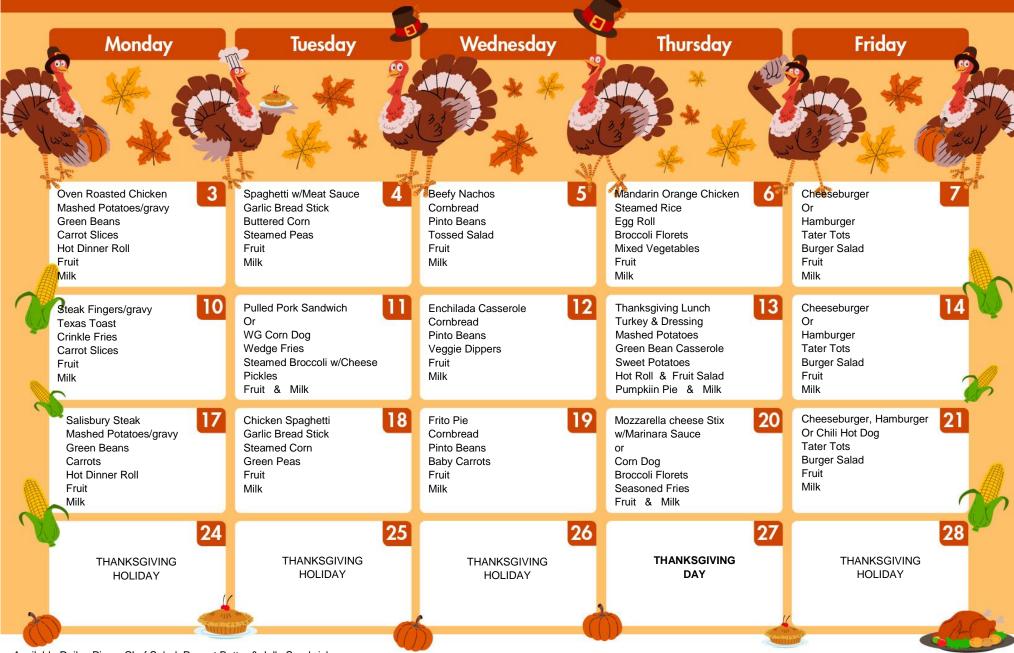


NOVEMBER 2025

INGRAM TOM MOORE HIGH & INGRAM MIDDLE SCHOOL

MENUS ARE SUBJECT TO CHANGE
**THIS INSITTUTION IS AN EQUAL
OPPORTUNITY PROVIDER



Available Daily: Pizza, Chef Salad, Peanut Butter & Jelly Sandwich Ham & Turkey Sub Sandwich (Monday, Wednesday and Friday) Turkey Bacon Wrap (Tuesday and Thursday)

Fresh, Canned, or Frozen Fruit (daily), 100% Fruit Juice (Wednesday & Friday), Fat Free Chocolate, 1% White Milk (daily)

