

Alternate Lunch Options Offered Daily:

> Charcuterie Lunch

Whole Wheat Bagel or Cereal / Yogurt Plate

Yogurt Parfait w/ Homemade Granola

Chef Salad

Sunbutter w/ **Jelly on Whole Wheat Bread**

Sandwich of the Week:

Week 1: **Turkey + Cheese** on Whole Wheat

Week 2: **Tuna on Whole** Wheat

Week 3: Ham + Cheese on **Whole Wheat**

Week 4: **Turkey + Cheese** on Whole Wheat

THURSDAY

Chilly Night Chili!

7_{w/} Shredded Cheddar

Garlic Knot

Brrr Beans

Hot Chocolate Popcorn

Hamburger or

Cheeseburger on Whole

Grain Bun

Oven Baked Potato Wedges

Pizza

Tossed Salad

FRIDAY

Stuffed Crust Pizza Plain or Pepperoni

> Garden Greens Salad

Pizzeria Style Pizza

Caesar Salad

15 French Bread Pizza

Baby Spinach Salad

22

29

No School! Beginning of **Winter Break**

MONDAY

TUESDAY

WEDNESDAY

Important Message: FREE Breakfast AND FREE Lunch for ALL **Students K-12 Starting December 1st Through June 2024!**

Baked Mozzarella Sticks w/ Marinara Sauce

Sweet Peas

Chicken Filet on Whole Grain Kaiser Roll w/ Cheese, Lettuce, Tomato, Ranch dressing

Local Glazed Carrots!

18 Cheese Quesadilla w/ Salsa + Sour Cream

Corn + Black Bean Salad w/ Diced Red Peppers

25

Taco Tuesday! Seasoned Beef Shredded Cheddar/Lettuce/Tomato/Salsa

Brown Rice + Refried Beans

Local Maple Syrup 77 From Sullivan Farm!

French Toast Sticks Sausage Patties Baked Smile Potatoes

Winter Wonderland **Chicken Nuggets!**

Blizzard Biscuit Snowflake Squash **Icy Jolly Sidekick**

Baked Popcorn Chicken w/ Whole Grain Dinner Roll

Roasted Squash

Baked Chicken 13 Tenders

Garlic Breadstick

Broccoli Florets

Grilled Cheese on 20 Wheat Warm Tomato Soup

> Fresh Cut Vegetables w/ Dip

27

28

21





































