



February

Monday

3

Bagel w/ Sausage & Gravy
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Low Fat Milk
Chocolate Milk

Tuesday

4

Cinnamon Crunch Filled
Pastry
Sausage & Pancake
on a Stick
Mandarin Fruit Cup
Pancake Syrup
Low Fat Milk
Chocolate Milk

Wednesday

5

Bacon/Egg/Chee on Croiss
Croissant
Dunkin Stix
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

Thursday

6

Breakfast Taco
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Low Fat Milk
Chocolate Milk

Friday

7

Hot Oatmeal
Crispy Toast
Assorted Cold Cereals
Assorted Muffin Loaves
Fruit Cocktail
Assorted Jellies
Low Fat Milk
Chocolate Milk

10

Bacon/Egg/Chee on Croiss
Croissant
Apple Frudel
Fresh Grapes
Assorted Jellies
Low Fat Milk
Chocolate Milk

11

Chicken Patty & Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Blushing Chilled Pears
Assorted Jellies
Low Fat Milk
Chocolate Milk

12

Breakfast Sausage Pizza
Fruit Flavor Cereal Bar
Fresh Fruit Bowl
Low Fat Milk
Chocolate Milk

13

Hot Grits
Bacon Strips
Whole Wheat Toast
Assorted Cold Cereals
Assorted Muffin Loaves
Sliced Strawberries
Assorted Jellies
Low Fat Milk
Chocolate Milk

14

Breakfast Smoothie
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Low Fat Milk
Chocolate Milk

17

Grilled Cheese Sandwich
Assorted Cold Cereals
Assorted Muffin Loaves
Sliced Strawberries
Low Fat Milk
Chocolate Milk

18

French Toast Sticks
Choice of Strawberry &
Blueberry Yogurts
Fruit Flavor Cereal Bar
Chilled Peach Slices
Pancake Syrup
Low Fat Milk
Chocolate Milk

19

Hot Grits
Sausage Link
Whole Wheat Toast
Assorted Breakfast Bread
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

20

Waffle
Breakfast Chicken Patty
Dunkin Stix, FRZ, IW M8510
Fresh Oranges
Pancake Syrup
Low Fat Milk
Chocolate Milk

21

Sausage Patty
Whole Grain Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

24

Apple Frudel
Assorted Cold Cereals
Assorted Muffin Loaves
Pineapple Tidbits
Low Fat Milk
Chocolate Milk

25

Pancakes
Ham Slice
Chocolate Covered Donuts
Powdered Donuts
Fresh Fruit Bowl
Pancake Syrup
Low Fat Milk
Chocolate Milk

26

Sausage and Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Assorted Jellies
Low Fat Milk
Chocolate Milk

27

Hot Grits
Whole Wheat Toast
Bacon Strips
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Assorted Jellies
Low Fat Milk
Chocolate Milk

28

Breakfast Burrito
Fruit Flavor Cereal Bar
Assorted Fruit Juices
Salsa
Low Fat Milk
Chocolate Milk

**GPSD K-12th Breakfast
Menu Subject to Change**

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