



FRAZIER SCHOOL DISTRICT

Inspire and Empower



MIDDLE SCHOOL

DECEMBER 2024



Lunch Menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: \$4.65



Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Cheeseburger on Bun or Hamburger on Bun Crispy French Fries Fruit & Vegetable Bar Milk Choice	4 Popcorn Chicken Bowl w/ Dinner Roll Corn, Mashed Potatoes, Gravy Fruit & Vegetable Bar Milk Choice	5 French Toast Sticks Sausage Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	6 Mac & Cheese Corn Bread Mini Loaf Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
9 Cream Chicken o/ Biscuits Mashed Potatoes w/ Gravy Seasoned Carrot Coins Fruit & Vegetable Bar Milk Choice	10 Buffalo Chicken Dippers w/ Tostitos Chips Green Beans Fruit & Vegetable Bar Milk Choice	11 Meatballs w/ Marinara Sauce & Garlic Bread Stick Mixed Vegetables Fruit & Vegetable Bar Milk Choice	12 Mini Corn Dogs Baked Beans Potato Smiles Fruit & Vegetable Bar Milk Choice	13 School Made Pizza w/o Pepperoni Seasoned Corn Fruit & Vegetable Bar Milk Choice
16 Chicken Tenders w/ Dippin Sauce & Choc Chip Muffin Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice	17 Penne Pasta w/ Meatsauce Garlic Bread Stick Seasoned Peas Fruit & Vegetable Bar Milk Choice	18 Popcorn Chicken w/ Dippin Sauce & Tiger Bites Crispy Tatar Tots Fruit & Vegetable Bar Milk Choice	19 Christmas Feast w/ All The Fixins & Yummy Dessert Fruit & Vegetable Bar Milk Choice	20 Hot Dog on Bun w/o Cheese Sauce French Fries & Baked Beans Fruit & Vegetable Bar Milk Choice
23	24	25 Merry Christmas	26	27
30	31	HAPPY NEW YEAR		

- Daily Alternates may include**
- Cheeseburger on a Bun
 - Hamburger on a Bun
 - Breaded Chicken Patty/Bun
 - Spicy Chicken Patty/Bun
 - Chef Salad with Chicken
 - Croutons & Dinner Roll
 - Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, Baby Carrots, Cucumber Slices, Celery Sticks and Beans

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges, Mixed Fruit, Peaches, Pears, Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

The Frazier School District Food Service
Department needs Cafeteria Workers
Applications available at the Administratin Office

Food Service Manager
Christie Mansberry
724-736-9507 x431
cmansberry@fraizersd.org