

# September 2023

## Lunch

Greenwich Township

= Vegetarian Ingredients = Gluten-Free Ingredients

### DAILY ALTERNATES:

- Smucker, Peanut Butter & Jelly Sandwich
- (Cereal Lunch) Assorted Cereal, Goldfish Crackers, Yogurt & a Cheese Stick

**FRUIT:** Fresh, Cupped & 100% Fruit Juice

**MILK:** Skim Chocolate, Skim Strawberry, 1% White, Lactaid

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>CAFÉ CONTACT INFO:</b></p> <p>Kristine Colo, Food Service Director gre@nsfm.com Phone 856-224-4900 ext 2128 *Menu subject to change</p>		<p><b>Lunch Includes:</b> Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits &amp; 2 veggies!</p> <p><b>Lunch Prices</b> Student Paid: \$3.50 Free &amp; Reduced Status: free! Adult Lunch: \$5.00</p>		
<p><b>4</b></p> 	<p><b>5</b></p> 	<p><b>6</b></p> <p><b>1/2 DAY ONLY BREAKFAST SERVED</b></p>	<p><b>7</b></p> <p><b>Chicken Patty</b> on a w/g Bun <u>Sides:</u> Fries Carrots w/ Ranch Cupped Fruit</p>	<p><b>8</b></p> <p><b>Nardone's Pizza</b>  By The Slice <u>Sides:</u> Garden Salad Fresh Fruit</p>
<p><b>11</b></p> <p><b>Nacho's</b>  &amp; Cheese Sauce Chicken Caesar Salad <u>Sides:</u> Steamed Broccoli Carrots w/ Ranch Fresh Fruit</p>	<p><b>12</b></p> <p><b>Meat Sauce</b> w/ w/g Pasta &amp; a Bread Stick Garden Salad w/ Cheese <u>Sides:</u> Garden Salad Fresh Fruit</p>	<p><b>13</b></p> <p><b>Hot Dog</b> on a w/g Bun Buffalo Chicken Salad <u>Sides:</u> Tater Tots &amp; Baked Beans Garden Salad Fresh Fruit</p>	<p><b>14</b></p> <p><b>Chicken Nuggets</b> w/ Mac &amp; Cheese <u>Sides:</u> Seasoned Green Beans Carrots w/ Ranch Cupped Fruit</p>	<p><b>15</b></p> <p><b>Stuffed Bread Sticks</b>  w/ Marinara Sauce <u>Sides:</u> Caesar Salad Fresh Fruit</p>
<p><b>18</b></p> <p><b>French Toast Sticks</b> w/ Sausage &amp; Syrup Chicken Caesar Salad <u>Sides:</u> Hash Brown Carrots w/ Ranch Fresh Fruit</p>	<p><b>19</b></p> <p><b>Cheese Burger</b> on a w/g Bun Garden Salad w/ Cheese <u>Sides:</u> Waffle Fries &amp; Toasty Bean Bites Cucumbers w/ Ranch Cupped Fruit</p>	<p><b>20</b></p> <p><b>Italian Hoagie</b> on a w/g Torp &amp; Chips Buffalo Chicken Salad <u>Sides:</u> Peas &amp; Carrots Assorted Peppers w/ Ranch Fresh Fruit</p>	<p><b>21</b></p> <p><b>Popcorn Chicken</b> w/ a Corn Muffin <u>Sides:</u> Mashed Potatoes &amp; Corn Carrots w/ Ranch Cupped Fruit</p>	<p><b>22</b></p> <p><b>Nardone's Pizza</b>  By The Slice <u>Sides:</u> Garden Salad Fresh Fruit</p>
<p><b>25</b></p> <p><b>Breakfast Sandwich</b> w/ Bacon on a w/g Bagel Chicken Caesar Salad <u>Sides:</u> Diced Potatoes Carrots w/ Ranch Fresh Fruit</p>	<p><b>26</b></p> <p><b>Chicken Parmesan</b> w/ w/g Pasta Garden Salad w/ Cheese <u>Sides:</u> Seasoned Green Beans Cucumbers w/ Ranch Cupped Fruit</p>	<p><b>27</b></p> <p><b>Walking Taco's</b> w/ Doritos &amp; Topping Buffalo Chicken Salad <u>Sides:</u> Corn &amp; Toasty Bean Bites Assorted Peppers w/ Ranch Fresh Fruit</p>	<p><b>28</b></p> <p><b>Chicken Nuggets</b> w/ Waffles &amp; Syrup <u>Sides:</u> Mixed Vegetables Carrots w/ Ranch Cupped Fruit</p>	<p><b>29</b></p> <p><b>Mozzarella Sticks</b>  w/ Marinara Sauce <u>Sides:</u> Caesar Salad Fresh Fruit</p>

View your lunch account: [www.schoolpaymentportal.com](http://www.schoolpaymentportal.com)