

October 2022

9-12 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Steak Sandwich French Fries Lima Beans Carrots Fruit Milk <i>Alternate: Chicken Sandwich</i>	4 Chicken Alfredo over Pasta Mixed Vegetables Romaine Salad Roll Fruit Milk <i>Alternate: Grilled Cheese Sandwich</i>	5 Spaghetti with Meat Sauce Green Beans Romaine Salad Breadstick Pudding Fruit Milk <i>Alternate: Corn Dog</i>	6 ½ Day for Students: <i>Sack Lunch:</i> Sandwich Chips Carrots w/ Ranch Fruit Animal Crackers Milk	7 SCHOOL HOLIDAY
10 SCHOOL HOLIDAY	11 SCHOOL HOLIDAY	12 Chicken Parmesan on Pasta Green Beans Romaine Salad Roll Fruit Milk <i>Alternate: Pizza</i>	13 Chicken Bites Sweet Potato Broccoli w/ Cheese Fruit Roll Milk <i>Alternate: Pizza Pocket</i>	14 Pizza Calzone or Pizza Crunchers Carrots w/ Ranch Corn Pudding Fruit Milk <i>Alternate: Crisпитos</i>
17 Cheeseburger French Fries Baked Beans Lettuce/Tomato Fruit Milk <i>Alternate: Hot Ham & Cheese Sandwich</i>	18 Fajita Chicken Wrap Black Beans Romaine Salad Tomatoes Fruit Animal Crackers Milk <i>Alternate: Pizza</i>	19 Beef Nachos on Chips Pinto Beans Romaine Salad Tomatoes Fruit Milk <i>Alternate: Hot Dog</i>	20 Chicken Bites Tater Tots Carrots with Ranch Fruit Roll Milk <i>Alternate: Cheeseburger</i>	21 Pizza French Fries Romaine Salad Corn Pudding Fruit Milk <i>Alternate: Crisпитos</i>
24 Country Steak w/ Gravy Creamed Potatoes Green Beans Roll Fruit Milk <i>Alternate: Chicken Sandwich</i>	25 Sweet & Sour Chicken Fried Rice English Peas Stir Fry Vegetables Fruit Milk <i>Alternate: Grilled Cheese Sandwich</i>	26 Spaghetti with Meat Sauce Green Beans Romaine Salad Fruit Garlic Toast Milk <i>Alternate: Hot Dog</i>	27 Cheeseburger Nuggets Corn Sweet Potato Baked Beans Roll Fruit Milk <i>Alternate: Pizza</i>	28 Hot Wings Carrots with Ranch Celery Sticks French Fries Breadstick Animal Crackers Fruit Milk <i>Alternate: Quesadilla</i>
31 Hot Dog Sweet Potato Baked Beans Broccoli w/ Cheese Fruit Milk <i>Alternate: Hot Ham & Cheese</i>				

Due to food shortages, menu highly likely to change