

## GHOLSON ISD OCTOBER 2023 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	3	5	6
Corn Dogs	Chili Dogs	Popcorn Chicken	Steak Fingers	Wildcat Burger
Peas	Ranch Style Beans	Broccoli	Corn	Sweet Potato Fries
Parsley Potatoes	Tater Tots	Diced Carrots	Green Beans	Pinto Beans
Peaches	Mixed Fruit	Sliced Bread	Sliced Bread	Burger Salad
Milk	Milk	Pears	Pineapples	Apples
		Milk	Milk	Milk
9	10	11	12	13
NO SCHOOL	NO SCHOOL	Spaghetti w/Breadstick	Porkrib Patty	Pizza
		Corn	Broccoli Normandy	Green Beans
HOLIDAY/BAD	HOLIDAY/BAD	Crinkled Carrots	Sweet Potato Fries	Cucumbers w/Ranch
WEATHER	WEATHER	Applesauce	Diced Apples	Banana
DAY	DAY	Milk	Sliced Bread	Milk
			Milk	
16	17	18	19	20
Chicken Sandwich	Crispitos	Ham & Cheese Sandwich	Chicken & Rice	Wildcat Burger
Sweet Potato Fries	Refried Beans	Cucumbers w/Ranch	Broccoli	Tater Tots Baked Beans
Mixed Vegetables	Peas & Carrots	Pickle Spear Chips	Diced Carrots	Burger Salad
Applesauce	Mixed Fruit	Peaches	Diced Pineapples	Oranges
Milk	Milk	Milk	Milk	Milk
23	24	25	26	27
Chicken Nuggets	Burrito	Chicken Fried Steak	Chicken Strips	Pizza
Parsley Potatoes	Mixed Vegetables	Green Beans	French Fries	Corn
Broccoli Normandy	Carrot Sticks w/	Mashed Potatoes	Diced Carrots	Side Salad w/Ranch
Applesauce	Ranch	Bread	Mandarin Oranges	Banana
Bread	Peaches	Pineapples	Bread	Milk
Milk	Milk	Milk	Milk	
30	31			
Chicken Fajita	Hamburger Steak			
Refried Beans	w/Gravy			
Peas & Carrots	Mashed Potatoes			
Mandarin Oranges	Mixed Vegetables			
Milk	Pears			
	Milk		_	

## \*MENU IS SUBJECT TO CHANGE\*

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA.

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