



Monday

5
 Manager's Choice
 Spicy Fries
 Spinach Salad
 Fruit Slushes
 Fresh Fruit Bowl
 Ketchup
 Tartar Sauce
 Fat Free Milk

12
 Manager's Choice
 Carrots and Red Peppers
 with Dip
 Green Peas
 Frozen Fruit Juice Cups
 Fresh Fruit Bowl
 Whole Wheat Roll
 Fat Free Milk

19
 Manager's Choice
 California Veggies
 Crinkle Cut Fries Baked M611
 0
 Fresh Fruit Bowl
 Fruit Cocktail
 Whole Wheat Roll
 Low Fat Milk

26

Tuesday

6
 Manager's Choice
 Steamed Rice
 Italian Sliced Carrots
 Mixed Vegetables
 Fresh Fruit Bowl
 Fresh Fruit Cup
 Cornbread
 Fat Free Milk

13
 Manager's Choice
 Vegetable Juice
 Baked Beans
 Flavored Raisins
 Chilled Peach Slices
 Fat Free Milk

20
 Manager's Choice
 Southern Mustard Greens
 Field Peas
 Fresh Grapes
 Frozen Fruit Juice Cups
 Cornbread
 Low Fat Milk

27

Wednesday

7
 Manager's Choice
 Criss Cut Sweet Potatoes
 Confetti Coleslaw
 Fresh Pears
 Fresh Bananas
 Chocolate Chip Cookie
 Low Fat Milk

14
 Manager's Choice
 Whole Kernel Corn
 Marinated Tomato and
 Cucumber Salad
 Pineapple Tidbits
 Fresh Fruit Bowl
 Yeast Roll
 Brownies
 Fat Free Milk

21
 Manager's Choice
 Bake Chips
 Baby Carrots w/ Dressing
 Assorted Vegetable Juice
 Sliced Apples and Grapes
 Snack Cookies
 Low Fat Milk

28

Thursday

1
 Chili Dog
 Crinkle Cut Fries
 Confetti Coleslaw
 Fresh Fruit Bowl
 Fruit Cocktail
 Ketchup
 Mustard
 Fat Free Milk

8
 Manager's Choice
 California Vegetables M5785
 Raw Veggies with Dip
 Waldorf Fruit Salad
 Fresh Oranges
 Whole Wheat Roll
 Fat Free Milk

15
 Manager's Choice
 Steamed Broccoli Florets
 Black-Eyed Peas
 Fresh Oranges
 Fruited Gelatin
 Whole Wheat Roll
 Fat Free Milk

22

29

Friday

2
 Ham and Turkey
 on Bun
 Trimmings
 Bake Chips
 Steamed Carrots
 Broccoli Salad
 Tangerines
 Assorted Fruit Juices
 Mayonnaise
 Mustard
 Low Fat Milk

9
 Manager's Choice
 Cheesy Broccoli
 Steamed Carrots
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Fat Free Milk
 Chocolate Milk

16
 Manager's Choice
 Criss Cut Sweet Potatoes
 Cheesy California
 Veggies
 Chilled Peaches
 Fresh Bananas
 Fat Free Milk

23

30

GPSD Pre-K School Lunch Menu
Menu Subject to Change

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