

May 2022



Primary and Elementary School Breakfast Menus

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Yogurt Cup Fruit Choice & Fruit Juice	3 Pancakes & Sausage Patty Fruit Choice & Fruit Juice	4 Grape Crescent Yogurt Cup Fruit Choice & Fruit Juice	5 Breakfast Pizza Fruit Choice & Fruit Juice	6 Mini Banana Loaf Yogurt Cup Fruit Choice & Fruit Juice
9 Cereal Yogurt Cup Fruit Choice & Fruit Juice	10 Sausage Biscuit Fruit Choice & Fruit Juice	11 Chocolate Crescent Yogurt Cup Fruit Choice & Fruit Juice	12 Maple Mini Pancakes Yogurt Cup Fruit Choice & Fruit Juice	13 Apple Muffin Yogurt Cup Fruit Choice & Fruit Juice
16 WG Super Doughnut Yogurt Cup Fruit Choice & Fruit Juice	17 Cereal Pop Tart Fruit Choice & Fruit Juice	18 Cinnamon Roll Yogurt Fruit Choice & Fruit Juice	19 Cereal Bar Fruit Choice & Fruit Juice	20 Mini Banana Loaf Yogurt Cup Fruit Choice & Fruit Juice
23 Chicken Biscuit Fruit Choice & Fruit Juice	24 Chocolate Crescent Yogurt Cup Fruit Choice & Fruit Juice	25 Cereal Yogurt Cup Fruit Choice & Fruit Juice	<div>Summer Break 2022!</div> <div>Choice of chilled milk & fruit served with all meals.</div>	
25	26	27	28	
SCES ONLY - PB&J AVAILABLE AS 2ND OPTION FOR ENTRÉE DAILY!				

May 2022



Primary School Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 BBQ Sandwich Baked Beans Carrot Sticks w/ ranch</p> <p>Fruit Choice</p>	<p>3 Chicken Tenders w/ Honey Mustard Mac & Cheese Broccoli & Carrot Sticks w/ ranch</p> <p>Fruit Choice</p>	<p>4 Cheeseburger w/ lettuce & tomato French Fries Sun Chips</p> <p>Fruit Choice</p>	<p>5 Beefy Mac Celery & Carrots w/ Ranch</p> <p>Fruit Choice</p>	<p>6 Fajita Strips w/ Tortilla Side Salad Corn</p> <p>Fruit Choice</p>
<p>9 Hamburger Steak & Gravy w/ Brown Rice & Carrots Green Peas Dinner Roll</p> <p>Fruit Choice</p>	<p>10 Sloppy Joe Sandwich Tater Tots Celery Sticks w/ Ranch</p> <p>Fruit Choice</p>	<p>11 Turkey & Cheese Sandwich Sliced Cucumbers Carrots w/ LF Ranch Sun Chips</p> <p>Fruit Choice</p>	<p>12 Ham Sandwich Graham Snacks Carrots & Broccoli w/ LF Ranch</p> <p>Fruit Choice</p>	<p>13 Peanut Butter and Jelly Uncrustable Sun Chips Cheese Stick Carrots & Celery w/ Ranch</p> <p>Fruit Choice</p>
<p>16 Beefy Mac Corn Cucumbers & Carrots w/ LF Ranch</p>	<p>17 Chicken Tenders w/ Honey Mustard Baked potato Black-eyed Peas Teddy Grahams</p> <p>Fruit Choice</p>	<p>18 Pepperoni Pizza Sliced Cucumbers Carrots w/ LF Ranch</p> <p>Fruit Choice</p>	<p>19 Chicken Sandwich Steamed Broccoli Seasoned Carrots</p> <p>Fruit Choice</p>	<p>20 Cheese Pizza Salad Corn</p> <p>Fruit Choice</p>
<p>23 Hot Dog Doritos Celery & Carrots w/ LF Ranch</p> <p>Fruit Choice</p>	<p>24 BBQ Sandwich Chickpeas Broccoli w/ ranch</p> <p>Fruit Choice</p>	<p>25 Turkey & Cheese Sandwich Sliced Cucumbers Carrots w/ LF Ranch Sun Chips</p> <p>Fruit Choice</p>	<p>Summer Break 2022!</p>	
<p>25</p>	<p>26</p>	<p>27</p>		
<p>SCES ONLY - PB&J AVAILABLE AS 2ND OPTION FOR ENTRÉE DAILY!</p>			<p>28</p> <p>Choice of chilled milk & fruit served with all meals.</p>	

May 2022



Primary and Elementary School Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 BBQ Sandwich Baked Beans Carrot Sticks w/ ranch</p> <p>Fruit Choice</p>	<p>3 Chicken Tenders w/ Honey Mustard Mac & Cheese Broccoli & Carrot Sticks w/ ranch</p> <p>Fruit Choice</p>	<p>4 Cheeseburger w/ lettuce & tomato French Fries Sun Chips</p> <p>Fruit Choice</p>	<p>5 Beefy Mac Celery & Carrots w/ Ranch</p> <p>Fruit Choice</p>	<p>6 Fajita Strips w/ Tortilla Side Salad Corn</p> <p>Fruit Choice</p>
<p>9 Hamburger Steak & Gravy w/ Brown Rice & Carrots Green Peas Dinner Roll</p> <p>Fruit Choice</p>	<p>10 Sloppy Joe Sandwich Tater Tots Celery Sticks w/ Ranch</p> <p>Fruit Choice</p>	<p>11 Walking Taco Salad w/ black bean & Beef Doritos Salsa Cup</p> <p>Fruit Choice</p>	<p>12 Chicken Sandwich Steamed Broccoli Seasoned Carrots</p> <p>Fruit Choice</p>	<p>13 Cheese Pizza Salad Corn</p> <p>Fruit Choice</p>
<p>16 Beefy Mac Corn Cucumbers & Carrots w/ LF Ranch</p>	<p>17 Chicken Tenders w/ Honey Mustard Baked potato Black-eyed Peas Teddy Grahams</p> <p>Fruit Choice</p>	<p>18 Turkey & Cheese Sandwich Sliced Cucumbers Carrots w/ LF Ranch Sun Chips</p> <p>Fruit Choice</p>	<p>19 Ham Sandwich Graham Snacks Carrots & Broccoli w/ LF Ranch</p> <p>Fruit Choice</p>	<p>20 Peanut Butter and Jelly Uncrustable Sun Chips Cheese Stick Carrots & Celery w/ Ranch</p> <p>Fruit Choice</p>
<p>23 Hot Dog Doritos Celery & Carrots w/ LF Ranch</p> <p>Fruit Choice</p>	<p>24 BBQ Sandwich Mac & Cheese Steamed Broccoli Coleslaw</p> <p>Fruit Choice</p>	<p>25 Turkey & Cheese Sandwich Sliced Cucumbers Carrots w/ LF Ranch Sun Chips</p> <p>Fruit Choice</p>	<p>Summer Break 2022!</p>	
<p>25</p>	<p>26</p>	<p>27</p>		
<p>SCES ONLY - PB&J AVAILABLE AS 2ND OPTION FOR ENTRÉE DAILY!</p>			<p>Choice of chilled milk & fruit served with all meals.</p>	

May 2022

Sumter County Intermediate and Mid-



Monday	Tuesday	Wednesday	Thursday	Friday
2 Maple Burstin' Mini Pancakes OR Cereal & Yogurt	3 Chocolate Crecent OR Cereal Yogurt Cup	4 Breakfast Pizza OR Cereal &	5 Cinnamon Roll OR Cereal Yogurt Cup	6 Sausage Biscuit OR Muffin
9 Mini Blueberry Pancakes OR Cereal Yogurt Cup	10 Mini Banana Loaf OR Waffle Yogurt Cup	11 Sausage Biscuit OR Pop Tart & Smoothie	12 Apple Frudel OR Cereal Yogurt Cup	13 Chicken Biscuit OR Cereal Yogurt Cup
16 Chicken Biscuit OR Muffin	17 Cinnamon Roll OR Cereal Yogurt Cup	18 Chicken Biscuit OR Cereal & Pop Tart	19 Pancake Pup OR Cereal Yogurt Cup	20 Mini Banana Loaf OR Cereal Bar Smoothie
23 Mini Banana Loaf OR Waffle Yogurt Cup	24 Cinnamon Roll OR Cereal Yogurt Cup	25 Sausage Biscuit OR Cereal & Pop Tart	<div>CHOICE OF CHILLED MILK and VARIETY OF FRUIT AT EACH</div>	
<div>Special Notice to Adults: The following applies to all menu items: 1. 0 Trans fats 2. Low Sodium 3. Reduced Sugar 4. 51% Whole Grain Rich Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.</div>				
<div>SPRING BREAK - NO SCHOOL</div>				

May 2022

Sumter County Intermediate School



Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div>Cheese Bites w/ Marinara</div> <div>Hot Dog w/ Slaw</div> <div>Mac & Cheese, Steamed Broccoli</div>	<div>3</div> <div>Pizza</div> <div>Meatball Hoagie</div> <div>Cucumbers & Car- rots w/ Ranch</div>	<div>4</div> <div>Chicken Tenders w/ Honey Mustard & Dinner Roll</div> <div>Cheeseburger w/ lettuce & Tomato</div> <div>Crinkle Cut Fries, Pinto Beans</div>	<div>5</div> <div>Chicken Sandwich w/ Lettuce & Tomato</div> <div>BBQ Sandwich</div> <div>Baked Beans, Tater Tots</div>	<div>6</div> <div>PB&J Uncrustable w/ Mac & Cheese</div> <div>Corn Dog w/ Sun Chips & Salsa</div> <div>Celery & Carrots w/ Ranch</div>
<div>9</div> <div>Chicken Sandwich w/ Lettuce & Tomato</div> <div>Chili Dog w/ Slaw</div> <div>Sweet Potato Fries</div>	<div>10</div> <div>Cheeseburger w/ Lettuce & Tomato</div> <div>Deep Dish Pizza</div> <div>Corn, Celery & Car- rots w/ ranch</div>	<div>11</div> <div>PB&J Uncrustable w/ Mac & Cheese</div> <div>Spaghetti & Meat- balls w/ Roll</div> <div>Steamed Broccoli& Side Salad</div>	<div>12</div> <div>Chicken Tenders w/ Honey Mustard & Dinner Roll</div> <div>BBQ Sandwich</div> <div>Pinto Beans, Tater Tots</div>	<div>13</div> <div>Spicy Chicken Sand w/ Lettuce & Tomato</div> <div>Cheeseburger Mac w/ roll</div> <div>California Medley, Potato Wedges</div>
<div>16</div> <div>Chicken Alfredo w/ Penne, steamed broccoli and carrots</div> <div>Hot Dog w/ Sun Chips, Broccoli & Carrots w/ ranch</div>	<div>17</div> <div>PB&J Uncrustable w/ Mac & Cheese</div> <div>Corn Dog w/ Sun Chips & Salsa</div> <div>Celery & Carrots w/ Ranch</div>	<div>18</div> <div>Deep Dish Pizza, Corn, Side Salad</div> <div>Cheeseburger w/ Lettuce & Tomato, pickles, w/ Tater Tots</div>	<div>19</div> <div>Chicken Sandwich w/ Lettuce & Tomato, pickles</div> <div>BBQ, Mac & Cheese, roll</div> <div>Baked Beans, Potato Wedges</div>	<div>20</div> <div>Turkey Sandwich</div> <div>Chicken Tenders</div> <div>Sun Chips, Cucumber Slices, Carrot Sticks w/ ranch</div>
<div>23</div> <div>Pizza</div> <div>Meatball Hoagie</div> <div>Side Salad w/ ranch, corn</div>	<div>24</div> <div>Cheeseburger w/ Lettuce & Tomato, pickles</div> <div>Corn Dog w/ Sun Chips & Salsa</div> <div>Tater Tots, Carrots</div>	<div>25</div> <div>Ham Sandwich</div> <div>Turkey Sandwich</div> <div>Doritos, Carrots, Celery & Ranch</div>	<div>26</div> <div>CHOICE OF CHILLED MILK and VARIETY OF FRUIT AT EACH</div>	
<div>27</div>				
<div>Notice to Adults:</div>				

Special Notice to Adults:
The following applies to all menu items:

1. 0 Trans fats
2. Low Sodium
3. Reduced Sugar
4. 51% Whole Grain Rich

Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.

OUT FOR SUMMER BREAK - NO SCHOOL

"This Institution is an Equal Opportunity Provider and Employer."

May 2022



Sumter County Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Sandwich w/ baked beans <hr/> Smart Mouth Pizza <hr/> Salad <hr/> Salad w/ dressing, Mac& Cheese, carrots & celery Sticks	3 Hamburger Steak & Roll <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Mashed Potatoes w/ gravy, green beans, teddy graham	4 Chicken Tenders & Dinner Roll <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Green Peas, Seasoned Carrots, Side Salad, Roll	5 Chicken Alfredo w/ a twist <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Steamed Broccoli & Carrots	6 Cheeseburger w/ lettuce tomato, pickle <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Frech Fries, Baked Beans, Broccoli & Cauliflower w/ ranch
9 Chicken Tenders w/ Honey Mustard <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Sweet potato fries, side salad, black-eyed peas, teddy graham	10 Corn Dog <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Celery & Carrots w/ ranch, French fries, side salad, teddy graham	11 Oven Fried Chicken <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Sweet Potato, Mac & Cheese, Greens, Cornbread	12 Spaghetti w/ Meatballs in Sauce <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Broccoli, cucumber slices w/ ranch, side salad	13 Turkey & Cheese Sandwich <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Sliced Cucumbers & Carrots w/ LF ranch, Sun Chips, Dried Chick
16 Walking Taco (Doritos, lettuce, cheese, meat) <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Salsa Cup, Fruitable Juice, Doritos	17 Chicken Tenders w/ Potato Wedges <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Carrots, Celery & Ranch	18 Baked Potato Bar w/ Chili <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Broccoli, Seasoned Carrots, side salad	19 Roasted Turkey w/ Gravy <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Mashed Potatoes, Green Beans, Roll, Teddy, salad	20 Cheeseburger w/ lettuce, tomato, pickle <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Tater Tots, Carrots & Celery w/ ranch, pickle
23 BBQ Sandwich w/ baked beans <hr/> Smart Mouth Pizza <hr/> Salad <hr/> Salad w/ dressing, Mac& Cheese, carrots & celery Sticks	24 Cheeseburger w/ lettuce tomato, pickle <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Frech Fries, Baked Beans, Broccoli & Cauliflower w/ ranch	25 Turkey & Cheese Sandwich <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Sliced Cucumbers & Carrots w/ LF ranch, Sun Chips, Dried Chick	<div style="border: 2px solid black; padding: 10px; text-align: center;"> CHOICE OF MILK & FRUIT </div>	
<div style="border: 2px solid black; padding: 10px; text-align: center;"> SUMMER BREAK! </div>				<div style="border: 1px solid black; padding: 5px;"> <u>Special Notice to Adults:</u> <i>The following applies to all menu items:</i> 1. 0 Trans fats 2. Low Sodium 3. Reduced Sugar 4. 51% Whole Grain Rich <i>Detailed nutrient information can be seen at SNP Central Office by</i> </div>

May 2022

Sumter County High School Breakfast Menus

Offered Daily:
Choice of Muffin/Cereal Bar, Cereal and Yogurt with Fruit Choices,



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>French Toast Sticks OR Sausage Biscuit & Yogurt</i>	<i>Mini Pancakes w/ Sausage & Smoothie</i>	<i>Chicken Biscuit OR Pancake w/ Sausage & Yogurt</i>	<i>Breakfast Pizza OR Biscuit w/ Chicken Patty & Smoothie</i>	<i>Biscuit w/ Sausage OR Grape or Chocolate Crescent & Yogurt</i>

Special Hot Breakfast Tuesday/Thursday

Scrambled Eggs
Cheese Grits
Sausage Pattie
Hash Browns
Whole Grain Biscuit
Selection of Fruit & Juice
Milk Choice

Special Notice to Adults:

The following applies to all menu items:

1. **0 Trans fats**
2. **Low Sodium**
3. **Reduced Sugar**
4. **51% Whole Grain Rich**

Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.

May 2022

SUMTER COUNTY HIGH SCHOOL School Lunch Menus






Monday

Tuesday

Wednesday

Thursday

Friday

<div> <div>Pizza Station</div> <div>Individual Pan Pizzas: Pepperoni, Sausage, or Cheese– Daily Side Salad</div> </div>					
Grill Station	Chicken Tenders	Chili Cheese Dog	Boneless Hot Wings	Chicken Sandwich	<i>Spicy Chicken Tenders</i>
Salad Station	Chef Salad SW Taco Salad	Grilled Chicken Salad Chef Salad	SW Taco Salad Grilled Chicken Salad	Chef Salad SW Taco Salad	Grilled Chicken Salad Chef Salad
Sandwich Station	Turkey Ham & Cheese Sandwich w/ Lettuce & Tomato	Turkey Hoagie Sandwich w/ Lettuce & Tomato	Turkey Ham & Cheese Sandwich w/ Lettuce & Tomato	Turkey Ham & Cheese Sandwich w/ Lettuce & Tomato	Turkey Hoagie Sandwich w/ Lettuce & Tomato
Home-style Station	Spaghetti w/ Meats sauce	<i>Nacho Bar: Tortilla Chips, Queso Cheese, Taco Meat, Lettuce, Tomato, Salsa, Jalapenos, Sour Cream</i>	<i>Hamburger Steak w/ Rice & Gravy</i>	<i>Baked Fried Chicken w/ WG Roll</i> 	<i>General Tso's or Chili Thai Chicken w/ Rice</i>
DAILY SIDES 	Celery, Carrots & Ranch	Cucumber, Carrots & Ranch	Celery, Carrots & Ranch	Broccoli, Carrots & Ranch	Celery, Carrots & Ranch
	Crinkle Cut Fries	Potato Wedges	Crinkle Cut Fries	Potato Wedges	Cooked Broccoli
	California Blend	Black Beans	Black-eyed Peas	Baked Potato/ Sweet Potato	Cooked Carrots
	Side Salad	Salsa Cup	Mac & Cheese	Collard Greens	Tater Tots
	Cucumbers	Side Salad	Side Salad	Green Beans Side Salad	Corn Side Salad
<div> <div>DAILY CHOICES OF 3 FRUITS OR MORE!</div> <div></div> </div>					