


Menus for October 2025



**Owosso Public School District
Bentley Bright Beginnings**

USDA is an equal opportunity provider and employer. Menus

OPS Food & Nutrition Department

We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions.....
989.729.5486

Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's
<https://www.owosso.k12.mi.us/foodnutritionservices>

Wednesday, October 1

Breakfast

WG Breakfast Round
Fresh Pear
Michigan Milk

Lunch

WG Chicken Tenders
Mixed Fresh Vegetables
Fresh Apple
Michigan Milk

Thursday, October 2

Breakfast

WG Benefit Bar
Apple Sauce
Michigan Milk

Lunch

WG Macaroni & Cheese
WG Crackers
Green Peppers
Berry Cup
Michigan Milk

Friday, October 3

Breakfast

WG Banana Bread
MI Fruit Cup
Michigan Milk

Lunch

Perfect WG Pizza
Fresh Veg Cup
Berry Cup
Michigan Milk

Monday, October 6

Breakfast

WG Pancakes
MI Fruit Cup
Michigan Milk

Lunch

PopCorn Chicken
WG Zee Zee Crackers
Red Peppers
Fresh Apple
Michigan Milk

Tuesday, October 7

Breakfast

WG Banana Bread
Raisins
Michigan Milk

Lunch

Twin Cheeseburgers
Mashed Potatoes
Orange Wedges
Michigan Milk

Wednesday, October 8

Breakfast

WG Breakfast Round
Fruit Cup
Michigan Milk

Lunch

WG Garlic Cheesy Bread
Black Beans
Fruit Slushie
Michigan Milk

Thursday, October 9

Breakfast

WG Breakfast Bar
MI Fresh Apple
Michigan Milk

Lunch

WG Chicken Nuggets
Potato Tots
Fruit Cup
Michigan Milk

Friday, October 10

Breakfast

WG Benefit Bar
Fresh Fruit
Michigan Milk

Lunch

Perfect WG Pizza
Fresh Veg Cup
Fruit Cup
Michigan Milk

Monday, October 13

Breakfast

WG Breakfast Bun
100% Fruit Juice
Michigan Milk

Lunch

WG Chicken Shapes
WG Zee Zee Crackers
Baked Beans
MI Great Grapes
Michigan Milk

Tuesday, October 14

Breakfast

WG Benefit Bar
Michigan Apple
Michigan Milk

Lunch

WG Bean & Cheese Burrito
Salsa Cup
Sweet Corn
Orange Wedges
Michigan Milk

Wednesday, October 15

Breakfast

WG Sweet Roll
100% Fruit Juice
Michigan Milk

Lunch

Cheeseburger on a WG Bun
Potato Tots
Strawberry Cup
Michigan Milk

Thursday, October 16

Apple Crunch Day!

Breakfast

WG Strawberry PopTart
Fresh Banana
Michigan Milk

Lunch

WG Chicken Drumies
Broccoli
MI Fresh Red Apple
Michigan Milk

Friday, October 17

Breakfast

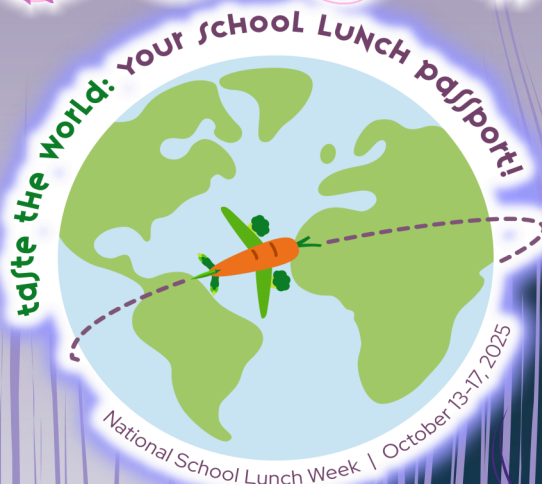
WG Waffle
AppleSauce
Michigan Milk

Lunch

Perfect WG Pizza
MI Fresh Veg Cup
Mixed Berry Cup
Michigan Milk

Available Daily

Fresh Fruit & Vegetable Bars
Whole Grain Crackers
Your Choice of
White or Chocolate Michigan Milk
Fresh Daily Salads w/Gold Fish Crackers
Monday—Peanut Butter & Jelly
Tuesday—Ham Sub Sandwich
Wednesday—Peanut Butter & Jelly
Thursday—Turkey Sub Sandwich
Friday-Grilled Cheese Sandwich



KIDS! Please join us to celebrate National School Lunch Week, October 13-17!

**STAY
ALERT
& BE
SAFE!**



**YOU NEVER
KNOW WHAT
YOU MIGHT
RUN INTO
OUT THERE!**

**YOU'RE
still
GOOD™**



**ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG**

Owosso Public School District—Food & Nutrition



Monday, October 20	Tuesday, October 21	Wednesday, October 22	Thursday, October 23	Friday, October 24
Breakfast WG Cinnamon Roll Fruit Cup Michigan Milk	Breakfast WG BeneFit Bar 100% Fruit Juice Michigan Milk	Breakfast WG Banana Bread Fresh Pear Michigan Milk	Breakfast WG Pop Tart MI Fresh Apple Michigan Milk	No School
Lunch WG Chicken Nuggets WG Crackers Grape Tomatoes Baby Carrots Great Grapes Michigan Milk	Lunch WG Burrito Salsa Cup Sweet Corn Red Apple Michigan Milk	Lunch Sack Lunch Lunch-able Fresh Vegetable Fresh Fruit Michigan Milk	Lunch Perfect WG Pizza MI Romaine Salad MI Strawberries Mixed Fresh Vegetables Michigan Milk	
Monday, October 27	Tuesday, October 28	Wednesday, October 29	Thursday, October 30	Friday, October 31
Breakfast WG Breakfast Round 100% Fruit Juice Michigan Milk	Breakfast WG Pancakes Fresh Fruit Michigan Milk	Breakfast WG Banana Bread Red Apple Slices Michigan Milk	Breakfast WG Waffle AppleSauce Michigan Milk	Breakfast WG Benefit Bar Banana Michigan Milk
Lunch WG Popcorn Chicken WG Crackers Cooked Carrots Apple Sauce Michigan Milk	Lunch WG Beef & Cheese Taco Refried Beans Sweet Corn Fresh Orange Michigan Milk	Lunch WG Rotini WG Garlic Stick Fresh Cut Cucumber Fruit Cup Michigan Milk	Lunch Perfect WG Pizza MI Tossed Romaine Salad Berry BOOO! Cup Michigan Milk	Lunch Sack Lunch Lunch-able Fresh Vegetable Fresh Fruit Michigan Milk