

Laguna Division of Early Childhood



December 2021 Newsletter

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DECEMBER

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ISSUE

Dates to Remember Early Head Start Articles

- 1) *Sunny Side/Chinatown*
- 2) *Turquoise Springs*
- 3) *Casa Blanca/Village*

Pre School Head Start Articles

- 4) *Seama*
- 5) *Encinal*
- 6) *Mesita*
- 7) *Laguna*



Bus Reminder
Social Worker
Flyers



- ⇒ **December 10th**-Rattle Making / Parent Education—Time Management @ 2:00pm via zoom (**See Flyer**)
- ⇒ **December 22nd**— Winter Dance (**students only**)/ Diaper & Formula Distribution (**Virtual Learners Only- See Flyer**)
- ⇒ **December 23rd**— 1/2 a day Early Dismissal
- ⇒ **December 24-January 7th**— Winter Break— Children will return on Monday, January 10, 2022



Early Head Start

Sunnyside/Chinatown Classroom

Teachers: Andrea Lucario & Lorisa Pacheco

Evelyn Garcia & Sandra Lewis



Contact Information:

(505) 552-6544 ext. 5201

Emails: a.lucario@lagunaed.net,
l.pacheco@lagunaed.net,
e.garcia@lagunaed.net and
s.lewis@lagunaed.net

What we are learning:

Virtual Learners: Interaction with teachers and EA's. Learning songs through sign language, engaging in books and activities.

In-person Learners: Interacting with adults and peers, getting into a daily routine, feeding themselves and learning to walk & crawl.



Self regulation

self regulation

What is self regulation?

According to News You Can Use, an article series you can read in the Office of Head Start ECLKC website, self regulation is the ability to "manage powerful emotions and keep one's attention focused." Simply put, it is a learned skill that helps us to calm ourselves when having strong feelings. Our infants and toddlers can learn this skill through positive and nurturing interactions with their parents and caregivers.

Sunnyside & Chinatown News!



We'd like to welcome Sandra Lewis into our infant/toddler classrooms! She has kindly agreed to partner with Evelyn in the Chinatown classroom. Both classrooms continue to support each other by combining the rooms until Chinatown classroom is ready to welcome their children.

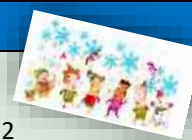
Ms. Margaret has been given a new opportunity to help teachers and students throughout the DEC program. Although she isn't active as a teacher, she still visits the children and is welcomed with a smile!

Upcoming Events/Reminders



December 10—Rattle Making with reused items

December 22—Winter Dance



Early Dismissal 1/2 day-December 23, 2021 Winter Break December 24, 2021-January 7, 2022

Parent Tip

From *News You Can Use: Approaches to Learning Part 1*

For infants:

Maintain a calm attitude and presence. Infants are "tuned in" to adults' emotions; your calmness can help infants manage strong emotions, especially when they are not calm!

Birthday/Celebrations

Birthdays

Diana turns 1 years old!

She walks by herself!

HAPPY BIRTHDAY



Celebrations

Josiah walks while holding hands!

2 children are learning to walk, and 1 child is learning to crawl!

Ryan, Michaela, and Marlea are beginning to take steps—Ryan has taken 5 steps on his own. Michaela and Marlea have each taken 3 steps.

CELEBRATION

At home Activities

Home activities are sent from the lesson plan every week through the Teaching Strategies Family App.

Note: Home activities will be sent home prior to the Winter Break.

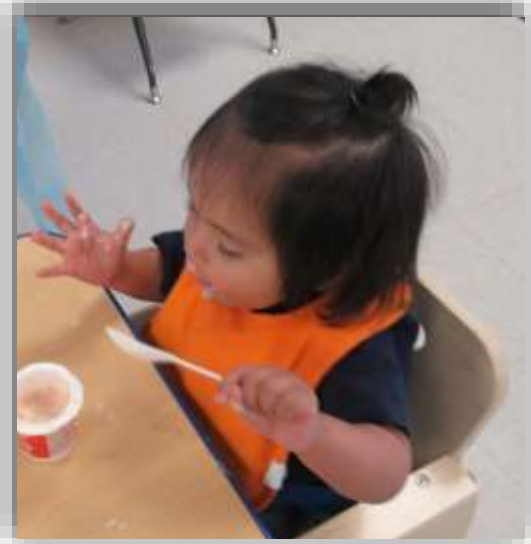


Have a wonderful Christmas Season! Be Safe and ENJOY time with your family!



Feeding ourselves. . .

not
always
a clean
job,
but
plenty
fun!



Turquoise Springs

We Wish You a Merry Christmas

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v.deutsawe@lagunaed.net

What we are learning:	Classroom News!
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- The first letter in our name
- Counting 1-5 in English and Keres
- Matching pictures
- Fine motor skills– using drawing and writing tools
- Learning kindness– sharing with one another and saying sorry. Recognizing emotions
- Self-regulations– Breathing-using the S.T.A.R
- Taking care of own needs– learning to be independent, potty training, using open cup and table manners



We will be learning about music and traditional food in December

- Chili Stew
- Deer Dinners
- Oven Bread
- * Deer Dances
- * Follow The Leader
- * Buffalo Dances



Upcoming Events/Reminders

*December Winter Program — *TO BE ANNOUNCED*
*Winter Break — December 24-January 7, 2022

*Early Dismissal — 1/2 a day on December 23, 2021
*Children Return Back to School—January 10,2022



- ⇒ Upon returning to school PLEASE remember to send your child with a mask.
- ⇒ Dress your child in layers, and according to the weather.



Parent Tip	Birthday/Celebrations	At-home Activities
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Thank you Parents, for encouraging your children to come to school everyday. You are all doing an awesome job.



Thank you, for encouraging your child to stays safe by wearing their mask and washing their hands.

Thank you parents for all participating in Parent Teacher Conferences :)



We teachers would like to celebrate our children and families for coming to school daily and being able to adapt to the challenges that we are all enduring.

Prayers and blessings for all families that we will be able to celebrate a new year and get back to a normal with all our loved ones.



- Count item with child in English and Keres at home such as cereal, cars, pom- poms, rocks etc..
- Have conversations at meal times in English and Keres
- Go for nature walks and talk about what you see
- Matching games: match socks, shoes, clothing items etc..
- Read a book everyday
- Let child be a helper: put toys away help set the table, wipe the table etc..

Village/Casa Blanca

Teacher Juana & Teacher Annabelle

Contact Information:

Email: j.natseway@lagunaed.net and a.garcia@lagunaed.net

Phone: 505-552-6544 Ext. 5441

What we are learning:

- To recognize & name a few letters in their name.
- To identify a few basic shapes (circle, square, triangle).
- To demonstrate concern about the feelings of others.
- To jump over a small object.
- To use three-five word sentences.
- To place objects in two or more groups based on differences in a single characteristic (color, size, or shape).



Village/Casa Blanca News!



Inspecting a Stink Bug



Upcoming Events/Reminders



December 10—Rattle Making

December 22—Winter Dance

December 23—Half Day of school

December 24—January 7 Winter Break



Parent Tip

Here are some tips for your child to recognize letters in their name:

- ◆ Point and name the letters in their name.
- ◆ Read letter books.
- ◆ Focus on a few letters of their name.
- ◆ Repetition is key.



Birthday/Celebrations



C. M-K.—Dec. 18



- Thank you parents for sending your children to school daily.
- All children are out of diapers and now in pull-ups.



At home Activities

- * Cutting activities. 
- * Dance to silly songs together.
- * Draw faces with different emotions. 
- * Continue to read every night & fill out reading log.



Nature Walk



Pre-School Head Start

Seama Room- Zee'yama Guy'yah

Teachers: Faye Peacock & Angel Day

Teacher Contacts: *Faye Peacock:* Cell # 239-4385 Email: l.peacock@lagunaed.net

Angel Day: Cell # 505-337-9080, Email: a.day@lagunaed.net

What we are learning:

Classroom Name News!

-Children are learning about signs on the road, and what they mean. Traffic signs tell you about traffic rules, hazards, where you are, how to get where you are going, and where services are located.

-Children know traffic signs appear in many shapes, like octagons and triangles, ovals and circles, squares and rectangles. Octagon shapes typically means STOP.

-Some colors are used for traffic signs like; Red, Yellow, Orange, Green, Blue Red (Stop), Yield, or Prohibited. Yellow-Warning... At a YIELD sign, slow or stop and give the right of way to cross traffic.

-Children are utilizing the signs that are placed outside during outdoor play; Stop Sign & One Way Sign.



- Seama Room children are learning first letter of names, letters of the alphabet and letter sounds.
- We are tracing our names, encourage correct pencil grip, writing in lots of different ways and with many different mediums (in the sand, with chalk, in the air, in the mud and with paint)

- Children are beginning to recognize their classmates names.
- Singing the ABC song and recognizing some letters of the alphabet's.



- Children are using many tools to write with makes; it is lots of fun.



Upcoming Events/Reminders

- Dec. 10 Rattle making/Nutrition Activity Red/Green fruits and vegetables
- Dec. 13-17 Winter Programs (To be announced)
- Dec. 22 Winter Dance (Students only)
- Dec. 23-Early dismissal / 24 Winter Break Begins. Students Return back to school on January 10, 2022. Happy New Year!

Zoom Rules for Virtual Learners



Parent Tip

-Encourage your child to continue to play on the Hatch Tablet for about 15 to 20 minutes a day.

-Remind your child to wash hands after play.

-Get enough rest at night.

-Dressing for winter, dress your child in layers and according to the weather.

Birthday/Celebrations

-Thank you to all Parents that completed Parent Teacher Conferences. You Rock!!!



Wishing Family and Friends a Safe and Joyous Holidays. Be Safe and Merry!

Happy Holidays!

At home Activities

-Putting child's name on personal items at home with big letters using uppercase and lower case letters (letter recognition).

-As a family take a walk look for the fall changes leaves turning color, birds, sunsets.



Encinal Classroom

Teacher Candice, Ms. Maddie & Ms. Shantel

Contact Information –505-552-6544 ext. 5110

C.lucero@lagunaed.net M.francis@lagunaed.net S.lucero@lagunaed.net

What we are learning:

We continue to learn our Alphabet song by adding some sign language for each letter and the sounds that each letter makes.

We learned about the different signs we see around our communities and what the signs are used for. The shape of the sign and the colors. One day there was a song that we were able to dance and sing along to, that had some of the common food signs “Pizza Hut song”.

Mrs. Millie Chino has been coming into our classroom to assist with the Keres language, teaching the children to say “deer, antelope, elk, turkey, rabbit, bear, fall, and mountains” in Keres.



Encinal Classroom News!

Shout out to J. Natseway & family for **PERFECT ATTENDANCE** for the first 4 months of school. (virtually)

Thank you to the rest of the class for attending in person school but also a BIG thank you for keeping your child home when he/she is sick.

We would like to Welcome our new friends who have transitioned into Encinal Room: D. Whitmore and J. Chinana; also a new friend who will join our class K. Sanchez

We want to continue to encourage you to dress your child in weather appropriate clothing. Checking their bags daily, if their clothes are sent home, please replace them with more. Thank you



Welcome friends

Upcoming Events/Reminders

December 23, 2021-1/2 Early Dismissal. NO SCHOOL-December 24, 2021-Monday January 10, 2022. Enjoy your time together for the Holidays and we will look forward to seeing you all when we return. Merry Christmas and Happy New Year!!!

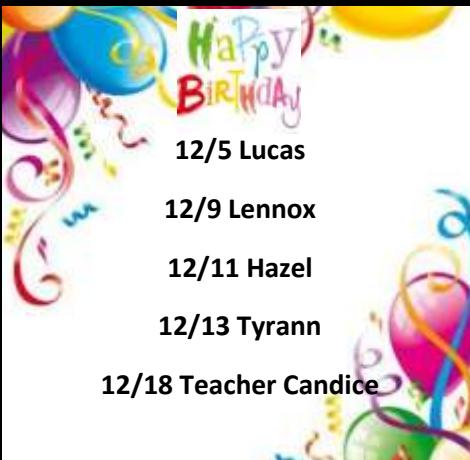
Parent Tip

Thank you parents for reading books to your child and signing their reading log, we appreciate this.



Check your child’s folders for any notes being sent home, also for those who have not sent back their folder please do so.

Birthday/Celebrations



12/5 Lucas

12/9 Lennox

12/11 Hazel

12/13 Tyrann

12/18 Teacher Candice

At home Activities

Continue with tracing their names, numbers, shapes, and colors.

Using the scissors to cut paper.



Haadzaatya (Mesita) Room

Teacher Marissa & Teacher Kailyn

m.analla@lagunaed.net
kailyn.aragon@lagunaed.net
 (505)552-6544 ext.5107




What we are learning:	Mesita News!
<p>Children have been writing their first and last name more legible and small enough to fit on the line of their paper.</p> <p>Recognizing the meaning of community signs. When showing pictures of signs, children will name what the sign is or what it means and they recognize where the common signs can be found.</p> <p>Pointing out STOP signs when going for walks. Comprehending what they mean.</p> <p>Practicing simple math. Adding, practicing with money, quantifying, counting.</p> <p>Children creating colors by mixing 2 colors.</p> <p>Continuing to practice independency.</p>	<p>Children in Mesita Room have begun to use the Keres language more in the classroom including simple commands, numbers, colors, and the morning prayer.</p> <p>Haadzaatya room children were given the experience to have mealtime outdoors. Children enjoyed being outdoors by telling teachers, "This is fun. Can we do it again?"</p> <p>For the month of November, we had the experience of taking a walk to observe the local road signs. The children noticed the fire hydrant and they asked a lot questions, what is it for, how is used and why it is on the side of the road, and talked about the features of the fire hydrant.</p> <p>Thank you families for allowing us to meet for Parent Teacher Conference. We enjoyed discussing how your children are doing and how far they have come.</p>

Upcoming Events/Reminders

December 10 Rattle Making

December 13-17 Winter Programs (Event TBD) Teachers will keep families posted

December 22-January 10 Winter Break

Parent Tip	Birthday/Celebrations	At home Activities
<p>Allow children to practice independence by doing for self. Ex. If child runs into a problem, give children time to solve their problem, and if needed, give 1-2 solutions (breathing and/or a positive affirmation).</p> <p>Call the center for any questions or clarification and call will be transferred to Haadzaatya room.</p> <p>Daw'wah'eh Families!!!</p>	<p>Big shout out to our in-person learners who can now open their milk carton on their own during mealtime.</p> <p>THANK YOU FAMILIES, for getting your child who have turned 5 their COVID-19 vaccination. You are helping to keep our friends, families and community safe. We appreciate the decision you have made.</p>	<p>As we move into our new theme, MUSIC, allow children to use home materials to create their own musical instruments.</p> <p>Sing songs while in the car or before mealtime.</p> <p>Have a karaoke night and record children engaged in singing and dancing.</p> 

Laguna Classroom

Ms. Yvonne & Ms. Caundice

Contact Information:

(505) 552-6544 ext. 5108

Emails: y.francis@lagunaed.net/c.deutsawe@lagunaed.net



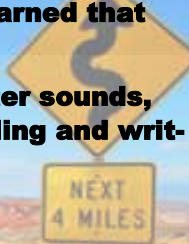
What we are learning:

The month of November we learned all about Signs, all kinds of Signs, children learned that signs are used to keep us safe!

Children are learning beginning letter sounds, and are working on perfecting spelling and writing their names.



We are so proud of the children they are picking up on the Keres language and singing days of the week in keres.

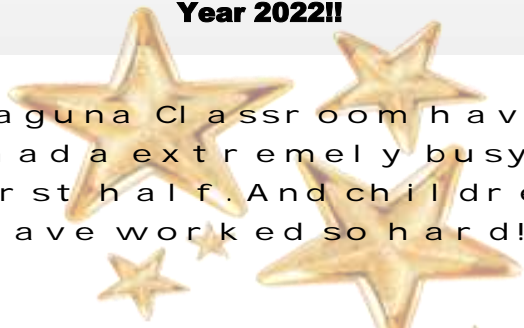


Laguna Classroom News!

Wow! We're already heading towards the New Year 2022!!

Laguna Classroom have had a extremely busy first half. And children have worked so hard!!

Thank You Parents for meeting with us for Parent/Teacher Conferences.



Upcoming Events/Reminders

December 13th— Laguna Classroom Winter Program

December 23rd— Early Dismissal

December 24th— January 10th— Winter Break!

Parent Tip

Read a Book with your child every day!

When children or you are feeling overwhelmed take some deep breaths, and do STAR breathing, ask your child to teach you, they have learned this technique in class.

Continue to be Safe and Practice COVID-19 practices.



Birthday/Celebrations



VERY GOOD

ATTENDANCE !!



At home Activities

Play a game of "Duck, Duck Goose" children really enjoyed playing it in class!!

Take a walk with your child, fresh cool air does the body Good!

Get plenty of rest over the Holiday break!

DEC Bus Routes

"Working together to ensure your child has a safe and memorable riding experience".



Bus Drivers :

Bus #1- Tiffany Touchin

Bus #3 -Faye Peacock

Bus #7 -Yvonne Francis

Transportation

DEC Bus Routes & Times are subject to change at any moment, due to the lack of drivers, DEC works hard at trying to remain consistent.

Thank you for your patience & understanding!



Reminders

Friendly Reminders:

- **Be waiting 10 minutes before or after your schedule pick up/ drop off times.**
- **Practice Social Distancing**
- **Please wear your mask at the bus stop**
- **Weather is changing, please dress according to the weather**
- **Encourage your child to step down and out, please DO NOT JUMP!**
- **Update your contacts**



Contact Information

Contact Information: Laguna Head Start School Phone: 552-6544



Social Worker

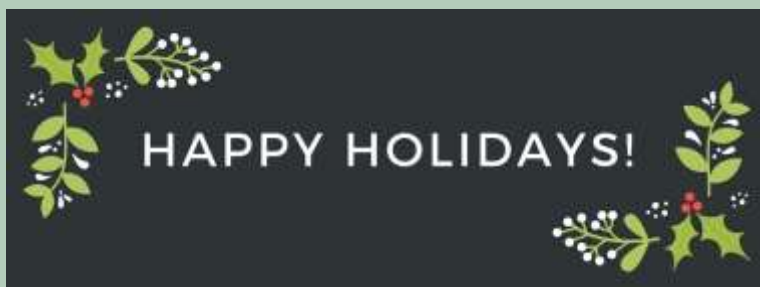
Tawnia Manuelito



Information

Hello parents/guardians,

As we gear up for the holidays something most of us relate to is the struggle with time management and getting all those last minute holiday details and gifts. Time management is the essence of planning to get all our important tasks completed. Time management increases when we are not rushing to complete it ahead of a fast approaching deadline, we gain a sense of fulfillment, relieves stress, and increases our self-discipline. Time management also improves our ability to make decisions. Effective time management helps us complete more in less time because our attention is focused and we're not wasting time on distractions. Please mark your calendars for a parent education training in which I will talk more about the importance of time management.



Parent Education

Parent Education: Time Management 12/10/2021
at 12 pm.

Join Zoom Meeting

[https://us02web.zoom.us/j/81747080870?
pwd=bUc3Wm81ZE0xVnFJM1h6NONLU1Qzdz09](https://us02web.zoom.us/j/81747080870?pwd=bUc3Wm81ZE0xVnFJM1h6NONLU1Qzdz09)

Meeting ID: 817 4708 0870

Passcode: 951668

Join by phone:

1- 346- 248- 7799

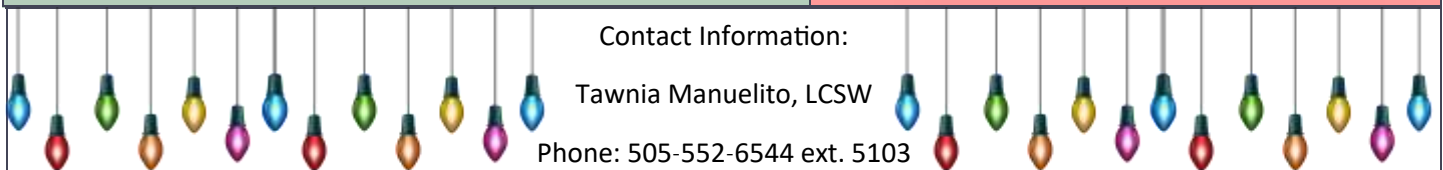


Contact Information:

Tawnia Manuelito, LCSW

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Parent Education- TIME MANAGEMENT

Presented by: Tawnia Manuelito, LCSW

FRIDAY DECEMBER 10, 2021 @ 12 PM

VIA ZOOM

[HTTPS://US02WEB.ZOOM.US/J/81747080870?PWD=BUc3Wm81ZE0xVnFJM1H6N0NLU1Qzdz09](https://us02web.zoom.us/j/81747080870?pwd=BUc3Wm81ZE0xVnFJM1H6N0NLU1Qzdz09)

Meeting ID: 817 4708 0870

Passcode: 951668

Join by phone: 1-346-248-7799

MANIPULATIVES, DIAPER/PULL-UP & FORMULA DISTRIBUTION



MANIPULATIVES, DIAPER/PULL-UP & FORMULA DISTRIBUTION SCHEDULE

VIRTUAL LEARNING ONLY!!

Manipulatives, Diapers/Pull-Ups and Formula.

Please call the center prior to your arrival for pick up on the scheduled dates.

DEC Program Phone: (505) 552-6544

From 9:00 am to 3:00 pm on the following dates:

- December 22, 2021
- February 23, 2022
- May 18, 2022

