Amite County High School

September 2021 Breakfast Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Sep - 1  French Toast Sticks  OR  Breakfast Bread  Fresh Fruit  Fruit Juice  Milk | Sep - 2  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 3  Breakfast Pizza  OR  Mini Pancakes  Yogurt  Fresh Fruit  Fruit Juice  Milk |
| Sep – 6 School Holiday | Sep - 7  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 8  Pop Tart  OR  Cereal bar  Yogurt  Fresh Fruit  Fruit Juice  Milk | Sep - 9  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 10  Croissant  Scrambled Egg Patty  Bacon Strips  Jelly  Yogurt  Fresh Fruit  Fruit Juices  Milk |
| Sep - 13  Banana Muffin  OR  Cereal Bar  Yogurt  Fresh Fruit  Fruit Juice  Milk | Sep - 14  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 15  French Toast Sticks  OR  Breakfast Bread  Fresh Fruit  Fruit Juice  Milk | Sep - 16  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 17  Breakfast Pizza  OR  Mini Pancakes  Yogurt  Fresh Fruit  Fruit Juice  Milk |
| Sep - 20  Pop Tart  OR  Cereal bar  Yogurt  Fresh Fruit  Fruit Juice  Milk | Sep - 21  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 22  Sausage & Pancake on a Stick  Snack Crackers  Fresh Fruit  Fruit Juice  Milk | Sep - 23  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 24  Croissant  Scrambled Egg Patty  Bacon Strips  Jelly  Yogurt  Fresh Fruit  Fruit Juices  Milk |
| Sep - 27  Banana Muffin  OR  Cereal Bar  Yogurt  Fresh Fruit  Fruit Juice  Milk | Sep - 28  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk | Sep - 29  French Toast Sticks  OR  Breakfast Bread  Fresh Fruit  Fruit Juice  Milk | Sep - 30  Biscuit  Sausage  Jelly  Fresh Fruit  Fruit Juices  Milk |  |

For Breakfast we will offer a serving of Grain, Fruit, Fruit Juice, Milk, and meat/meat alternative. Each participating student may pick up all items offer, they must pick up Fruit or Fruit Juice and 2 other items.

\*Milk served daily: fat-free Chocolate and low-fat white milk.

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*

