

Monday

Offered Daily:

- *Peanut Butter & Jelly Powerpacks
- *Pizza Powerpacks
- *Wraps/Sandwiches
- *Salads

Tuesday

Wednesday

Thursday

Friday

5

Nugs
Chicken Nuggets
Sweet Potato Fries
Melba Sauce
Garlic Bread Stick
Sliced Cucumbers

6

6

Walking Taco
Seasoned Ground Beef w/Doritos
Lettuce, Tomato, Shredded Cheese
Corn
Black Beans

7

8

Mac 'n' Cheese
Macaroni and Cheese
WW Dinner Roll
Roasted Broccoli
Cherry Tomatoes

1

8

9

Sampler Platter
Popcorn Chicken
Mozzarella Sticks
Onion Rings
Green Beans
Baby Carrots

2

9

10

Dipper Day
Cheese filled Breadsticks
Marinara Sauce
Mixed Vegetables
Red Pepper Strips

3

11

Chicken Patty
Chicken Patty on WW Roll
Fries
Green Beans
Baby Carrots

12

13

Quesadilla Day
Cheese or Chicken on a WG Tortilla
Steamed Corn
Refried Beans
Sliced Cucumbers

14

15

Mozzarella Sticks
Mozzarella Sticks
Marinara Sauce
Garlic Bread
Roasted Carrots
Cherry Tomatoes

16

17

Chicken Parm
Breaded Chicken Patty w/ Sauce
Seasoned Pasta
Zesty Green Beans
Red Pepper Strips

18

NO SCHOOL

19

20

Chicken Tenders
Chicken Tenders
Tater Tots
Corn
WW Dinner Roll
Red Pepper Strips

21

22

Pizza Crunchers
Cheese & Sauce filled Breadsticks
Peas
Cherry Tomatoes

23

24

Corn Dogs
Corn Dog
Curly Fries
Macaroni Salad
Mixed Vegetables

25

26

French Bread Pizza
Cheese or Pepperoni Pizza
Roasted Cauliflower
Toss Salad

27

NO SCHOOL

28

NO SCHOOL

29

30

Chicken Club
Grilled Chicken on Texas Toast
Bacon, Lettuce, & Cheese
Fries
Broccoli Salad
Cookie

31

32

Wrap Day
Grilled Chicken on WG Wrap w/ Lettuce, Cheese
Tater Tots
Variety of Sauces
Sliced Cucumbers

33

34

Loaded Fries
Seasoned Ground Beef or Chicken
Waffle Fries
w/ Nacho Cheese
Peas
Red Pepper Strips

35

36

Eagles Bowl
Popcorn Chicken, Mashed Potatoes w/Gravy
Steamed Corn
WW Garlic Parmesan Dinner Roll

37

38

Dipper Day
Cheese filled Breadsticks
Marinara Sauce
Mixed Vegetables
Baby Carrots

39

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email scheffco@hlcs.org