

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage & Egg Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk</p> <p>3</p>	<p>Panther Sandwich Fruit & Yogurt Parfait Cereal & Grahams Fruit, Juice & Milk</p> <p>4</p>	<p>Sausage Gravy & Biscuit Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk</p> <p>5</p>	<p>Ham, Egg & Cheese Croissant Pancakes Cereal & Grahams Fruit, Juice & Milk</p> <p>6</p>	<p>BREAK # 1</p> <p>NO SCHOOL</p> <p>7</p>
<p>BREAK # 1</p> <p>NO SCHOOL</p> <p>10</p>	<p>BREAK # 1</p> <p>NO SCHOOL</p> <p>11</p>	<p>Sausage Gravy & Biscuit Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk</p> <p>12</p>	<p>Ham, Egg & Cheese Croissant Pancakes Cereal & Grahams Fruit, Juice & Milk</p> <p>13</p>	<p>Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk</p> <p>14</p>
<p>Sausage & Egg Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk</p> <p>17</p>	<p>Panther Sandwich Fruit & Yogurt Parfait Cereal & Grahams Fruit, Juice & Milk</p> <p>18</p>	<p>Sausage Gravy & Biscuit Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk</p> <p>19</p>	<p>Ham, Egg & Cheese Croissant Pancakes Cereal & Grahams Fruit, Juice & Milk</p> <p>20</p>	<p>Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk</p> <p>21</p>
<p>Sausage & Egg Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk</p> <p>24</p>	<p>Panther Sandwich Fruit & Yogurt Parfait Cereal & Grahams Fruit, Juice & Milk</p> <p>25</p>	<p>Sausage Gravy & Biscuit Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk</p> <p>26</p>	<p>Ham, Egg & Cheese Croissant Pancakes Cereal & Grahams Fruit, Juice & Milk</p> <p>27</p>	<p>Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk</p> <p>28</p>
<p>Sausage & Egg Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk</p> <p>31</p>				

National School Breakfast Week is March 3-7th!

Variety of Local Apples from F.T. Valley Farm in Sperryville!

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager. Register and create an account for your child at www.K12PaymentCenter.com to add money and view purchases. "This is an equal opportunity provider."



MARCH 2025

Rappahannock County Elementary School

Student Lunch – FREE

Adult Lunch – \$4.63

Monday

Cheeseburger w/ Lettuce & Tomato **3**
Green Beans & Onion Rings
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

BREAK # 1

NO SCHOOL

Tuesday

BBQ Chicken & Cornbread **4**
Mashed Potatoes
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

BREAK # 1

NO SCHOOL

Wednesday

Chicken, Bacon & Ranch Wrap **5**
Fries & Carrots
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Crispy Chicken Sandwich **12**
Corn & Baked Beans
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Chicken Quesadilla w/ Southwest Rice **19**
Pinto Beans & Salsa
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Sweet & Sour Chicken w/ Rice **26**
Broccoli
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Thursday

Chicken Alfredo w/ Breadstick Corn & Peas **6**
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

French Toast Casserole & *Local Sausage Links **13**
Hash Brown & Baked Apples
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Chicken Noodle Soup w/ Grilled Cheese **20**
Peas & Sweet Potatoes
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Meatball Hoagie w/ Provolone Cheese **27**
Green Beans & Onion Rings
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Friday

BREAK # 1

NO SCHOOL

Chicken Nuggets & Roll w/ Panther Sauce **14**
Fries & Green Beans
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

EARLY RELEASE **21**
Bagged Lunch
Turkey & Cheese Sandwich
PB&J Sandwich
Chips & Carrots
Fresh Fruit & Milk

Cheese Pizza **28**
Fries & *Kale Salad
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Chicken Fajitas w/ Peppers, Onions & Spanish Rice **31**
Refried Beans
PB&J Sandwich
Salad Bar & Baked Potato
Fresh Fruit & Milk

Harvest of the Month is Kale! Featured Menu Item is Kale Salad on March 28th!

Local Sausage Links from Papa Weaver's Pork in Orange! Featured w/ French Toast Casserole on the 13th! Variety of Local Apples from F.T. Valley Farm in Sperryville!

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