

May 2022

STARK COUNTY JUNIOR HIGH/ HIGH SCHOOL MENU

<p>2 Monday WG Cereal, WG Breakfast Bar, Juice, Fruit</p> <p>WG Roll, WG Chicken Nuggets, WG Pepperoni Panini, Salad Meal, Deli Sandwich or Yogurt Meal, Mashed Potatoes/Gravy, Corn, Peaches, Fresh Fruit and Veggies</p>	<p>3 Tuesday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice</p> <p>Chicken Nachos (WG Chips, Chicken Taco Meat, Queso Blanco), Deli Sandwich, Yogurt Meal, Salad Romaine, Refried Beans, Salsa, Pears, Fresh Fruit and Veggies</p>	<p>4 Wednesday WG Cereal, WG Muffin, Fruit, Juice</p> <p>WG Bun, Tenderloin, Strawberry Smoothie Meal, Salad, Deli Sandwich, Yogurt Meal, Sweet Potato Fries, Oven Potatoes, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>5 Thursday WG Breakfast Bagel, WG Cereal, Fruit, Juice</p> <p>WG Roll, Chicken Teriyaki Bites, Quesadilla, Salad, Yogurt Meal, Deli Sandwich WG Chicken Rice, Broccoli w/ Cheese, Carrots, Mandarin Oranges, Fresh Fruit and Veggies</p>	<p>6 Friday WG Donut, WG Cereal, Fruit, Juice</p> <p>WG Pizza, Salad, Deli Sandwich, Yogurt Meal, Romaine/Lettuce, Green Beans, Mixed Fruit, Sidekicks, Fresh Fruit and Veggies</p>
<p>9 Monday WG Cereal, WG Pancake on a Stick, Fruit, Juice</p> <p>WG Roll, WG Fish Sticks, ,WG Pepperoni Panini, Deli Sandwich, Salad, Yogurt Meal, Green Beans, Lettuce, Mixed Fruit, Fresh Fruit and Veggies</p>	<p>10 Tuesday WG Bagel, Cream Cheese, WG Cereal, Fruit, Juice,</p> <p>Pulled Pork Horseshoe (WG Toast, Pulled Pork), Yogurt Meal, Salad, Deli Sandwich Oven Fries, Cheese Sauce, Peaches, Fresh Fruit and Veggies</p>	<p>11 Wednesday WG Cereal, Omelet, Sausage, Fruit, Juice</p> <p>Taco in a Bag (Taco Meat, WG RF Nacho Cheese Doritos, Shredded Cheese), Strawberry Smoothie Meal, Salad, Deli Sandwich, Yogurt Meal, Refried Beans, Salsa, Cinnamon Applesauce, Fresh Fruit and Veggies</p>	<p>12 Thursday WG Honey Bun, WG Cereal, Fruit, Juice</p> <p>Hot Ham and Cheese on WG Bun, Quesadilla, Salad, Yogurt Meal, Deli Sandwich Peas, Hot Apple Slices, Fresh Fruit, and Veggies</p>	<p>13 Friday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread, Salad, Deli Sandwich, Salad or Yogurt Meal Marinara, Romaine. Pineapple, Ice Cream Cup, Fresh Fruit and Veggies</p>

<p>16 Monday WG Cereal, WG Pop Tart, Juice, Fruit</p> <p>WG Roll, Salisbury Steak, WG Pepperoni Panini, Salad, Deli Sandwich or Yogurt Meal, Mashed Potatoes w/ Gravy, Corn, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>17 Tuesday WG Muffin, WG Cereal, Fruit, Juice</p> <p>WG Bun, BBQ Rib, Yogurt Meal, Salad, Deli Sandwich, Green Beans, Carrots, Pears, Fresh Fruit and Veggies</p>	<p>18 Wednesday WG Donut, WG Cereal, Fruit, Juice</p> <p>WG Tortilla, Taco Meat, Shredded Cheese, Strawberry Smoothie Meal, Salad, Deli Sandwich or Yogurt Meal, Refried Beans, Salsa, Romaine, Fresh Fruit and Veggie, Peaches</p>	<p>19 Thursday WG Cereal. WG Cinnamon Roll, Fruit, Juice</p> <p>WG Bun, Hamburger, Cheese Slice, Quesadilla, Salad, Deli Sandwich or Yogurt Meal, Oven Potatoes, Mixed Fruit, Fresh Fruit and Veggies</p>	<p>20 Friday WG Cereal, WG Funnel Cake, Syrup, Fruit, Juice</p> <p>WG Chili Crispito, Salad, Deli Sandwich or Yogurt Meal, WG Chips, Salsa, Romaine, Pineapple, WG Cookie Fresh Fruit and Veggies</p>
<p>23 Monday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice</p> <p>WG Corn Dog, Salad, WG Pepperoni Panini, Deli Sandwich or Salad Fruit and Veggies</p>	<p>24 Tuesday WG Cereal, WG Donut, Fruit, Juice</p> <p>WG Bun, WG Chicken Patty Salad, Deli Sandwich, Yogurt Meal, Fruit and Veggies</p>	<p>Have a Great Summer Break</p>		
<p>Mashed Potatoes contain sulfites and can cause allergic reactions</p>	<p>1 % White and Chocolate Milk are offered at all Meals</p> <p>Fat Free and Regular Dressings, Ketchup, Mustard, BBQ Sauce, Mayo, are offered at Lunch</p> <p>LEVEL UP REBEL UP</p>			<p>MENU IS SUBJECT TO CHANGE Our Breakfast are Offer vs. Serve. Children can pick 3 out 4 item served as long as 1 of the items is ½ cup of fruit.</p> <p>Lunches are offer vs. serve also. Children can pick 3 out of the 5 meal Groups. (Meat/Meat Alternative, Fruits, Vegetables, Grains, Milk) as long as the child has a ½ cup of fruit or vegetables on their tray with at least 2 other full components. Take all 5 components for BEST NUTRITION</p>