

NOVEMBER 2023 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Frosted Flakes</i> 30 <i>1/2 English Muffin</i> <i>Apple Wedges</i> <i>Choice of Milk</i> Chicken Nuggets French Fries/Broccoli Apple Wedges Choice of Milk	<i>Scrambled Eggs</i> 31 <i>Cheese / Tortilla</i> <i>Applesauce</i> <i>Choice of Milk</i> Hot Dog Baked Beans Carrots Sticks/Grapes Choice of Milk	<i>Blueberry Bagel</i> 1 <i>Cream Cheese</i> <i>Cherries</i> <i>Choice of Milk</i> Beef Tacos Spanish Rice/Corn Strawberries Choice of Milk	<i>Blue Corn Mush</i> 2 <i>Cinnamon Roll/Assort Juice</i> <i>Mixed Berries</i> <i>Choice of Milk</i> Sub Sandwich Cucumber Sticks Chiops/Cantaloupe Choice of Milk	3 <i>Waffle w/ Syrup</i> <i>Peach/Strbry/ Banana</i> <i>Choice of Milk</i> Spaghetti/Bread Sticks Garden Salad Tropical Fruit Choice of Milk
<i>Frosted Mini Wheat</i> 6 <i>Toast/Pears</i> <i>Choice of Milk</i> Bean & Cheese Burrito Lettuce / Tomato Garnish Tater Barrel Watermelon Choice of Milk	<i>Banana Muffin</i> 7 <i>Cantaloupe</i> <i>Choice of Milk</i> Baked Chicken Baked Beans/Bread Stick Garden Salad Strawberries Choice of Milk	<i>Bagel</i> 8 <i>Cream Cheese/Pineapple</i> <i>Choice of Milk</i> Grilled Ham & Cheese Creamy Tomato Soup Corn on the Cob Cantaloupe Choice of Milk	<i>Bluecorn Pancake</i> 9 <i>Sausage / Grapes</i> <i>Choice of Milk</i> Beef Taco Salad Corn Pinto Beans Rice Krispy Treat Choice of Milk	10 NO SCHOOL VETERAN'S DAY
<i>Lucky Charms</i> 13 <i>Dino Bit / Peaches</i> <i>Choice of Milk</i> Chicken & Broccoli Alfredo Graden Salad Strawberries Choice of Milk	<i>Egg Chs Sndwch</i> 14 <i>Mandarin Orange</i> <i>Choice of Milk</i> Chicken Taco Pinto Beans Lettuce / Tomato Garnish Cantaloupe Choice of Milk	<i>Oatmeal / Toast</i> 15 <i>Strawberries</i> <i>Choice of Milk</i> Corn Chip Pie Corn Tropical Fruit Choice of Milk	<i>Strawberry Parfait</i> 16 <i>Grah Cracker / Pears</i> <i>Choice of Milk</i> Mutton Stew Tortilla Bread Watermelon Choice of Milk	17 NO SCHOOL FULL DAY PROFESSIONAL DEVELOPMENT
<i>Fruit Loops</i> 20 <i>English Muffin/Applesauce</i> <i>Choice of Milk</i> Baked Chicken Rice Corn Fruit Cocktail Choice of Milk	<i>Blueberry Bagel</i> 21 <i>Boiled Egg / Pineapple</i> <i>Choice of Milk</i> Turkey / Dinner Roll Mashed Potato w/Gravy California Blend Vegetable Cranberry/Pumpkin Pie Choice of Milk	<i>French Toast</i> 22 <i>Mixed Berries</i> <i>Choice of Milk</i> Cheese Pizza Carrots Sticks Broccoli Honeydew Choice of Milk	23 NO SCHOOL INDIGENOUS THANKSGIVING DAY	24 NO SCHOOL INDIGENOUS NAVAJO NATION FAMILY DAY
<i>Golden Grahams</i> 27 <i>Toast / Mixed Berries</i> <i>Choice of Milk</i> Salisbury Steak Rice w/Gravy Carrots / Dinner Roll Apple Sauce Choice of Milk	<i>Egg/Cheese Croissant</i> 28 <i>Slice Pears</i> <i>Choice of Milk</i> Indian Taco Pinto Beans Lettuce/Tomato Garnish Watermelon Choice of Milk	<i>Bluecorn Mush</i> 29 <i>Cinnamon Roll / Apricots</i> <i>Choice of Milk</i> Chili Dog French Fries Carrots Sticks Slice Peaches Choice of Milk	<i>Bagel w/ CC</i> 30 <i>Peach/Strbry/ Banana</i> <i>Choice of Milk</i> Hamburger Lettuce / Tomato Garnish Pickle Spear Baked Beans / Grapes Choice of Milk	1 <i>Biscuit and Gravy</i> <i>Mandarin Orange</i> <i>Choice of Milk</i> Tamale Lettuce / Tomato Garnish Mix Vegetable Fruit Cup Choice of Milk

Menu is subject to change without notice!

This Institution is an equal Opportunity Provider.