

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: **5/28/25** Name of District: **Quitman County Schools** Number of Schools in District: **1**

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. The District will teach, encourage, and support healthy eating by students.	Complete	1	
2. The primary goal of nutrition education is to positively influence students' eating behaviors. School nutrition staff will be available as a resource to teachers and staff.	Complete	1	

3. Continuing professional learning will be provided for all school nutrition staff members. The professional learning and training programs shall comply with all requirements imposed by federal law, state law, and state board of education rules. System level supervisory school nutrition personnel shall meet the certification requirements imposed by federal law, state law, and rules promulgated by the state board of education.	Complete	1	
4. Nutrition education will be evident in the school dining room through posters and bulletin board displays.	Complete	1	
5. Students will be encouraged to start each day with a healthy breakfast. Child nutrition programs comply with federal, state, and local requirement. Child nutrition programs are accessible to all children.	Complete	1	
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, healthy preparation methods, and health-enhancing nutrition practices will be promoted to students and staff.	Complete	1	

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2. Web links that relate to good nutrition, physical activity, and wellness will made available on the district webpage.	Complete	1	
3. During the school day, the school will promote and encourage healthy food choices (cafeteria, ala carte, classroom snacks, afterschool program snacks, vending, and fundraising) that are consistent with nutrition education curriculum.	Complete	1	
4.	Choose an item.		
5.	Choose an item.		
Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Students will acquire basic personal health concepts that help maintain healthy behaviors and prevent disease.	Complete	1	
2. Students will demonstrate the ability to use decision making skills to enhance health.	Complete	1	
3. Students will demonstrate knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness.	Complete	1	
4. The District will provide age-appropriate physical education consistent with federal and state requirements.	Complete	1	

5.	Choose an item.		
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Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Provide on-going education for faculty, staff, and students in the areas of nutrition and physical education.	Complete	1	
2. After school programs, will encourage physical activity and nutritious choices at snack time.	Complete	1	
3. School nurse will be available to provide training for the purpose of promoting wellness	Complete	1	
4. Students and staff members will be encouraged to practice good hand washing techniques	Complete	1	
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. The foods and beverages sold and served outside of the school meal programs (i.e., "competitive" foods and beverages) will meet the USDA Smart Snacks in school nutrition standards at a minimum.	In Progress		We are working with the school officials and educating them on Smart snacks

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2. The School Nutrition Director will provide the school with tools and resources available to help identify food items that meet Smart Snacks criteria.	In Progress		The nutrition director has provided information about smart snacks and have resources for smart snacks.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. The school nutrition department encourages parents to provide healthy food options or items that meet Smart Snack guidelines for birthday parties and school celebrations.	In Progress		The nutrition department is educating and sharing the parents and community about smart snacks guidelines.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:

1. In accordance with USDA Smart Snacks guidelines and the district's wellness policy, staff should not promote outside food or branded food items in the school's cafeteria. This includes verbal promotion, distribution of branded materials, or displaying logos and advertisements for non-complaint food and beverages.	In Progress		The nutrition department helps the staff with procedures for the marketing of outside food.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Jon Erik Jones	Superintendent	
2. Sekeithia Lewis	Nutrition Director	
3. Suwanda Coffey	Principal	
4.		
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Sekeithia Lewis	Nutrition Director-QCS	

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2.	Gwinetra Starks	Food Assistant-QCS	
3.	Patricia Hope	Food Assistant-QCS	
4.	Loretta Respress	Parent-QCS	
5.	Zamariah Davis	Student-QCS	
6	Frederick Drake	P.E. Coach-QCS	
7.	Lakersha Marshall	School Nurse-QCS	
8.	Michael Coley	Asst. Principal-QCS	

Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/ released:	Notes:
1. School Nutrition Webpage	Yearly	
2. District Facebook Page	Yearly	A Link will be available for the public to access it
3.		

