

# APRIL 2026

## National Health Observances

[Alcohol Awareness Month](#)

[Autism Acceptance Month](#)

[National Donate Life Month](#)

[National Minority Health Month](#)

[Occupational Therapy Month](#)

[Oral Cancer Awareness Month](#)

[Sexual Assault Awareness Month](#)

[Stress Awareness Month](#)

[Testicular Cancer Awareness Month](#)

## FEATURED NHO

### National Donate Life Month

National Donate Life Month is meant to raise awareness about organ, eye and tissue donation; encourage donor registration; and honor those who have given the gift of life. In fact, one organ donor can save eight lives and enhance over 75 more through tissue donation. Despite the lifesaving impact of donation, thousands of people remain on transplant waiting lists.

This month, if you're not already, consider registering to be an organ donor. Anyone who is eligible, regardless of age or medical history, can sign up to be an organ donor. To enroll, visit your state registry, the Department of Motor Vehicles or [organdonor.gov](https://organdonor.gov).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01 April Fools' Day	02	03 Good Friday	04
05 Easter Sunday	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22 Earth Day	23	24	25
26	27	28	29	30		