

APRIL 2022


Hines Middle School Breakfast and Lunch Menu

Lunch – **\$0.00** paid SY21-2022 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4 Breakfast Cereal & Grains or Sausage & Tater tots w/ Toast Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit & Milk</p>	<p>5 Breakfast Cereals & Grains or Breakfast Pizza, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Strips w/ Fries Veggie, Fruit & Milk</p>	<p>6 Breakfast Cereals & Grains or Muffins w/ Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit & Milk</p>	<p>7 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Corn Dogs w/ Baked Beans Veggie, Fruit & Milk</p>
<p>11 Breakfast Cereals & Grains, Soft Pretzel w/ PB & J, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Hot Ham & Cheese Sand French Fries Veggie, Fruit & Milk</p>	<p>12 Breakfast Cereals & Grains, Pancakes Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito w/ Corn Veggie, Fruit & Milk</p>	<p>13 Breakfast Cereals & Grains, Cinnamon Roll Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Hot Meatball Sub w/ Cheese Sauce Dip Veggie, Fruit & Milk</p>	<p>14 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Crispy Chicken Burger w/ Mac Salad Veggie, Fruit & Milk Milk</p>
<p>18 Breakfast Cereals & Grains or Biscuit w/ Ham & Cheese Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit & Milk</p>	<p>19 Breakfast Cereals & Grains, Fruit & Milk Egg & Cheese Breakfast Sand Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Chef Salads w/ Crackers Veggie, Fruit & Milk</p>	<p>20 Breakfast Cereals & Grains, Fruit & Milk Yogurt Parfait w/ Fruit & Granola, Milk Lunch <i>Sandwiches & Salads daily</i> Lasagna w/ Tx Toast Green Beans Veggie, Fruit & Milk</p>	<p>21 Breakfast Cereals & Grains, Fruit & Milk Maple Bar w/ Cracker Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Hamburger w/Chips Veggie, Fruit & Milk</p>
<p>25 Breakfast Cereals & Grains, Muffins Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Vegetable Fried Rice, Egg Roll Veggie, Fruit & Milk</p>	<p>26 Breakfast Bagel w/ Cream Cheese or Cereal grains Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Nacho's W/ Beef & Cheese Refried Beans Veggie, Fruit & Milk</p>	<p>27 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chili w/ Cornbread Veggie, Fruit & Milk</p>	<p>28 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Alfredo w/ Tx Toast Green Beans Veggie, Fruit & Milk</p>
			

This institution is an equal opportunity provider.

