## **Benton County School District**

Page 1 Monday	Tuesday	Wednesday	Thursday	Jan 4, 20 Friday
Jan - 6	Jan - 7	Jan - 8	Jan - 9	Jan - 10
No School	Chicken Nuggets Tater Tots Green Peas Tropical Flavor Vegetable Juice Assorted Fruit Juices Fruit Cocktail Chocolate Milk Fat Free Milk	Chicken Patty Sandwic Mashed Potatoes with Cheese Baked Beans Chilled Peach Slices Chilled Diced Pears Chocolate Milk Fat Free Milk Chocolate Pudding	Cheeseburger Seasoned Green Bean French Fries Fruit Cocktail Pineapple Tidbits Chocolate Milk Fat Free Milk Strawberry Gelatin	Chicken Nuggets Mashed Potatoes Baked Beans Whole Wheat Roll Chilled Mandarin Oranges Chilled Pear Halves Chocolate Milk Fat Free Milk
Jan - 13	Jan - 14	Jan - 15	Jan - 16	Jan - 17
Spicy Chicken Sandwic Chicken Patty Sandwic French Fries Italian Sliced Carrots Chilled Mandarin Oranges Chilled Diced Pears Chocolate Milk Fat Free Milk Vanilla Pudding	Cheese Pizza Tater Tots Baked Beans Tropical Flavor Vegetable Juice Fruit Cocktail Assorted Fruit Juices Chocolate Milk Fat Free Milk Strawberry Gelatin	Spaghetti & Meat Sauc Corn Dog Mashed Potatoes Whole Kernel Corn Whole Wheat Roll Fruit Cocktail Chilled Peach Slices Chocolate Milk Fat Free Milk	Cheeseburger French Fries Savory Green Beans Vegetable Juice Pineapple Tidbits Applesauce Chocolate Milk Fat Free Milk Graham Crackers	Chicken Nuggets Mashed Potatoes with Cheese Vegetable Juice Whole Wheat Roll Applesauce Assorted Fruit Juices Chocolate Milk Fat Free Milk Rice Treat Bar Variety of Dipping Sau
Jan - 20	Jan - 21	Jan - 22	Jan - 23	Jan - 24
No School	Hamburger Steak w/ G Hot Dogs Mashed Potatoes Green Peas Fruit Flavored Vegetable Juice Fruit Cocktail Chilled Mandarin Oranges Chocolate Milk Fat Free Milk	Chicken Patty Sandwic Corn Dog Tater Tots Baked Beans Fruit Cocktail Chilled Mandarin Oranges Chocolate Milk Fat Free Milk Vanilla Pudding	Chicken Fajita Wrap Baked Beans Whole Kernel Corn Tropical Flavor Vegetable Juice Chilled Mandarin Oranges Applesauce Chocolate Milk Fat Free Milk	Chicken Breast Tender French Fries Vegetable Juice Whole Wheat Roll Fruit Cocktail Assorted Fruit Juices Chocolate Milk Fat Free Milk Cocoa Cereal Squares Variety of Dipping Sau
Jan - 27	Jan - 28	Jan - 29	Jan - 30	Jan - 31
Meat Lovers Pizza Tater Tots Vegetable Juice Baby Carrots Applesauce Chilled Peach Slices Chocolate Milk Fat Free Milk Graham Crackers	Chicken Spaghetti Whole Wheat Roll Hot Dogs Whole Kernel Corn Seasoned Green Bean Chilled Peach Slices Applesauce Chocolate Milk Fat Free Milk Strawberry Gelatin	Hamburger w/ Trimmin Corn Dog Spicy Fries Baked Beans Vegetable Juice Chilled Peach Slices Pineapple Tidbits Chocolate Milk Fat Free Milk Vanilla Pudding	Chicken Patty Sandwic Mashed Potatoes Glazed Carrots Fruit Flavored Vegetable Juice Pineapple Tidbits Chilled Diced Pears Chocolate Milk Fat Free Milk Chocolate Pudding	Chicken Nuggets French Fries Baby Carrots Tropical Flavor Vegetable Juice Chilled Diced Pears Assorted Fruit Juices Chocolate Milk Fat Free Milk Strawberry Toaster Pastry Variety of Dipping Sau

In accordance with Federal Law and U.S. Department of Agriculture Policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin. This institute is an equal opportunity provider. All menus are subject to change according to product availability.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient. \* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.