September 2022 Stark County Elementary Menu

MENU IS SUBJECT TO CHANGE Mashed Potatoes contain Sulfates and can cause allergic reactions	1 % White and Chocolate Milk are offered at all meals Level Up Rebel Up		1 Thursday WG Cereal, WG Muffin, Fruit, Juice Rebel Nachos (WG Chips, Taco Meat, Cheese) or WG PB & J, Cheese Stick, WG Chips, Refried Beans, Salsa, Pineapple	2 Friday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice WG Pizza or Yogurt, Cheese Stick, WG Bar, Romaine, Green Beans, Tropical Fruit, Ice Cream Cup
5 Monday NO SCHOOL LABOR DAY	6 Tuesday WG Cereal, WG Breakfast Pizza, Fruit, Juice WG Tortilla, Chicken Fajita Meat, Cheese or WG PB & J, Cheese Stick, WG Chips, Salsa, Refried Beans, Peaches	7 Wednesday WG Cereal, WG Breakfast Bar, Fruit, Juice WG Bread Basket, WG Fish Sticks or Yogurt, Cheese Stick, WG Bar, Green Beans, Rosy Applesauce, Fresh Veggie	8 Thursday WG Cereal, WG Donut, Fruit, Juice WG Bun, Hamburger, Cheese Slice or WG PB & J, Cheese Stick, WG Chips, Oven Potatoes, Mixed Fruit, Fresh Veggies	10 Friday WG Cereal, Cinnamon Roll, Fruit, Juice WG Multi Cheese Garlic Bread, , Marinara Sauce or Yogurt, Cheese Stick, WG Bar, Corn, Fresh Fruit and Veggies, Sidekick
12 Monday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice WG Bun, BBQ Rib or Yogurt, Cheese Stick, WG Bar, Baked Beans, Rosy Applesauce, Fresh Veggie	13 Tuesday WG Poptart, WG Cereal, Fruit, Juice WG Bread Basket, WG Chicken Nuggets or WG PB & J, Cheese Stick, WG Chips, Corn, Mashed Potatoes/Gravy, Pears	14 Wednesday WG Cereal, WG Muffin, Juice, Fruit WG Bun, WG Chicken Patty or Yogurt, Cheese Stick, WG Bars, Green Beans, Peaches, Fresh Veggies	WG Cereal, WG Toast, Jelly, Omelet, Fruit, Juice WG Bread Basket, Chicken Teriyaki Bites or WG PB & J, Cheese Stick, WG Chips, WG Chicken Rice, Carrots, Broccoli w/Cheese, Mandarin Oranges	16 Friday WG Cereal, English Muffin, Egg Patty, Cheese Slice, Fruit, Juice WG Bosco Sticks with Ravioli or Yogurt, Cheese Stick, WG Bars, Marinara Sauce, Romaine, Mixed Fruit, WG Cookie

19 Monday WG Cereal, WG Donut, Fruit, Juice WG Corn Dog or Yogurt, Cheese Stick, WG Bars, Baked Beans, Sweet Potato Fries, Pineapple	20 Tuesday WG Bagel, Cream Cheese, WG Cereal, Fruit, Juice WG Chili Crispito or WG PB & J, Cheese Stick, WG Crackers, Salsa, Romaine, Cinnamon Applesauce, Fresh Veggie	21 Wednesday WG Cereal, WG French Toast Sticks, Syrup, Fruit, Juice Early out 11:00 dismissal Sack Lunch WG PB & J, Carrot Sticks, Fresh Fruit, WG Chips	22 Thursday WG Cereal, WG Breakfast Bar, Fruit, Juice WG Bun, Sloppy Joe or WG PB & J, Cheese Stick, WG Chips, Oven Potatoes, Peaches, Fresh Veggie	SCHOOL
26 Monday WG Cereal, WG Waffle, Syrup, Fruit, Juice WG Bun, Hot Dog or Chili Dog or Yogurt, Cheese Stick, WG Bar, Oven Potatoes, Mandarin Oranges, Fresh Veggie	27 Tuesday WG Donut, WG Cereal, Fruit, Juice WG Toasted Cheese, Chicken Noodle Soup or WG PB & J, Cheese Stick, WG Chips, Lettuce, Carrots, Pears	28 Wednesday WG Poptart, WG Cereal, Fruit, Juice WG Bun, Tenderloin or Yogurt, Cheese Stick, WG Bar, Corn, Peaches, Fresh Veggie	29 Thursday WG Cereal, WG Pancake on a Stick Syrup, Juice, Fruit WG Bun, Meatballs, Sauce, Cheese or WG PB & J, Cheese Stick, WG Chips, Romaine, Mixed Fruit, Fresh Veggie	30 Friday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice Taco in a Bag (Taco Meat, WG Chips, Cheese) or Yogurt, Cheese Stick, WG Bar, Salsa, Refried Beans, Rosy Applesauce, Jello w/Cool Whip
Breakfast is offered vs served. Students must take 3 of the 4 items offered and 1 must be a ½ cup of fruit or juice,	Lunch is offered vs served. Students must take 3 of the 5 items offered and 1 must be a ½ cup of fruit or veggie.		MENU IS SUBJECT TO CHANGE	Fun Fact September is National Chicken Month Potato Month

Rebel Up Level Up

Stark County District #100 Home of

Pride and Excellence