

# Union Heights Elementary School

# October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p><b><u>BREAKFAST</u></b> French Toast Sticks or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Beef Dippers w/gravy or Popcorn chicken Mashed potatoes, Peas, Roll, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>2</p> <p><b><u>BREAKFAST</u></b> Warm Breakfast Bread or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Quesadilla or Beef Taco Corn, Fiesta Black Beans Taco Trimmings, Fruit, Juice &amp; Milk</p>	<p>3</p> <p><b><u>BREAKFAST</u></b> Toast &amp; Jelly W/Bacon or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Pizza or Sloppy Joe Sandwich, Green Beans, Tater Tots, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>4</p> <p><b><u>BREAKFAST</u></b> Sausage Biscuit or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Manager Choice Fresh Veggies, Fruit, Juice &amp; Milk</p>
7	8	9	10	11
<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>
	<p>15</p> <p><b><u>BREAKFAST</u></b> Pancakes or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Sliced Ham or Chicken Tenders, Seasoned Diced Potatoes, California Blend, Roll, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>16</p> <p><b><u>BREAKFAST</u></b> Egg &amp; Cheese Biscuit or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Grilled Cheese Sand. Or Cheese Bites, Homemade Chili, Waffle Fries, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>17</p> <p><b><u>BREAKFAST</u></b> French Toast Sticks or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Hamburger / Cheeseburger or Hot Dog w/ chili/cheese, Baked Beans, Chips, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>18</p> <p><b><u>BREAKFAST</u></b> Sausage Biscuit or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Pizza or Chicken Sandwich, Green Beans, Corn, Fresh Veggies, Fruit, Juice &amp; Milk</p>
14				
<b><u>NO SCHOOL</u></b>				
<p>21</p> <p><b><u>BREAKFAST</u></b> Egg &amp; Cheese Biscuit or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Lasagna Rollup or Popcorn Chicken, Garlic Toast, Steamed Broccoli, Sweet Carrots, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>22</p> <p><b><u>BREAKFAST</u></b> Warm Muffin, Pop tart or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Cheese Quesadilla or Bean &amp; Cheese Burrito covered in Queso Cheese, Corn, Fiesta Black Beans, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>23</p> <p><b><u>BREAKFAST</u></b> Warm Cinnamon Roll or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Hot Ham &amp; Cheese Croissant or Pizza, Green Beans, Fries, Cookie, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>24</p> <p><b><u>BREAKFAST</u></b> Pancakes or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Fried Bologna Sandwich or Mozzarella Cheese Sticks, Queso Tomato Soup, Goldfish Crackers, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>25</p> <p><b><u>BREAKFAST</u></b> Sausage Biscuit or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Fish Sticks or Corn Dog Nuggets, Pinto Beans, Mac &amp; Cheese, Hushpuppies, Fresh Veggies, Fruit, Juice &amp; Milk</p>
<p>28</p> <p><b><u>BREAKFAST</u></b> Dutch Waffle or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Grilled Cheese Sand. Or Hot Ham &amp; Cheese Sub, Chicken Noodle Soup, Smiley Fries, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>29</p> <p><b><u>BREAKFAST</u></b> Warm Muffin, Pop tart or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Chicken Fettucine Alfredo or Chicken Tenders, Garlic Toast, Steamed Broccoli, Sweet Carrots, Fresh Veggies, Fruit, Juice &amp; Milk</p>	<p>30</p> <p><b><u>BREAKFAST</u></b> Bacon Biscuit or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Cheese Quesadilla or Beef Taco, Corn, Refried Beans, Taco Trimmings, Fruit, Juice &amp; Milk</p>	<p>31</p> <p><b><u>BREAKFAST</u></b> Pancakes or Cereal, Fruit, Juice &amp; Milk</p> <p><b><u>LUNCH</u></b> Hamburger/Cheeseburger or Chicken Sandwich Baked Beans, Chips, Fresh Veggies, Fruit, Juice Halloween Treat</p>	

**NEWS:**

**CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.**

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