

Monday

Tuesday

Wednesday

Thursday

Friday



Apple
Frudel
Raisin **1**

Mini Loaf
Sausage Link
Juice **2**

Mini
Bagels
Applesauce **3**

Donut
Holes
Juice **4**

No
School
Fall Break **7**

No
School
Fall Break **8**

No
School
Fall Break **9**

No
School
Fall Break **10**

No
School
Fall Break **11**

Cinnamon Toast
Filled Bar
Juice **14**

Muffin
Cheese Stick
Raisin **15**

Sausage
Biscuit
Juice **16**

French Toast
Sticks
Applesauce **17**

Breakfast
Pizza
Juice **18**

Honeybun
Cheese Stick
Juice **21**

Pancake
Pup
Raisin **22**

Sausage
Biscuit
Juice **23**

Cinnamon
Roll
Applesauce **24**

Steak
Biscuit
Juice **25**

Chocolate
Crescent
Juice **28**

Donut
Cheese Stick
Raisin **29**

Sausage
Biscuit
Juice **30**

Pulled Apart
Donuts
Applesauce **31**



QCS Schools: Choice of milk and fruit served with all meals **QCS Elementary:** Choice of Cereal & Pop-tart offered with all meals
QCS Middle & QCS High: Choice of Cereal 2oz, Pop-Tart 2ct., and Nutri-Grain Bar & Cheese Stick offered with all meals
QCS Early Head Start & Head Start: Milk and fruit served with all meals

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