

# CONNECTING WITH THE SCHOOL COUNSELOR



## Happy, Healthy Kids TIP:

When your child makes a good choice, no matter how small, make a **BIG** deal out of it! Cheer for them, encourage them, and reinforce this behavior. When your child makes a mistake, guide them towards a better choice. But, try not to dwell on it and move forward together.

To prevent the "summer slide" and keep students learning this summer, enroll them in a summer reading program at your local library! They can work towards a summer reading goal.

May 8, 2025

## National Children's Mental Health Awareness Day

A day to raise awareness  
of the importance of  
recognizing and addressing  
the mental health needs of  
children.

[https://nationaltoday.com/  
national-childrens-mental-  
health-awareness-day/](https://nationaltoday.com/national-childrens-mental-health-awareness-day/)

## We are Learning!

**Self-control** - control of our words and actions

**Diversity** - differences between people that make them  
unique

Feelings about transiting to the next grade

## Let's CONNECT!

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