



WADENA-DEER CREEK 5-12TH GRADES NOVEMBER 2024 BREAKFAST AND LUNCH MENU

Students eat FREE!








Breakfast is served 7:30am-8:15 am **Adult breakfast:** \$2.40 Lunch is served 10:45am-1:15 pm **Adult Lunch:** \$5.00

Yogurt Parfait offered daily at breakfast

Lunch Options offered Daily: Deli Sandwiches, Yogurt Parfait, assorted fresh and canned fruits as well as an assortment of fresh vegetables, and 1%, and fat free milk choices

Lactose free milk is available with written request from parents

Monday	Tuesday	Wednesday	Thursday	Friday
28 Breakfast pizza , diced peaches, grape Juice, milk Breaded chicken patty or spicy chicken patty, wg bun, mayo or ketchup , Baked fries, ketchup	29 Pancakes, syrup , fresh apple, orange Juice, milk Walking taco, taco sauce , Salsa, refried beans	30 Breakfast Calzone , apricots, apple Juice, milk orange chicken & rice or Bosco sticks, marinara Asian blend veggies	31 French toast sticks, syrup , fresh orange, fruit punch, milk Chicken nuggets & Garlic knot, dipping sauce or popcorn shrimp, cocktail sauce & Mac & cheese Steamed green beans	Nov.1 Cheese omelet, toast, jelly , strawberries, assorted juice, milk Pizza choices Steamed carrots
4 Sausage pancake on stick, syrup , applesauce, orange juice, milk Hot dog/bun, ketchup, mustard or BBQ Rib/bun, BBQ sauce , Baked beans	5 Egg patty, English muffin , banana, apple juice, milk Sloppy Joe/Bun or Roasted chicken wings & biscuit, dipping sauce , Baja corn	6 Early risers hashbrown, toast , fresh apple, fruit punch, milk Sweet sour chicken & egg roll or Lasagna rolls, garlic toast Roasted root blend veggies	7 NO SCHOOL 	8 NO SCHOOL 
11 Breakfast croissant sandwich , diced peaches, grape Juice, milk Corn dog or Philly Roast Beef , Baked beans	12 Pancakes, syrup , fresh apple, orange Juice, milk Bosco sticks or pizza crunchers, marinara Sicilian blend veggies	13 Biscuits & gravy , apricots, apple Juice, milk Popcorn chicken, dinner roll or Teriyaki chicken, egg roll steamed broccoli & cauliflower	14 French toast sticks, syrup , fresh orange, fruit punch, milk Breaded pork steak, or Pulled pork/bun , blueberry bread, Au gratin potatoes	15 Cheese omelet, toast, butter , assorted fruits and juices Lasagna rolls or Chicken alfredo, pasta steamed corn
18 Breakfast pizza , applesauce, orange juice, milk Cheeseburger/bun or hamburger/bun , Baked beans	19 Egg patty, English muffin , banana, apple juice, milk Tator tot hot dish & bread stick or Pulled pork/bun steamed peas & carrots	20 Early risers hashbrown, toast , fresh apple, fruit punch, milk Cheese or taco quesadilla , Salsa, Roasted potatoes	21 Waffles, syrup , diced peaches, grape juice, milk Roast beef or Turkey in gravy, dinner roll, mashed potatoes	22 Scrambled eggs, toast, butter , diced pears, assorted juice Italian dunkers, marinara sauce , steamed Normandy blend veggies
25 Sausage pancake on stick, syrup , diced peaches, grape Juice, milk Breaded chicken patty or spicy chicken patty, wg bun, mayo or ketchup , Baked fries, ketchup	26 Cook's choice entrée with grains & protein , assorted fruits and juices milk Walking taco, taco sauce , Salsa, refried beans	27 NO SCHOOL 	28 NO SCHOOL 	29 NO SCHOOL 

Menu is subject to change due to availability of items Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; smotzko@wdc2155.k12.mn.us

This institution is an equal opportunity provider