

November 2025

Hines Middle School Menu

BREAKFAST - \$0.00 (Before morning bell)

Lunch – \$0.00 SY25-2026 & **0¢-reduced** Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Grab N' Go options offered daily. Menu is subject to change. Some items may contain nuts.

Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			14 Breakfast Cereal, Grain, Fruits & Milk Lunch PB Sand Sack Lunch <i>Salads & Sands Daily</i> Fruit, Veggie, Milk Friday school day
	4 Breakfast Bagel w/ Lt. Cream cheese Grapes Cereal, Grain, Fruits & Milk Lunch Fried Chicken w/ Mashed Potato & Gravy w/ Roll <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	5 Breakfast Lt. Yogurt w/ HB Egg OJ & Cut Apples w/ PB Cereal, Grain, Fruits & Milk Lunch Chicken Nuggets w/ FF <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	6 Breakfast Assorted Grain, Fruits & Milk Lunch Crunchy Taco's w/ Seasoned Black Bean & Corn Mix Seasoned Rice Fruit, Veggie, Milk
10 Breakfast Hot Breakfast Pizza Cereal, Grain, Fruits & Milk Lunch Sloppy Joes w/ Baked Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	11 NO SCHOOL VETERANS' DAY SCHOOL ON FRIDAY NOV 14TH	12 Breakfast Cinnamon Roll w/ Apple Juice Cereal, Grain, Fruits & Milk Lunch Pepperoni Pizza Italian Pasta Salad <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	13 Breakfast Assorted Grain, Fruits & Milk Lunch Orange Chicken w/ Fried Rice <i>Salads & Sands Daily</i> Fruit, Veggie, Milk
17 Breakfast Hot Ham & Cheese E-Muffin Cereal, Grain, Fruits & Milk Lunch Hamburger w/ Baked Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	18 Breakfast Breakfast Burritos w/ Salsa Melon Cereal, Grain, Fruits & Milk Lunch New Walking Nacho w/ Meat & Cheese & Seasoned Rice <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	19 Breakfast Fruit Smoothie w/ Breakfast Burrito w/ Applesauce Cereal, Grain, Fruits & Milk Lunch Lasagna w/ TX Toast Garlic Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	20 Breakfast Assorted Grain, Fruits & Milk Lunch Pretzel w/ Cheese Orange Glazed Carrots <i>Salads & Sands Daily</i> Fruit, Veggie, Milk
24 Breakfast Egg & Cheese Omelet w/ Salsa Cereal, Grain, Fruits & Milk Lunch Corn Dogs w/ Scalloped Potato <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	25 Breakfast Waffle & Yogurt w/ Peaches Cereal, Grain, Fruits & Milk Lunch Hot Chicken Philly Sub <i>Salads & Sands Daily</i> Fruit, Veggie, Milk	26 NO SCHOOL THANKSGIVING	27 NO SCHOOL BREAK

This institution is an equal opportunity provider.