



Menu Name : K-8 Grades Allergen Free Lunch Menu					
Grade Level / Age Group : K-8 Grades					
JUNE - 2025					
NO DAIRY NO GLUTEN (NO WHEAT) NO EGG NO SOY NO FISH			NO SHELL FISH NO SESAME (SEEDS & OIL) NO PEANUTS NO TREE NUTS NO SUNFLOWER (SEEDS, OIL & BUTTER)		
Hot Meals	Monday, June 2, 2025	Tuesday, June 3, 2025	Wednesday, June 4, 2025	Thursday, June 5, 2025	Friday, June 6, 2025
	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
	Milk Substitute	Milk Substitute	Milk Substitute		Milk Substitute
Hot Meals	Monday, June 9, 2025	Tuesday, June 10, 2025	Wednesday, June 11, 2025	Thursday, June 12, 2025	
	Chicken Fried Rice	Beef & Broccoli	Chicken Fajita w/Rice	Beef Meatballs	
	Steamed Broccoli	Brown Rice	Seasoned Chicken & Peppers	Brown Rice	
	Fruit of the Day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas	
	Milk Substitute	Fruit of the Day	Black Beans	Fruit of the Day	
		Milk Substitute	Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	
Hot Meals					
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CKC Good Food follows a detailed process to make sure our allergen free menu meals are free of the allergens listed on our allergen free menu. Please be aware that the disclaimers from manufacturers and distributors state that the food ingredients we use for our allergen free food/s may have been manufactured/stored in a space where other food ingredients, that may contain potential allergen ingredients like gluten or peanuts are processed/stored.					
Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc. This menu is 100% pork-free. All bread/bread products/chips/tortillas/pastas listed in the menu are whole grain products. All rice dishes /rice products are made of whole grain brown rice.					