



Monday 09/14/2026	Tuesday 09/15/2026	Wednesday 09/16/2026	Thursday 09/17/2026	Friday 09/18/2026
Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am
Stage Rehearsal 8:40am - 9:05am	PreK 8:40am - 9:05am Steady Beat	Stage Rehearsal 8:40am - 9:05am	PreK 8:40am - 9:05am Steady Beat	Stage Rehearsal 8:40am - 9:05am
2nd Grade 9:10am - 9:50am Steady Beat Review	Teaching / Learning Activities "Hello There" BoBo - So, Mi First Day of School with Boobam - Quaver Story Introduction to scarves - http://www.youtube.com/watch?v=t4vmf7ng9Ks	2nd Grade 9:10am - 9:50am Steady Beat Review	Teaching / Learning Activities "Hello There" BoBo - So, Mi First Day of School with Boobam - Quaver Story Introduction to scarves - http://www.youtube.com/watch?v=t4vmf7ng9Ks	4th Grade Choir 9:30am - 10:15am
Alabama CoS Standards Sing on pitch using good posture.	Students will use the stretchy band to show steady beat. http://www.youtube.com/watch?v=6Z0p8t9oCSs "Goodbye, Farewell"	Alabama CoS Standards Sing on pitch using good posture.	Students will use the stretchy band to show steady beat. http://www.youtube.com/watch?v=6Z0p8t9oCSs "Goodbye, Farewell"	5th Grade Choir 10:15am - 11:00am
3rd Grade 9:55am - 10:35am Star Spangled Banner	2nd Grade 9:10am - 9:50am Steady Beat Review	3rd Grade 9:55am - 10:35am Star Spangled Banner	2nd Grade 9:10am - 9:50am Steady Beat Review	Lunch 12:10pm - 12:35pm
Teaching / Learning Activities Musician of the Week: Dolly Parton 9 to 5 Body Percussion - http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1	Alabama CoS Standards Sing on pitch using good posture.	Teaching / Learning Activities Musician of the Week: Dolly Parton 9 to 5 Body Percussion - http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1	Alabama CoS Standards Sing on pitch using good posture.	Planning 12:40pm - 2:35pm
Whitney Houston - SSB Performance BoBo - So, Mi, La, Do Breath Support - Quaver breathing exercise History of SSB - MusicPlay SSB Definitions - MusicPlay SSB first verse - memorization Grateful Nation - first verse	Bass/Gray 10:00am - 10:25am	Whitney Houston - SSB Performance BoBo - So, Mi, La, Do Breath Support - Quaver breathing exercise History of SSB - MusicPlay SSB Definitions - MusicPlay SSB first verse - memorization Grateful Nation - first verse	3rd Grade 9:55am - 10:35am Star Spangled Banner	
	4th Grade 10:40am - 11:20am Beat/Rhythm Review		Teaching / Learning Activities Musician of the Week: Dolly Parton 9 to 5 Body Percussion - http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1	
	Teaching / Learning Activities Musician of the Week: Dolly Parton 9 to 5 Body Percussion -			



Alabama CoS Standards

Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.

4th Grade 10:40am - 11:20am

Beat/Rhythm Review

Teaching / Learning Activities

Musician of the Week: Dolly Parton

9 to 5 Body Percussion -

http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1

BoBo - Review all solfege Review Steady Beat Steady Beat exercise with agility hoops

Rhythm Duration Review - Whole, Half, Quarter, and Eighth

Rhythm Flashcards -

Musicplay

"Lovely Day" - Rhythm play along with drumsticks:

<http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s>

Half Note Review and Echo - MusicPlay

"Gimmie that Sunshine" - half note rhythm play along 16th note review

"Sunroof" - Rhythm play along with drumsticks:
<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1

BoBo - Review all solfege Review Steady Beat Steady Beat exercise with agility hoops

Rhythm Duration Review - Whole, Half, Quarter, and Eighth

Rhythm Flashcards -

Musicplay

"Lovely Day" - Rhythm play along with drumsticks:

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"Gimmie that Sunshine" - half note rhythm play along 16th note review

"Sunroof" - Rhythm play along with drumsticks:
<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

Alabama CoS Standards

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

Alabama CoS Standards

Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.

Planning 10:40am - 11:20am

5th Grade 11:25am - 12:05pm

Beat/Rhythm Review

Teaching / Learning Activities

Musician of the Week: Dolly Parton

9 to 5 Body Percussion -

http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1

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Rhythm Duration Review - Whole, Half, Quarter, and Eighth

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<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

[RD5lr1hSga9w4&start_radio=1](http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1)

Whitney Houston - SSB Performance

BoBo - So, Mi, La, Do

Breath Support - Quaver breathing exercise

History of SSB - MusicPlay

SSB Definitions - MusicPlay

SSB first verse -

memorization

Grateful Nation - first verse

Alabama CoS Standards

Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.

4th Grade 10:40am - 11:20am

Beat/Rhythm Review

Teaching / Learning Activities

Musician of the Week: Dolly Parton

9 to 5 Body Percussion -

http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1

BoBo - Review all solfege Review Steady Beat

Steady Beat exercise with agility hoops

Rhythm Duration Review - Whole, Half, Quarter, and



1s

Alabama CoS Standards

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.
Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

5th Grade 11:25am - 12:05pm

Beat/Rhythm Review

Teaching / Learning Activities

Musician of the Week: Dolly Parton

9 to 5 Body Percussion - http://www.youtube.com/watch?v=5lr1hSga9w4&list=RD5lr1hSga9w4&start_radio=1

BoBo - Review all solfege
Review Steady Beat
Steady Beat exercise with agility hoops

Rhythm Duration Review - Whole, Half, Quarter, and Eighth

Rhythm Flashcards - Musicplay

"Lovely Day" - Rhythm play along with drumsticks:

<http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s>

Half Note Review and Echo - MusicPlay

5th Grade 11:25am - 12:05pm

Beat/Rhythm Review

Teaching / Learning Activities

Musician of the Week: Dolly Parton

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Review Steady Beat

Steady Beat exercise with agility hoops

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Rhythm Flashcards - Musicplay

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<http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s>

Half Note Review and Echo - MusicPlay

"Gimmie that Sunshine" - half note rhythm play along 16th note review

"Sunroof" - Rhythm play along with drumsticks:

<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

Alabama CoS Standards

Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various

[watch?v=ohHf2RM1MbI&t=1s](http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s)

Alabama CoS Standards

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

Steady Beat and Program Introduction

Teaching / Learning Activities

"Hello There"

BoBo - So, Mi, La

Sports Steady Beat -

<http://www.youtube.com/watch?v=0-7eYo1YyFs>

Introduction to "Nice Not Naughty" and "Peppermint Candy"

"9 to 5" with body percussion

Beat Practice - Students will find the beat in random pieces of music

Alabama CoS Standards

Recognizing the presence or absence of a steady beat

Memorizing songs

Eighth

Rhythm Flashcards -

Musicplay

"Lovely Day" - Rhythm play along with drumsticks:

<http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s>

Half Note Review and Echo - MusicPlay

"Gimmie that Sunshine" - half note rhythm play along 16th note review

"Sunroof" - Rhythm play along with

drumsticks:<http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

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Alabama CoS Standards

Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

Planning 11:25am - 12:05pm

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

Steady Beat Review

Teaching / Learning Activities

"Hello There"

BoBo - Do, Mi, So, La



"Gimmie that Sunshine" - half note rhythm play along
16th note review
"Sunroof" - Rhythm play along with drumsticks: <http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s>

Alabama CoS Standards
Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.
Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

Steady Beat Review

Teaching / Learning Activities

"Hello There"
BoBo - Do, Mi, So, La
"Move It, Move It" movement to the beat by Stephanie Leavell
Alien Steady Beat with Body Percussion
Introduction to "Christmas is Right Around the Corner"
Introduction to "Listen to the Jingles"
"Stretchy Band Song"

rhythm instruments.
Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.

Lunch 12:10pm - 12:35pm

1st Grade 12:40pm - 1:05pm

Steady Beat and Program Introduction

Teaching / Learning Activities

"Hello There"
BoBo - So, Mi, La
Sports Steady Beat - <http://www.youtube.com/watch?v=0-7eYo1YyFs>
Introduction to "Nice Not Naughty" and "Peppermint Candy"
"9 to 5" with body percussion
Beat Practice - Students will find the beat in random pieces of music

Alabama CoS Standards
Recognizing the presence or absence of a steady beat
Memorizing songs

Planning 1:10pm - 1:35pm

Kindergarten 1:40pm - 2:05pm

Steady Beat and Program Introduction

Teaching / Learning

1st Grade 1:10pm - 1:35pm

Steady Beat and Program Introduction

Teaching / Learning Activities

"Hello There"
BoBo - So, Mi, La
Sports Steady Beat - <http://www.youtube.com/watch?v=0-7eYo1YyFs>
Introduction to "Nice Not Naughty" and "Peppermint Candy"
"9 to 5" with body percussion
Beat Practice - Students will find the beat in random pieces of music

Alabama CoS Standards
Memorizing songs
Recognizing the presence or absence of a steady beat

Kindergarten 1:40pm - 2:05pm

Steady Beat and Program Introduction

Teaching / Learning Activities

"Hello There"
BoBo - So, Mi, La
Beat Review
Sports Steady Beat - <http://www.youtube.com/watch?v=0-7eYo1YyFs>
"Apple Tree" - Steady Beat Game with drum
Beat Practice - Students

"Move It, Move It" movement to the beat by Stephanie Leavell
Alien Steady Beat with Body Percussion
Introduction to "Christmas is Right Around the Corner"
Introduction to "Listen to the Jingles"
"Stretchy Band Song" movement activity with steady beat

Alabama CoS Standards
Matching pitch

1st Grade 1:10pm - 1:35pm

Steady Beat Review

Teaching / Learning Activities

"Hello There"
BoBo - Do, Mi, So, La
"Move It, Move It" movement to the beat by Stephanie Leavell
Alien Steady Beat with Body Percussion
Introduction to "Christmas is Right Around the Corner"
Introduction to "Listen to the Jingles"
"Stretchy Band Song" movement activity with steady beat

Alabama CoS Standards
Matching pitch

Kindergarten 1:40pm - 2:05pm

Steady Beat and Program



movement activity with steady beat
Alabama CoS Standards Matching pitch
1st Grade 1:10pm - 1:35pm
Steady Beat Review
Teaching / Learning Activities "Hello There" BoBo - Do, Mi, So, La "Move It, Move It" movement to the beat by Stephanie Leavell Alien Steady Beat with Body Percussion Introduction to "Christmas is Right Around the Corner" Introduction to "Listen to the Jingles" "Stretchy Band Song" movement activity with steady beat
Alabama CoS Standards Matching pitch
Kindergarten 1:40pm - 2:05pm
Steady Beat and Program Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move it, Move it" to steady beat by Stephanie Leavell What is beat - Review "Music has a Steady Beat" - Quaver song

Activities "Hello There" BoBo - So, Mi, La Beat Review Sports Steady Beat - http://www.youtube.com/watch?v=0-7eYo1YyFs "Apple Tree" - Steady Beat Game with drum Beat Practice - Students will find the beat in random pieces of music
Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat
Kindergarten 2:10pm - 2:35pm
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Teaching / Learning Activities "Hello There" BoBo - So, Mi, La Beat Review Sports Steady Beat - http://www.youtube.com/watch?v=0-7eYo1YyFs "Apple Tree" - Steady Beat Game with drum Beat Practice - Students will find the beat in random pieces of music
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Kindergarten 2:10pm - 2:35pm
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Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat

Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move it, Move it" to steady beat by Stephanie Leavell What is beat - Review "Music has a Steady Beat" - Quaver song Review Body Percussion Body Percussion Alien Steady Beat using body percussion - http://www.youtube.com/watch?v=u_wgA8iIJpM "Bounce, Bounce" - Steady beat song with stretchy band
Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat
Kindergarten 2:10pm - 2:35pm
Steady Beat and Program Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move it, Move it" to steady beat by Stephanie Leavell What is beat - Review "Music has a Steady Beat" - Quaver song Review Body Percussion



Review Body Percussion
Body Percussion
Alien Steady Beat using
body percussion
- http://www.youtube.com/watch?v=u_wgA8iIJpM
"Bounce, Bounce" - Steady
beat song with stretchy
band

Alabama CoS Standards
Recognizing the presence
or absence of a steady
beat
Memorizing songs

Memorizing songs

Body Percussion
Alien Steady Beat using
body percussion
- http://www.youtube.com/watch?v=u_wgA8iIJpM
"Bounce, Bounce" - Steady
beat song with stretchy
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Alabama CoS Standards
Memorizing songs
Recognizing the presence
or absence of a steady
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Kindergarten 2:10pm -
2:35pm

Steady Beat and Program
Introduction

Teaching / Learning
Activities

"Hello There"
BoBo - So, Mi, La
"Move it, Move it" to steady
beat by Stephanie Leavell
What is beat - Review
"Music has a Steady Beat" -
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Alabama CoS Standards
Recognizing the presence



or absence of a steady
beat
Memorizing songs