

MAY 2022

Alvord ISD - Middle School Menu

Monday

Maple Pancakes OR
Cereal w/ String Cheese

2

Hamburger/Cheeseburger OR
Ravioli
Texas Toast
Crinkled Fries
Sugar Snap Peas

Waffles OR Cereal
w/ String Cheese

9

Hamburger/Cheeseburger
OR Garlic French Bread
Seasoned Wedges
Cucumber Coins

French Toast OR Cereal
w/ String Cheese

16

Hamburger/Cheeseburger
Chicken Pasta Salad
Crinkle Fries
Spinach Mandarin Salad

No School

23

30

Tuesday

Bacon & Cheese Biscuit OR
Cereal w/ Toast

3

Chicken Crispito w/ Cheese Sauce
OR Sweet Thai Chili Chicken
Roasted Broccoli
Veggie dippers

Sausage Biscuit OR Cereal
w/ Toast

10

Green Chile Quesadilla OR
Cheeseburger Mac and Cheese
Ranch Style Beans
Baby Carrots

Breakfast on a Stick OR
Cereal w/ Toast

17

Cheese Enchiladas with Red Sauce
Chicken Cheddar Ranch Wrap
Tortilla Chips with Salsa
Refried Bean Casserole

Pancake Sausage Sandwich
OR Cereal w/ Toast

24

Turkey Chili & Cheese Nachos
Chicken and Cheese Crispito
Ranchero Beans
Corn on the Cobb

31

Wednesday

Cherry Frudel OR Cereal
w/ String Cheese

4

Chicken Smackers OR
Turkey Chef Salad
Roll
Mash Potatoes
Corn

Kolache OR Cereal
w/ String Cheese

11

Chicken Nuggets OR
Chicken Noodle Soup
Roll
Mash Potatoes and Gravy
Green Beans with Ham

Chicken Biscuit OR Cereal
w/ String Cheese

18

Popcorn Chicken OR
Steak Fingers
Roll
Mash Potatoes & Gravy
Corn

Chocolate Chip Muffin OR
Cereal w/ String Cheese

25

Chicken Nuggets with Roll OR
Turkey Bacon Ranch Wrap
Scalloped Potatoes
Green Beans with Ham

Thursday

Pancakes & Sausage Links
OR Cereal w/Toast

5

Chicken and Waffles OR
Toasted Ham and Cheese Sandwich
Tomato Basil Soup
Caesar Side Salad

Bacon & Cheese Eggstravaganza
OR Cereal w/ Toast

12

Cheesy Chicken over Rice OR
Two Corn Dogs
Zucchini with Corn
Garden Salad

Scrambled Eggs, Bacon
OR Cereal w/ Toast

19

Chicken Alfredo Penne OR
Ham and Cheese Sliders
Sauté Green Beans
Caesar Side Salad

Sausage & Cheese Eggstravaganza
OR Cereal w/ Toast

26

Tangerine Chicken w/ Asian Noodles
OR Two Corn Dogs
Brown Sugar Glazed Carrots
Veggie Dippers

Friday

Strawberry Cream Cheese Bagels
OR Cereal w/ String Cheese

6

Selfie Pizza OR
Cheese Nachos
Potato Smiles
Pinto Beans

Cinnamon Roll OR Cereal
w/ String Cheese

13

Pepperoni Pizza OR
Bean and Cheese Burrito
Tater Tots
Veggie Dippers

Dutch Waffle OR Cereal
w/ String Cheese

20

Cheese Pizza OR
Sloppy Joe Sandwich
Potato Smiles
French Carrot Salad

27

1% low fat unflavored milk and fat free flavored milk are available at breakfast and lunch daily.
Fresh, dried or canned fruit and/or fruit juice is also available daily.
Substitutions may sometimes need to be made with a nutritionally comparable menu item

All Alvord ISD Students Receive Breakfast and Lunch at No Charge

This institution is an equal opportunity provider