

 **BREAKFAST**

 **LUNCH**

OCTOBER 2024

KANSAS SCHOOL FOR THE DEAF

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday

Tuesday

Wednesday

Thursday

Friday



CINNAMON ROLL **1**

SPAGHETTI W/ MEATBALLS
GARLIC BREAD
ROASTED BROCCOLI
PINEAPPLE

BISCUITS & GRAVY **2**

BBQ RIB ON BUN
SWEET POTATO FRIES
CUCUMBERS AND RANCH
TROPICAL FRUIT

BREAKFAST SANDWICH **3**

PIG IN A BLANKET
MACARONI & CHEESE
GREEN BEANS
GRAPES

PANCAKE ON A STICK **4**

TURKEY BURGER
ROASTED CAULIFLOWER
CURLY FRIES
APPLESAUCE

DONUT/OATMEAL **7**

BREADED CHICKEN ON BUN
GREEN BEANS
ZUCCHINI FRIES
PINEAPPLE

HAM & CHEESE OMELET & MUFFIN **8**

TUNA CASSEROLE
CORNBREAD
STEAMED CARROTS
TROPICAL FRUIT

MUFFIN & CHEESE STICK **9**

GRILLED TURKEY &
CHEESE SANDWICH
BAKED BEANS
POTATO SALAD
MANDARIN ORANGES

BREAKFAST CASSEROLE **10**

CHICKEN FRIED CHICKEN W/ ROLL
MASHED POTATOES W/ GRAVY
ROASTED BROCCOLI
PEACHES

NO SCHOOL **11**

FRENCH TOAST & SAUSAGE **14**

ORANGE CHICKEN
VEGETABLE FRIED RICE
PEAS & CARROTS
PEARS

PANCAKE **15**

CHILI W/ FRITOS
CINNAMON ROLL
GREEN BEANS
STRAWBERRIES

BREAKFAST SANDWICH **16**

HAMBURGER
WAFFLE FRIES
MIXED VEGETABLES
MANGOES

NO SCHOOL **17**

NO SCHOOL **18**

BANANA BREAD & CHEESE OMELET **21**

CHEESE PIZZA
CORN
FRENCH FRIES
STRAWBERRIES

APPLE TURNOVER **22**

ENCHILADAS
BLACK BEANS
MIXED VEGETABLES
MANDARIN ORANGES

MINI FRENCH TOAST **23**

BAKED CHICKEN
SWEET POTATOES
PEAS
PEARS

CHOCOLATE CROSSIANT **24**

MEATBALL SUB
SCALLOPED POTATOES
GREEN BEANS
PEACHES

EGG, SAUSAGE, & MUFFIN **25**

TILAPIA
ROASTED POTATOES
MINI CORN COB
CINNAMON APPLES

BREAKFAST PIZZA **28**

BEEF AND BROCCOLI
BROWN RICE
MIXED VEGATBLES
PEARS

PANCAKE **29**

QUESADILLA
REFRIED BEANS
CORN
PEACHES

BREAKFAST BURRITO **30**

CHICKEN FRIED STEAK W/ ROLL
MASHED POTATOES W/ GRAVY
MINI CORN COB
MANDARIN ORAGNES

BISCUITS & GRAVY **31**

PEPPERONI PIZZA
MIXED VEGETABLES
MIXED SALAD
PINEAPPLE



Questions????

Contact Cindy Rawie, Food Service Director
crawie@kssdb.org

Due to availability, substitutions to the menu may occur.
This institution is an equal opportunity provider.

OCTOBER 2024

KANSAS SCHOOL FOR THE DEAF



Monday	Tuesday	Wednesday	Thursday	Friday
	1 TACO BAKE MIXED VEGETABLES MIXED FRUIT	2 MEATLOAF BAKED POTATO PEARS	3 LASAGNA GARLIC BREAD MELON	4
7 QUESADILLA BURGER FRENCH FRIES PEACHES	8 TURKEY POT PIE BISCUIT PEARS	9 HOMESTYLE PIZZA CORN APPLESAUCE	10	11
14 DRUMSTICK SCALLOPED POTATOES PEACHES	15 WALKING TACOS CHEESY CORN MIXED FRUIT	16	17	18
21 SLOPPY JOE ON BUN GREEN BEANS CHIPS PINEAPPLE	22 LIL SMOKIES W/ MACARONI & CHEESE PEAS FRUIT COCKTAIL	23 CHICKEN QUESADILLA CORN GRAPES	24 HOMESTYLE PIZZA W/ MARINARA SAUCE MIXED VEGETABLES STRAWBERRIES	25
28 PHILLY CHEESESTEAK FRENCH FRIES PEACHES	29 CHEESY MASHED POTATO AND MAM BAKE ROLL STRAWBERRIES	30 TACO SALAD W/ TOPPINGS PEARS	31 CALZONE ITALIAN VEGETABLES FRENCH FRIES APPLESAUCE	



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