



**FRAZIER SCHOOL DISTRICT**  
Inspire and Empower



**BREAKFAST MENU**  
**DECEMBER 2024**



Menu Subject to Change

**Frazier participates in CEP**  
**All Student meals are Free**  
**Adult Breakfast: \$2.50**

<b>2</b> <b>Monday</b>	<b>3</b> <b>Tuesday</b> Fruit Muffin Tiger Bites Assorted Fruit 100% Fruit Juice Milk Choice	<b>4</b> <b>Wednesday</b> Breakfast Pizza  Assorted Fruit 100% Fruit Juice Milk Choice	<b>5</b> <b>Thursday</b> Mini Maple Waffle  Assorted Fruit 100% Fruit Juice Milk Choice	<b>6</b> <b>Friday</b> Mini Cinni  Assorted Fruit 100% Fruit Juice Milk Choice
<b>9</b> <b>Benefit Bar-Variety</b>  Assorted Fruit 100% Fruit Juice Milk Choice	<b>10</b> <b>Pull Apart Donut</b>  Assorted Fruit 100% Fruit Juice Milk Choice	<b>11</b> <b>Banana Bread Slice</b>  Assorted Fruit 100% Fruit Juice Milk Choice	<b>12</b> <b>Sausage, Egg &amp; Cheese Bagel</b>  Assorted Fruit 100% Fruit Juice Milk Choice	<b>13</b> <b>Mini Donuts</b>  Assorted Fruit 100% Fruit Juice Milk Choice
<b>16</b> <b>Assorted Breakfast Cereal</b> <b>Belly Bears</b> Assorted Fruit 100% Fruit Juice Milk Choice	<b>17</b> <b>Pancake &amp; Sausage</b> On A Stick Assorted Fruit 100% Fruit Juice Milk Choice	<b>18</b> <b>Apple Frudel</b>  Assorted Fruit 100% Fruit Juice Milk Choice	<b>19</b> <b>Cinnamon Roll</b>  Assorted Fruit 100% Fruit Juice Milk Choice	<b>20</b> <b>Chocolate Chip French Toast</b>  Assorted Fruit 100% Fruit Juice Milk Choice
<b>23</b>	<b>24</b>	<b>25</b> <b>MERRY CHRISTMAS</b>	<b>26</b>	<b>27</b>
<b>30</b>	<b>31</b> <b>Happy New Year!</b>			

Elementary Alternates may Include

- Choose 1**
- Benefit Bar
- May Choose 2**
- 1 oz Cereal Bowl
- Single Poptart
- 4 oz Yogurt
- Belly Bears
- 2 oz Fruit Muffin or Muffin Top or Mini Loaf
- Cereal Bar

Middle School Grab N'Go Breakfast Cart may Include

- Choose 1**
- Benefit Bar
- 2 ct Poptarts
- Cinnamon Roll
- Mini Donuts
- 4 oz - Sara Lee or Otis Spunkmyer Muffin
- 2 oz Cereal Bowl

High School Grab N'Go Breakfast Cart may Include

- Choose 1**
- Benefit Bar
- 2 ct Poptarts
- Hadley Farms Cinnamon Roll
- Mini Donuts
- 4 oz - Sara Lee or Otis Spunkmyer Muffin
- 2 oz Cereal Bowl

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. **\*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

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