

SLIDELL BREAKFAST TABLE

JAN

MENU 2023

GEAR UP FOR GYM



PK-12th-\$1.50
Reduced -\$0.30
Staff/Guest-\$2.75

***Menu subject to change**

Go Greyhounds!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2ND

NO SCHOOL

3RD

NO SCHOOL

4TH

Pancake on a stick
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

5TH

Bagel w/cream cheese
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

6TH

Yogurt Cup
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

9TH

Breakfast Pizza
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

10TH

Pancakes
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

11TH

Sausage Biscuit
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low fat Milk

12TH

Muffin
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

13TH Breakfast Taquito –HS

Breakfast Bar-Elem
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

16TH

NO SCHOOL

17TH

Poptart/String cheese
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

18TH

Pancake on a stick
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

19TH

Bagel w/cream cheese
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

20TH

Yogurt Cup
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

23RD

Breakfast Pizza
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

24TH

Pancakes
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

25TH

Sausage Biscuit
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low fat Milk

26TH

Muffin
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

27TH Breakfast Taquito –HS

Breakfast Bar-Elem
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

30TH

French Toast Sticks
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk

31ST

Poptart/String cheese
 Cereal
 Fresh Fruit
 100% Fruit Juice
 Low Fat Milk



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
 National School Lunch Program



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 www.SquareMeals.org