

## GHOLSON ISD NOVEMBER BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY/	FRIDAY
1.CEREAL & TOAST	2. CEREAL & TOAST	3. CEREAL ^ TOAST	4. CEREAL & TOAST	5. BLUEBERRY
OR	OR	OR	OR	MUFFINS
PIG - BLANKET	BREAKFAST PIZZA	MINI PANCAKE	EGGS & SAUSAGE &	OR
MILK	MILK	MILK	CROISSANT	CEREAL & TOAST
JUICE	JUICE	JUICE	MILK	MILK
FRUIT	FRUIT	FRUIT	JUICE	JUICE
econoria <del>d</del> econoria	out to enable consti	30000000000000000000000000000000000000	RUIT	FRUIT
8.CEREAL & TOAST	9FRENCH TOAST	10.CEREAL & TOAST	11. CEREAL & TOAST	12.HONEY BUN
OR	STICKS	OR	OR	OR
PIG- BLANKET	OR	CHICKEN BISCUIT	BREAKFAST BAR	CEREAL & TOAST
MILK	<b>CEREAL &amp; TOAST</b>	MILK	MILK	MILK
JUICE	MILK	JUICE	JUICE	JUICE
FRUIT	JUICE	FRUIT	FRUIT	FRUIT
	FRUIT			
15. CEREAL & TOAST	16 MINI PANCAKES	17. CEREAL & TOAST	18.EGGS & BACON	19. CHOCOLATE
OR	OR	OR	OR	DONUT
BREAKFAST PIZZA	<b>CEREAL &amp; TOAST</b>	SAUSAGE & BISCUIT	<b>CEREAL &amp; TOAST</b>	CEREAL & TOAST
	MILK	MILK	TOAST	MILK
	JUICE	JUICE	MILK	JUICE
	FRUIT	FRUIT	JUICE	FRUIT
			FRUIT	EARLY OUT
				EARLY RELEASE DAY
22.NO SCHOOL	23. NO SCHOOL	24. NO SCHOOL	25.NO SCHOOL	26 NO SCHOOL
			,	
			THANKSGIVING	
29. BREAKFAST PIZZA	30. WAFFLES			
OR	OR			
CEREAL & TOAST	CEREAL & TOAST			
MILK	MILK	70		
JUICE	JUICE			
FRUIT	FRUIT			

<sup>\*</sup>MENU IS SUBJECT TO CHANGE\*



## GHOLSON ISD NOVEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY'	THURSDAY"	FRIDAY"
1 POPCORN CHICKEN	2.PEPPERONI PIZZA	3. CORN DOGS	4. FRITO CHILI PIE	5. HAMBURGER OR
BAKED BEANS	CORN	PORK & BEANS	MEXICAN RICE	CHEESEBURGER
DICED POTATOES	BROCCOLI	MAC & CHEESE	PINTO BEANS	W/LETTUCE,
FRUIT	FRUIT	FRUIT	CUCUMBERS	TOMATOES & PICKLES
NA. C. 4020-07-001	1500 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.000,000,000,000	W/RANCH	RANCH STYLE BEANS
			FRUIT	FRENCH FRIES
				FRUIT
8. HOTDOGS	9. CATFISH STRIPS	10. BEEF & BEAN	11. TURKEY &	12. CHICKEN
CHILI	MAC & CHEESE	BURRITOS	DRESSING	SANDWICH W/
BAKED BEANS	PINTO BEANS	CORN	<b>GREEN BEANS</b>	LETTUCE & TOMATOES
TATER TOTS	COOKIES	CARROT STICKS / W	CASSEROLE	PORK & BEANS
FRUIT	CORNBREAD	RANCH DRESSING	SWEET POTATOES	BAKED POTATO CHIPS
	FRUIT	FRUIT	PEACH CRISP & ICE	FRUIT
			CREAM & FRUIT	
			ROLLS	162
15. CHICKEN NUGGET	16. RAVIOLI W/	17. SLOPPY JOES ON	18. PEPPERONI PIZZA	19. CORN DOGS
MASHED POTATOES	BREAD STICKS	BUN	MIX VEGETABLE	PORK BEANS
GREEN BEAN	CORN	BAKED BEANS	PORK & BEANS	CHIPS
ROLLS	SALAD	CARROTS /w RANCH	FRUIT	CARROTS / W RANCH
FRUIT	FRUIT	FRUIT	COOKIES	DRESSING
1	1	7.1.0.1		FRUIT
				23 (200 (37) (37.5)
				EARLY RELEASE DAY
22. NO SCHOOL	23. NO SCHOOL	24. NO SCHOOL	25. NO SCHOOL	26. NO SCHOOL
	+	25		
29. COUNTRY FRIED	30. CHICKEN ALFREDO	VI II VI III		
STEAK	SALAD			
GRAVY	GREEN PEAS			
MASHED POTATOES	BREAD STICKS			
GREEN BEANS	FRUIT			
FRUIT				
L			Land Water Control	l

## \*MENU IS SUBJECT TO CHANGE\*

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA. Persons with disabilities who require alternative means of communication for programs information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have a speech disability may contact the USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of decimation, complete the USDA Program Decimation Complaint Form, (AD-3027). Found online Click this link File Program Discrimination Complaint as a USDA Customer, and at any USDA office, or write a letter addressed to USDA and provide in the letter in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. Mail:

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