

# ***Climax Springs Wellness Committee***

## ***Meeting Minutes***

Feb. 14, 2017

### **I. Call to order**

Mr. Petet called to order the meeting of the Wellness Committee at 1:00 on February 14, 2017.

### **II. Approval of minutes from last meeting**

Mr. Carnahan made a motion to approve the minutes from the last meeting. Penny seconded the motion, all members were in favor of motion.

### **III. Meeting Notes**

- a) Mr. Petet made a motion to elect Kyla Roberts as the new “minutes keeper”,  
Penny Phillips seconded that motion-all were in favor.
- b) Mr. Petet presented the PE/Health pacing guides on the school website along with the Wellness Committee Notes.
- c) Mr. Petet shared the curriculum updates for the PE/Health pacing guides on the staff drive and explained that these are a work in progress and are not yet on the webpage.
- d) Committee members reviewed the District Wellness Policy. Mr. Petet recommended sending a survey monkey out to staff/faculty for input on the revision on the current Wellness policy.
- e) Kyla Roberts recommended updating the policy to current state standards.
- f) Current Wellness items happening in district were discussed:
  - Health Fair
  - Hygiene Classes
  - MU Extension Health Program
  - DARE Program
- g) Mr. Petet shared the Oct 15-16 Wellness Committee board report. The report states that the Wellness Coordinator will keep a Wellness Committee Binder.

- h) Wellness Snacks-Mr. Petet read the Smart Snack guidelines, members reviewed the items sold during school for nutritional values-the district is okay on our exempt fundraisers
- i) Penny shared her questions about the DESE reporting website on Smart Snack and Wellness

**IV. Adjournment**

Mr. Petet adjourned the meeting at 2:00.

Minutes submitted by: Kyla Roberts