

MAY 2026

TASTY	HEALTHY	FUN	VARIETY	BALANCED
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Name of the menu : K-8 Grades Allergen Free Lunch Menu	Options : Hot Meals
Grade : K-8 Grades	Meal Pattern : NSLP Meal : Lunch

NO DAIRY NO GLUTEN (NO WHEAT) NO EGG NO SOY NO FISH	NO SHELL FISH NO SESAME (SEEDS & OIL) NO PEANUTS NO TREE NUTS NO SUNFLOWER (SEEDS, OIL & BUTTER)
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Week IV HOT MEAL	Friday, 5/1/2026
Beef Taco Meat Over Rice	
Serve Seasoned Beef on Brown Rice	
Steamed Black Beans & Corn	
Fruit of the Day & Corn Chips	
Milk Substitute	

Week V HOT MEAL	Monday, 5/4/2026	Tuesday, 5/5/2026	Wednesday, 5/6/2026	Thursday, 5/7/2026	Friday, 5/8/2026
	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	NO SCHOOL for CHILDREN Staff Professional Development Day
	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	
	Milk Substitute	Milk Substitute	Milk Substitute		

Week VI HOT MEAL	Monday, 5/11/2026	Tuesday, 5/12/2026	Wednesday, 5/13/2026	Thursday, 5/14/2026	Friday, 5/15/2026
	Chicken Fried Rice	Beef & Broccoli	Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
	Steamed Broccoli	Brown Rice	Seasoned Chicken & Peppers	Brown Rice	Steamed Rice
	Fruit of the Day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
	Milk Substitute	Fruit of the Day	Black Beans	Fruit of the Day	Fruit of the Day
		Milk Substitute	Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute

Week I HOT MEAL	Monday, 5/18/2026	Tuesday, 5/19/2026	Wednesday, 5/20/2026	Thursday, 5/21/2026	Friday, 5/22/2026
	Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet	Beef Taco Meat Over Rice
	Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice	Serve Seasoned Beef on Brown Rice
	Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots	Steamed Black Beans & Corn
	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day & Corn Chips
	Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute

Week II HOT MEAL	Monday, 5/25/2026	Tuesday, 5/26/2026	Wednesday, 5/27/2026	Thursday, 5/28/2026	Friday, 5/29/2026
	Memorial Day Holiday NO SCHOOL	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
		Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
		Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
		Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
		Milk Substitute	Milk Substitute		Milk Substitute

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.
 This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.