



DECEMBER 2022

Portage Area High School

Daily Entree Alternates:

Stuffed Crust Pizza (Mon.-Thurs.) Buffalo Chicken Pizza (12/2, 12/16)

Meat Lovers Stromboli (12/9)

Buffalo Chicken Salad (Week of 12/5, 12/19)

Chicken Salad (Week of 12/1, 12/12)

Blueberry or Strawberry Yogurt Parfait

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY



Monday

Tuesday

Wednesday

Thursday

Friday



Offered Daily:
100% Juice
Choice of Milk

5
Deli Ham & Cheese/Pretzel Bun
Spiral French Fries
Fresh Baby Carrots
Mixed Fruit
Craisins/ Dried Apple Slices

6
Hard Shell Taco's
T-Roll
Fresh Veggie Boat
Applesauce
Craisins/ Dried Apple Slices

7
Fish Sticks
T-Roll
Oven Roasted Vegetables
Coleslaw
Chilled Pineapple
Craisins/ Dried Apple Slices

1
Meatball Bowl
Pretzel Rods
Fresh Red Pepper Slices
Fresh Cucumber Slices
Apple Slices
Craisins /Dried Apple Slices

2
Pergies/Sausage Patty/T-Roll
Pasta Salad
Chilled Pears
Craisins /Dried Apple Slices
Cocoa Cherry Bar

12
Lasagna/T-Roll
Broccoli Salad
Cooked Carrots
Apple
Craisins /Dried Apple Slices

13
Chicken Queso Bowl
Fresh Veggie Boat
Applesauce
Craisins /Dried Apple Slices
Vanilla Pudding

14
Popcorn Shrimp
Macaroni & Cheese
Cucumber/Tomato Salad
Corn
Mandarin Oranges
Craisins /Dried Apple Slices

8
Breaded Mozzarella Sticks
Fresh Green Pepper Slices
Sweet Potato Fries
Apple Slices
Craisins/ Dried Apple Slices

9
Popcorn Chicken
T-Roll
Pasta Salad
Chilled Peaches
Craisins/ Dried Apple Slices

15
Turkey
Stuffing
Mashed Potato
Fresh Red Pepper Slices
Apple Slices
Craisins /Dried Apple Slices
Strawberry Scooter Crunch

16
Philly Steak/Bun
Pasta Salad
Chilled Pears
Craisins /Dried Apple Slices
Vanilla Chat Snax

19
Chicken Patty/Bun
Fresh Broccoli
Green Beans
Mixed Fruit
Craisins/Dried Strawberry Apple Slices

20
Taco Dip
Tostitos
Fresh Veggie Boat
Applesauce
Craisins/Dried Strawberry Apple Slices

21
Spaghetti with Meat Sauce/T-Roll
Peas
Fresh Cucumber Slices
Chilled Pineapple
Craisins/Dried Strawberry Apple Slices
Vanilla Pudding

22
Pork Patty/Bun
Fresh Green Pepper Slices
Fries
Apple Slices
Craisins/Dried Strawberry Apple Slices

23
No School
Happy Holidays

26
No School/
Christmas
Break

27
No School/
Christmas
Break

28
No School/
Christmas
Break

29
No School/
Christmas
Break

30
No School/
Christmas
Break

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school lunch are:

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice 3 or more food groups.
Pick at least 1/2 cup fruit and/or vegetable.



Meal Prices

2nd Lunch - \$2.50 Adult Lunch - \$4.75
Milk (2nd) - \$.50
Bottled Water (Large) - \$.50
Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>